Pensacola State College Section Syllabus PSY 2012 General Psychology Fall 2023

Instructor: Tricia Dailey, M.S., M.A., Ed.S

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Credits: 3 cc

Prerequisites: Grade of C or better in ENC 1101.

Offered: FA, SP, SU.

Distribution: Meets AA General Education Core, Social Sciences requirement.

Textbooks:

Psychology; Rose Spielman, William Jenkins, Marilyn Lovett; 9781951693237; 2nd; Openstax; 2020

Supplemental Materials: None

Special Requirements:

Student Expectations:

Students enrolled in this course can expect the following:

- 1. clearly identified course objectives;
- 2. productive class meetings;
- 3. a positive learning environment;
- 4. opportunities for appropriate student participation;
- 5. effective instruction;
- 6. positive and appropriate interactions;
- 7. assistance with meeting course objectives during and beyond class hours;
- 8. evaluation of student performance and appropriate and timely feedback; and
- 9. clear and well-organized instruction.

Course Description: A survey of psychology as a social science. Covers the biological and social determinants of human cognition, emotion, and behavior. Attention will also be given to the history of the discipline, forms of psychopathology, and the growing role of brain science within the field.

General Education Student Learning Outcomes:

Critical Thinking: The student analyzes, evaluates, and, if necessary, challenges the validity of ideas, principles, or data in order to develop informed opinions, probable predictions, or defensible conclusions.

Communication: The student effectively communicates knowledge and ideas.

Cultural Literacy: The student demonstrates an understanding of human culture and its diversity.

Course Learning Outcomes:

- 1. Define the science and practice of psychology as well as ethical considerations for research.
- 2. Identify major theories and theorists in psychology.
- 3. Compare different theoretical and methodical approaches to behavior, cognition, personality, intelligence, and development.
- 4. Recognize terms, names, concepts, and scientific experiments vital to understanding the science of psychology.

- 5. Apply psychological principles and findings to real world experiences.
- 6. Critically evaluate sources of information.
- 7. Outline the divisions and functions of the nervous system, neurons, and endocrine system and discuss how these affect behavior.
- 8. Recognize how the mind develops, how consciousness and unconsciousness impacts behavior, how people learn, how information is stored and organized, and how the brain processes memories.
- 9. Analyze components of social psychology including attitudes, conformity, and relationships.
- 10. Examine the impact of stress on health, how personality traits influence the effects of stress, and how to effectively cope with stress.
- 11. Discuss various psychological disorders and their treatment.

Foundations and Research Methods

Describe the foundations of modern psychology. Identify who psychologists are and what they do. Outline methods of research.

Demonstrate critical thinking skills.

Biological Foundations of Behavior

Describe the structure of neurons and the process of neural transmission.

Outline the structure and function of the nervous system. Outline the structure and function of the endocrine system. Explain genetic influences on behavior.

Sensation and Perception

Describe basic concepts related to sensation.

Identify the structure and function of the visual, auditory, chemical, skin and other body senses.

Describe perceptual organization and the perception of distance, depth, movement and illusions.

States of Consciousness

Differentiate states of conscious, sleeping, and dreaming.
Describe sleep disorders.
Compare and contrast altering consciousness through drug use, meditation, and hypnosis.

Learning

Differentiate classical conditioning, operant conditioning, and cognitive learning.

Describe elements of classical conditioning.

Demonstrate classical conditioning in human behavior.

Describe the elements of operant conditioning.

Differentiate principles of reinforcement and punishment.

Demonstrate operant conditioning in human behavior.

Identify the types of cognitive learning and their application to humans.

Memory

Describe theories of remembering and forgetting. Compare sensory registers, short-term memory, and long-term memory. Identify and practice methods of improving memory.

Thinking, Intelligence, and Language

Describe the building blocks of thought: language,

images, and concepts.

Apply principles of cognition to strategies for

problem-solving and decision-making.

Identify the components of language and the stages of

language development.

