



PENSACOLA STATE COLLEGE

DEPARTMENT OF PROFESSIONAL SERVICE CAREERS



Massage Therapy Program Application Packet

(Day and Evening Programs)

Day Program: Monday through Thursday, 9:00 a.m. to 5:00 p.m. (8½ months)

Evening Program: Monday through Thursday, 5:30 p.m. to 10:00 p.m. (12 months)

Sonja McCall-Strehlow, Program Coordinator
(850) 484-1642

Email: smccall-strehlow@pensacolastate.edu

The Massage Therapy Program is offered as a day program and an evening program. The day program consists of two consecutive semesters: Fall (August through December) and Spring (January through May). The evening program consists of three consecutive semesters: Spring (January through May), Summer (May through July), and Fall (August through December).

Complete applications should be submitted at least two (2) months prior to the start of class.

This program is limited to 16 students. Students are accepted into the program on a first-come/first-served basis according to the date your application is received. After your application is received, you will be notified if you are accepted for the program.

Please read the information contained in this packet carefully. Questions should be directed to the Program Coordinator.

Pensacola State College does not discriminate against any person on the basis of race, ethnicity, national origin, color, gender/sex, age, religion, marital status, pregnancy, disability, sexual orientation, gender identity or genetic information in its educational programs, activities or employment. For inquiries regarding Title IX and the college's nondiscrimination policies, contact the Associate Vice President for Institutional Diversity/Title IX Officer at 850-484-1759, Pensacola State College, 1000 College Blvd., Pensacola, Florida 32504.

Massage Therapy Entrance Requirements

1. HOW TO APPLY

_____ Complete and submit an application for admissions to Pensacola State College, Registrar's Office, Bldg. 2. A \$30 one-time application fee is required if you have never attended college-credit or vocational-credit courses at Pensacola State College.

_____ Complete and submit the Massage Therapy Program Application.

Mail: Sonja McCall-Strehlow
Pensacola State College
1000 College Blvd., Bldg. 12
Pensacola, FL 32504

Email: smccall-strehlow@pensacolastate.edu

Deliver: Building 12, Front Desk Receptionist

_____ Request your transcripts for high school and every college you have attended. Have your transcripts mailed to:

Admissions Office, Bldg. 2
Pensacola State College
1000 College Boulevard
Pensacola, FL 32504-8998

_____ Complete the TABE test (Test of Adult Basic Education). This test is offered on the Pensacola Campus and the Warrington Campus. Call the Testing Center for days and times the TABE test is offered: Pensacola Campus (850) 484-1656; Warrington Campus (850) 484-2309. You are exempt from taking the TABE test if you graduated from high school in 2007 or later, or if you are currently active duty military.

2. SELECTION PROCESS

Applicants are offered admission into the Massage Therapy Program on a first come/first served basis according to the date your application is received and provided the following items have been completed:

_____ Admissions application to Pensacola State College.

_____ Massage Therapy Program application.

_____ Minimum of 2.0 GPA on high school or college transcripts verifiable by official transcripts on file with Pensacola State College.

_____ TABE test completed with passing results.

3. FINANCIAL AID, SCHOLARSHIPS, ETC.

The Office of Financial Aid (850-484-1680) and Veterans Affairs (850-484-1670) are available to assist any student interested in information on grants and/or scholarships available. Short term loans may also be available. Free financial counseling, as well as help with completing all applications, is available through the Educational Opportunity Center (850) 484-1961. You may go on-line to www.fafsa.com.

CAREER INFORMATION

Massage Therapists work to produce physical, mental, and emotional benefits through the manipulation of soft tissue. Auxiliary methods such as the movement of joints and application of dry and steam heat are used. Various types of massage techniques are used to affect different body problems. Techniques include: kneading (using light or hard rhythmic stroking, pressing and lifting the muscle), tapotement (tapping) and Rolfing (involving deep massage with intense pressure). Trigger-point therapy focuses on a painful area in a muscle and Reflexology is applied to the specific points on the feet and hands to correspond to particular parts of the body. Massage Therapists may use rollers, vibrators, and heat and cold applications to produce desired results. People who enjoy working within this career usually have social and/or athletic skills. They are interested in the human relationship more than working with things or ideas. People in this career are sometimes described as extroverted, sociable, persistent, and patient. The employment outlook for Massage Therapists is good. A ten-fold increase in new members over the last ten years has been reported by the American Massage Therapy Association which has more than 15,000 members. The growing acceptance of massage therapy as an important health care discipline has led to the creation of additional jobs.

