

continuingEDUCATION

Recreation & Leisure Courses for Adults & Children

spring2019

pensacolastate.edu/ce



Pensacola State College Continuing Education

Lifelong learning to improve the quality of your life.

LOCATION LEGEND

**CC – Pensacola State College
Century Center**

440 E. Hecker Road, Century

**MIL – Pensacola State College
Milton Campus**

5988 Hwy. 90, Milton

PBC – Pensacola Bridge Center

1200 N. 12th Avenue, Pensacola

**PEN – Pensacola State College
Pensacola Campus**

1000 College Blvd., Pensacola

**SSR – Pensacola State College
South Santa Rosa Center**

5075 Gulf Breeze Pkwy., Gulf Breeze

**WAR – Pensacola State College
Warrington Campus**

5555 W. Hwy. 98, Pensacola

DAY LEGEND

M Monday	F Friday
T Tuesday	SA Saturday
W Wednesday	SU Sunday
R Thursday	

ROOM LEGEND

Class locations are the four numbers in the far-right column. The first two numbers are building number and all four numbers are room number. For example, 9663 is Building 96, Room 9663.

Escambia County and the City of Pensacola recreation facilities used for some courses



The mission of the Continuing Education Unit is to be a strong link between the college and the community by offering courses and programs for lifelong learning, recreation and leisure, and cultural events at a reasonable price and convenient to students of all ages.

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Aquatics	1	Travel	9
Art	2	Gymnastics	9
Computer Science	2	ONLINE COURSES	
Court Mandated Courses	2	Art	10
Creative Writing	2	Computer Science	10
Cuisine	3	Court Mandated Courses	10
Dance	3	Creative Writing	10
Dog Obedience	4	Dog Obedience	10
Driver Improvement	4	Driver Improvement	11
Fitness/Physical Education	4	English	11
Fitness Center Courses	5	Family, Fun and College	11
Foreign Languages	6	Foreign Languages	11
Health	6	Health	12
Hobbies	7	Home and Garden	12
Home and Garden	7	Life Planning	12
Life Planning	8	Music	12
Music	8	Photography	12
Music Academy	8	Reading	12
Photography	8	Student Enrichment	12
Student Enrichment	9	Registration Information	13



AQUATICS

R 01118 ADULT SWIMMING LESSONS \$55

(10 hours) Learn to swim, improve existing aquatics skills and enjoy the health benefits of a swimming program.

Pensacola Campus			
8047	02/12-03/14	T R	7:30pm - 8:25pm POOL
8048	04/02-05/02	T R	7:30pm - 8:25pm POOL

R 00792 AEROBIC SWIMMING \$65

(30 hours) This is a non-competitive, structured swimming program with a workout that includes stroke drills and endurance training.

Pensacola Campus			
8049	01/15-05/02	T R	5:30am - 6:25am POOL
8050	01/15-05/02	T R	8:00am - 8:55am POOL

R 01196 AEROBIC SWIMMING \$99

(45 hours) This is a non-competitive, structured swimming program with a workout that includes stroke drills and endurance training.

Pensacola Campus			
8051	01/14-05/06	M W F	5:30am - 6:25am POOL
8052	01/14-05/06	M W F	8:00am - 8:55am POOL

R 06152 SATURDAY AEROBIC SWIM \$34

(15 hours) This Master Swimming class provides a Saturday option for the serious swimmer who wants more or for the serious swimmer who can only participate on Saturdays.

Pensacola Campus			
8053	01/19-05/04	SA	6:30am - 7:25am POOL

R 03588 AQUA BOOT CAMP \$99

(45 hours) This deep end class utilizes weights, fitness tubes, and boards while providing instruction in cardio fitness mixed with aerobic swimming. A buoyancy belt is used and goggles are required.

Pensacola Campus			
8054	01/14-05/16	M W F	9:00am - 9:55am POOL

R 04558 AQUA COMBO \$34

(15 hours) Work in the shallow and deep ends of the pool using water resistance equipment and optional buoyancy belt.