Discuss the influences of culture on language and how

humans think.

Define intelligence and describe how intelligence is

measured.

Identify gender differences in cognitive abilities.

Describe the influences of heredity and environment on intelligence.

Motivation and Emotion

Explain the biological and psychological sources of

motivation.

Contrast the theories of emotion.

Identify the basic emotions and how they are

communicated.

Describe emotional intelligence and how to manage

emotions.

Lifespan Development

Identify stages of prenatal development and threats to development.

Describe cognitive, physical, psychosocial and gender- and sex-role development in infancy and childhood.

Describe cognitive, physical, psychosocial and gender- and sex-role development in adolescence.

Describe cognitive, physical, psychosocial and gender-

and sex-role development in adulthood. Describe cognitive, physical, psychosocial and gender- and sex-role development in late adulthood.

Personality

Explain psychodynamic theories of personality.

Explain humanistic theories of personality.

Explain trait theories.

Explain social-cognitive theories of personality.

Identify methods of personality assessment.

Psychological Disorders and Treatment

Differentiate between abnormal and normal behavior.

Discuss psychological disorders and models of abnormal behavior.

Examine the types, causes and treatment of anxiety

disorders.

Examine the types, causes and treatment of mood

disorders.

Examine the types, causes and treatment of dissociative and somatoform disorders.

Examine the types, causes and treatment of

schizophrenia.

Examine the types, causes and treatment of sexual and gender identity disorders.

Examine the types, causes and treatment of

developmental and cognitive disorders.

Examine the types, causes and treatment of eating and sleep disorders.

Examine the types, causes and treatment of personality disorders.

Stress and Health Psychology

Define stress and describe what it does to the body.

Identify ways to cope with stress and to stay healthy.

Describe psychosocial effects on physical disorders.

Describe psychosocial treatment of physical disorders.

Social Psychology

Describe fundamentals of social cognition.

Examine the nature of attitudes, prejudice and discrimination.

Describe social and cultural influences on behavior,

thoughts and emotions. Examine the psychological processes involved in social influence.

Methods of Evaluation:

At minimum, the instructor will cover content which aligns with statewide and institutional learning outcomes for the course. The instructor will measure student performance using the following: Essays, writing assignments, exams, discussion forums, quizzes, or any other assessment chosen by the instructor.

Grading Scale

Grades are issued at the end of each semester. All grades earned will be reflected on the official academic transcript. The following grading scale is used. **Points will vary based on each class**.

| A | 90%-100% (1400) |
|------------|---------------------|
| B + | 87%-89% (1350-1399) |
| В | 80%-86% (1300-1350) |
| C+ | 77%-79% (1250-1299) |
| C | 70%-76% (1200-1250) |
| D+ | 67%-69% (1150-1199) |
| D | 60%-66% (1000-1149) |
| F | 0%-59% (0-999) |

Final Grades for this course will be calculated as follows:

| Assignment | Points |
|-------------------------|--------|
| Final Exam | 100 |
| Midterm Exam | 100 |
| 7 Assignments | 650 |
| 3 Quizzes | 300 |
| 10 Threaded Discussions | 200 |
| Participation | 50 |
| Total: | 1400 |

Evaluations of student progress towards achieving the stated learning outcomes and performance objectives is the responsibility of the instructor, within the policies of the College and the department. Detailed explanations are included in the course supplementals developed by the instructor for each section being taught.

This class will discuss sensitive topics as it relates to society and trending issues. Please understand that, everyone is entitled to voice their opinion. We will show respect towards others and their opinions in this class!

There are movies that you will be required to watch in this class for testing and assignments purposes.

Communicating with the Instructor:

All students registered at Pensacola State College will be assigned a student email address. Your email address will be assigned upon first registration and will be active within 24 hours. Only use your PirateMail email account when contacting your instructor. and again, please enter your class CRN in the subject line for class identification purposes! If your PirateMail account is not working for some reason, or in an emergency, you may use your personal email, but please note that policy does not permit me to discuss academic matters via personal email accounts.