GENERAL OBJECTIVES

The Massage Therapy Program is designed to meet the need for qualified Massage Therapists in hospitals, clinics, nursing homes, chiropractic centers, cosmetology salons, sports rehabilitation clinics, rehabilitation/ physical therapy providers, salons, resorts, spas, and cruise ships. More than two-thirds of all Massage Therapists are self-employed.

PROGRAM INFORMATION

The Massage Therapy Program offered at Pensacola State College, which is accredited by the Southern Association of Colleges and Schools, is offered at the Pensacola campus. The Massage Therapy Program produces graduates qualified to take the national certification examination and apply for licensure as a Massage Therapist in the State of Florida. Students completing the program will receive a vocational certificate, which certifies that the student has attained job-entry competence.

GENERAL INFORMATION

Applicants must complete the application process and meet the selection criteria. To be considered, applicants must have a GPA of 2.0 or better.

TABE: All students enrolling in certificate programs are required to undergo a skills assessment process utilizing the Test of Adult Basic Education (TABE) examination as mandated by the State of Florida. When you apply to the Massage Therapy Program, you must also schedule an appointment to take the TABE test by calling the Testing Center appointment line (484-1987). Three areas are assessed in the TABE test: Reading, Language, and Math. If your score is below the required grade in any of the three sections, you will be required to sign up for remediation for that section with the Adult Basic Education Department and complete it before graduation from the Massage Therapy Program. Each remedial section is one vocational credit for which you will be required to pay. It is recommended that you sign up and complete any remediation in the Adult Basic Education Department before the Massage Therapy class begins. This will enable you to focus solely on Massage Therapy. The TABE test is a diagnostic examination; students do not pass or fail. Being diagnostic, areas of strengths and weaknesses are identified. Students enrolled in the Massage Therapy program will need to master the required level of the test material to complete the requirement of their vocational program. You are exempt from taking the TABE test if you graduated from high school in 2007 or later, or if you are currently active duty military.

LICENSE INFORMATION

Upon completion of graduation requirements, the student is eligible to take the next available Florida Massage Therapy Certification Examination. State law requires exam applicants to verify under oath that they are free of physical or mental defect and alcohol or substance abuse. Convicted felon cases are reviewed on an individual basis. For more information, please contact the Florida Board of Massage Therapy. The website address is www.floridasmassagetherapy.gov/.

CURRICULUM

DAY PROGRAM

Semester 1 - Fall Term, 16 weeks

<u>Course #</u>	<u>Course Title</u>	<u>Credits</u>	<u>Clock Hours</u>
MSS 0205C	Massage Therapy I	12.5	375

Semester 2 – Spring Term, 16 weeks

<u>Course #</u>	<u>Course Title</u>	<u>Credits</u>	<u>Clock Hours</u>
MSS 0206C	Massage Therapy II	12.5	375

Day Program Total 25.0 750

EVENING PROGRAM

Semester 1 – Spring Term, 16 weeks

<u>Course #</u>	<u>Course Title</u>	<u>Credits</u>	<u>Clock Hours</u>
MSS 0207C	Massage Therapy A	9.0	270

Semester 2 – Summer Term, 12 weeks

<u>Course #</u>	<u>Course Title</u>	<u>Credits</u>	<u>Clock Hours</u>
MSS 0262C	Massage Therapy B	7.0	210

Semester 3 - Fall Term, 16 weeks

<u>Course #</u>	<u>Course Title</u>	<u>Credits</u>	<u>Clock Hours</u>
MSS 0263C	Massage Therapy C	9.0	270

Evening Program Total 25.0 750

PROGRAM COST

Tuition (in-state)	\$2,145.00
Lab Fees	\$ 50.00
Books and Uniform (approx.)	<u>\$ 645.00</u>

APPROXIMATE TOTAL COSTS \$2,840.00