Pensacola Campus			
8055	01/19-05/04	SA	9:00am - 9:55am POOL

R 02343 AQUA DYNAMICS I \$65

(30 hours) This shallow end course helps individuals to achieve their physical fitness goals by providing instruction in water exercise. Work at your own pace.

Pensacola Campus			
8056	01/14-05/06	M W	10:00am - 10:55am POOL
8057	01/14-05/06	M W	6:35pm - 7:30pm POOL
8058	01/15-05/02	T R	7:00am - 7:55am POOL
8059	01/15-05/02	T R	9:00am - 9:55am POOL
8060	01/15-05/02	T R	10:00am - 10:55am POOL
8061	01/15-05/02	T R	6:35pm - 7:30pm POOL

R 02345 AQUA DYNAMICS II \$99

(45 hours) This shallow end course helps individuals to achieve their physical fitness goals by providing instruction in water exercise. Work at your own pace.

Pensacola Campus			
8062	01/14-05/16	M W F	7:00am - 7:55am POOL
8063	01/14-05/16	M W F	9:00am - 9:55am POOL
8064	01/14-05/16	M W F	10:00am - 10:55am POOL

R 04604 AQUA MINI TERM, TWICE A WEEK PERMISSION ONLY \$36

(15 hours) If you can only take a class for half the term, then sign up for the Mini Term. This allows you to attend half of a course that meets twice a week; by permission only — phone Kay Miller, 850-484-1311.

Pensacola Campus			
8065	01/14-03/07	Open	POOL
8066	03/07-05/06	Open	POOL

R 04603 AQUA MINI TERM, THREE TIMES A WEEK PERMISSION ONLY \$51

(22.5 hours) If you can only take a class for half the term, then sign up for the Mini Term. This allows you to attend half of a course that meets three times a week; by permission only — phone Kay Miller, 850-484-1311.

Pensacola Campus			
8067	01/14-03/08	Open	POOL
8068	03/08-05/06	Open	POOL

R 04381 AQUATICS TRIAL CLASS PERMISSION ONLY \$6

(1 hour) Try a class one time and see if you like it; by permission only — phone Kay Miller, 850-484-1311.

Pensacola Campus			
8069	01/14-05/06	Open	POOL

R 04782 INDIVIDUAL SWIM LESSONS \$255

(10 hours) Students will receive one-on-one instruction to learn to swim, or improve aquatic skills needed to reach their goals. These swim lessons are open to any age or ability from a beginner to someone who wants to become a more efficient, faster swimmer.

Phone Kay Miller, 850-484-1311, for permission and schedule.

Pensacola Campus			
8070	01/07-05/06	Open	POOL
8071	01/07-05/06	Open	POOL
8072	01/07-05/06	Open	POOL
8073	01/07-05/06	Open	POOL
8074	01/07-05/06	Open	POOL
8075	01/07-05/06	Open	POOL

R 04556 MOMMY AND ME SWIM LESSONS AGES 6 MONTHS TO 3 YEARS \$55

(10 hours) Children will attend classes with mom, dad, or other adult to feel comfortable in the water and begin to learn to swim. Course N 00349 is for registration of the parent at no additional fee.

Pensacola Campus			
8076	02/11-03/13	M W	11:00am - 11:55am POOL
8077	04/01-05/01	M W	11:00am - 11:55am POOL

N 00349 MOMMY AND ME SWIM LESSONS 2ND PERSON (REGISTRATION OF ADULT)

Pensacola Campus			
8800	02/11-03/13	M W	11:00am - 11:55am POOL
8801	04/01-05/01	M W	11:00am - 11:55am POOL

R 06160 SATURDAY MOMMY AND ME \$44

(8 hours) Children ages 6 months up to 3 years will attend class with mom, dad, or other adult family member to feel comfortable in the water and begin to learn to swim. Course N 00371 is for registration of the parent at no additional fee.

Pensacola Campus			
8082	03/09-05/04	SA	12:00pm - 12:55pm POOL

N 00371 SATURDAY MOMMY AND ME SWIM 2ND PERSON

Pensacola Campus			
8802	03/09-05/04	SA	12:00pm - 12:55pm POOL

Visiting from out of town and you only want to utilize the pool for a few days?