Email Etiquette and Instructions

When writing to your professors, always include the course name (SYG 2000) in the subject line and CRN number. Address your professor with a greeting (Dear Professor Dailey). Please write professionally in all college communications including discussion comments and emails. Only use your PirateMail email account when contacting your instructor and again, please enter your class CRN in the subject line for class identification purposes! If your PirateMail email account is not working for some reason, or in an emergency, you may use your personal email, but please note that policy does not permit me to discuss academic matters via personal email accounts.

Subject Matter Disclaimer

In this course, students may be required to read about and discuss controversial topics such as politics, religion, racism, sexuality, violence, etc. Course materials are selected for their scientific, historical, stylistic, and cultural relevance, and are meant to be examined within the context of intellectual inquiry characteristic of learning at the college level. As such, this content will always be dealt with in a mature, honest, and constructive manner. By continuing in this course, you are agreeing to be held academically accountable for all required materials in the syllabus, regardless of their potentially sensitive nature.

Course Requirements & Expectations:

- Some of the ideas, readings, discussions, and topics in this course will contain profanity, violence, sexuality, religious references, philosophy, and other adult content. This content will be discussed in a mature, and academic manner at all times. Students should be advised that this content may be offensive to some. Be aware and informed about what we read/view/discuss in class. Please address concerns with the instructor before they become an issue. Course content will always be dealt with in a respectful, mature, honest, and constructive manner. By continuing in this course, you are agreeing to be held academically accountable for all required materials in the syllabus, regardless of their sensitive nature.
- In this course, students are required to read about and discuss controversial topics such as politics, religion, racism, sexuality, violence, etc. Course materials are selected for cultural relevance, trending topics and are meant to be examined within the context of intellectual inquiry characteristic of learning at the college level. As such, if there are any signs of disrespect, I will address it immediately, there are no second chances with disrespect in my class. I will not tolerate it under any circumstance. If you have any personal issues with anything posted in the class, you are to email me directly.
- This is a college course. All students are assumed to be adults and will be held to adult standards of accountability and decorum. You are expected to familiarize yourself with the requirements of the course. You are expected to meet the requirements of the course without having to be reminded of such clearly posted things as exam dates. It is expected that you will do the required reading for the course prior to attending class. It is expected that you will complete all required assignments on time. If you have questions, you are expected to ask the instructor to seek clarification. At various times during the course, we will be discussing highly controversial topics. Students may have strong feelings that conflict with the feelings of others on these issues. Mutual respect and politeness are required in the classroom, and online at all times. Violations of appropriate classroom decorum will result in penalties including, but not limited to reduction in the student's grade in the course, administratively dropping the student from the course, and reporting the student's behavior to the

University for further action under the Conduct Code. Students are expected to conduct themselves in a manner that befits an academic setting. I regard the classroom is a "free speech" zone. However, you must exercise that freedom responsibly. Measure your comments and always be respectful of others. Personal attacks will not be tolerated.

Classroom Policies and Procedures

Regular and consistent attendance is necessary to perform well in this course. Students are expected to attend all classes and class attendance will be recorded daily. You will earn participations points in class.

- * Please note: There are no make ups for this class activities. You must complete assignments to earn the activity points. Also, if for some reason you miss a class meeting, it is your responsibility to contact a classmate for missed notes and assignments, the instructor will not regurgitate information discussed or presented.
- **❖** There are perks for perfect attendance and maintaining an A, the entire semester. Perfect attendance means that, you do not miss a seated class. Again, I DO NOT ALLOW ANY MAKE UP WORK.
- **❖** Pop quizzes will be given frequently throughout the semester.
- ❖ All movies can be found on Amazon, You Tube, Hulu or Vudu, or the Public Library. You are responsible for watching the movies assigned for this class if you miss class. All the films will be shown in class.
- ❖ All assignments must be typed in MS Word, I do not accept handwritten assignments.

Late Policy:

I do not accept late work.

Important Dates:

| August 21 | First Day of classes for Spring Semester |
|---------------------|--|
| August 25 | Drop/Add period ends (A/B term) |
| September 4 | Labor Day (No Classes) |
| October 16 | Midterms |
| November 7 | Last Day to Withdraw |
| November 10 | Veteran's Day (No Classes) |
| November 22-26 | Fall Break (No Classes) |
| TBA | Finals Begin |
| December 15 | Last Day Class |
| December 17 | Fall Commencement |
| December 21 – Jan 2 | Winter Break (No Classes) |

Academic Integrity

The college promotes and expects all members of the college community to conduct themselves professionally and with intellectual integrity. Academic integrity is an integral part of the learning environment. Any infraction of this policy is detrimental to the students' education and the integrity of the college. Cases of academic dishonesty that are strictly forbidden include the following:

- Plagiarizing any assignment or part of an assignment. Plagiarizing means using someone else's ideas or words as your own without giving appropriate credit, without using quotation marks if necessary, and without citing the source(s).
- Copying and submitting another's work as your own.
- Using unauthorized notes or equipment (programmable calculator, pda, cell phone, etc.) during an examination.
- Stealing an examination or using a stolen examination for any purpose.
- Allowing another student to have access to your work, thereby enabling that student to represent the work as his or her own.

- Having someone else take a quiz or exam in your place, taking an exam for someone else, assisting someone in any way during a quiz or exam, or using any unauthorized electronic device or other unauthorized method of support during a quiz or exam.
- Falsifying or fabricating information, such as data for a lab report.
- Falsifying a patient's medical record or a student's clinical record (or any other student record, including a record of attendance).
- Using another person's file or copying another student's computer program.
- Recycling papers or any assignments already submitted for another class at this or any other institution (i.e. Self-plagiarism).
- Other forms of cheating or dishonesty are forbidden, even if not listed here specifically.

Instructors may use any one or more of the following disciplinary measures for addressing instances of dishonesty:

- Award a grade of zero for the assignment.
- Assign a failing grade for the course.
- Recommend the dismissal of the student from the program or college.

Student Email Accounts:

Pensacola State College provides an institutional email account to all students enrolled in courses for credit. PirateMail is the official method of communication, and students must use PirateMail when communicating with the College. In cases where companion software is used for a particular class, email may be exchanged between instructor and student using the companion software.

Flexibility:

It is the intention of the instructor to accomplish the objectives specified in the course syllabus. However, circumstances may arise which prohibit the fulfilling of this endeavor. Therefore, this syllabus is subject to change. When possible, students will be notified of any change in advance of its occurrence.

ADA Statement:

Students with a disability that falls under the Americans with Disability Act or Section 504 of the Rehabilitation Act, it is the responsibility of the student to notify Student Resource Center for ADA Services to discuss any special needs or equipment necessary to accomplish the requirements for this course. Upon completion of registration with the Student Resource Center for ADA Services office, specific arrangements can be discussed with the instructor.

Equity Statement:

Pensacola State College does not discriminate against any person on the basis of race, color, national origin, sex, disability, age, ethnicity, religion, marital status, pregnancy, sexual orientation, gender identity or genetic information in its programs, activities, and employment. For inquiries regarding the College's nondiscrimination policies, contact the Executive Director of Institutional Equity and Student Conduct, 1000 College Blvd., Building 5, Pensacola, Florida 32504, (850) 484-1759.

Security Statement:

Pensacola State College is committed to encouraging all members of the College community to be proactive in personal safety measures. In case of emergency, students should ensure that they are aware of the building exit closest to each of their classrooms, as well as all alternative building exits in case circumstances require using a different route.

Emergency Statement:

In the case of severe weather or other emergency, the College administration maintains communication with appropriate state and local agencies and makes a determination regarding the cancellation of classes. Notices of cancellation will be made through the College's PSC Alert system and on the College's website.