We offer just the course!

R 05753	REC SWIM GUEST	\$13
8083	Open	POOL

Contact Kay Miller, 850-484-1311, for schedule and permission to enroll. Permission is required.

R 04615 PRESCHOOL SWIM LESSONS
AGES 3-5 YEARS \$55

(10 hours) Children learn swimming skills, water safety and fun in the water.

Pensacola Campus
 8078 04/02-05/02 T R 2:00pm - 2:55pm POOL

R 00065 RECREATION AND LEISURE SWIMMING \$39

(96 hours) The participant may utilize the pool during recreation swim hours. For schedule call 850-484-1311.

Pensacola Campus
 8079 12/15-05/06 Open POOL

R 01567 RECREATION AND LEISURE SWIMMING
2ND FAMILY MEMBER \$23

(96 hours) For enrollment of a 2nd family member. For schedule call 850-484-1311.

Pensacola Campus
 8080 12/15-05/06 Open POOL

R 01568 RECREATION AND LEISURE SWIMMING
3RD FAMILY MEMBER \$13

(96 hours) For enrollment of a 3rd family member. For schedule call 850-484-1311.

Pensacola Campus
 8081 12/15-05/06 Open POOL

R 06143 SENIOR SWIM DISCOUNT \$25

(96 hours) Senior adults ages 60 years old and up who are members of the Senior Club may utilize the pool during the recreation swim hours for a discounted fee. Permission to enroll is required. Contact Kay Miller, 850-484-1311 for more information about club membership and for permission to enroll.

Pensacola Campus
 8084 12/15-05/06 Open POOL

R 04508 YOU CAN SNORKEL! \$46

(4 hours) Learn to snorkel and impress your friends and/or family on the next trip to the beach or vacation. It's Easy!

Pensacola Campus
 8124 04/13 SA 9:00am - 1:00pm 0310 & POOL
 8167 05/04 SA 9:00am - 1:00pm 0310 & POOL

ART

R 06144 ACRYLIC PAINTING
WITH ANGEL EDWARDS \$68

(10 hours) Learn to use acrylic paints and to apply the fundamentals of color theory, composition, and various techniques to produce a painting.

Pensacola Campus
 8200 02/28-04/04 R 5:00pm - 7:00pm



Let's Get Started!

Art Course Supplies

Bring assorted brushes and a variety of paints in the medium of study. Instructors will provide a personalized supply list during the first course meeting, based on individual projects.

R 06151 FOUNDATIONS OF DRAWING AND
COMPOSITION WITH ANGEL EDWARDS \$68

(10 hours) Learn elements of art and principles of drawing and design. Students will develop concepts of perspective and composition to produce still-life, landscape and portrait drawings of three-dimensional images on a flat surface.

Pensacola Campus
 8199 02/11-03/11 M 5:00pm - 7:00pm 1708

COMPUTER SCIENCE

R 05134 COMPUTERS FOR SENIORS \$61

(16 hours) Designed for first-time computer owners to be able to do the following: email (send and receive), save documents, create greeting cards and flyers.

Pensacola Campus
 8270 02/19-04/16 T 3:00pm - 5:00pm 2160

Milton Campus
 8271 03/07-05/02 R 3:00pm - 5:00pm 4416

R 05707 KEYBOARD TYPING FOR KIDS \$61

(16 hours) Learn touch typing through drills and practices in structured group activities and individualized assistance.

Pensacola Campus
 8272 02/16-04/13 SA 9:00am - 11:00am 2149

COURT MANDATED COURSES

R 00478 GUARDIANSHIP EDUCATION \$36

(8 hours) For persons appointed by the court to be a guardian must complete Guardianship instruction within 4 months of appointment. Learn the legal duties, rights of the incapacitated and local resources. Enroll in this 8-hour course if you are becoming guardian of someone other than your own minor-age child. A light lunch will be provided.

NOTE: Students must bring photo ID (driver's license) to class.

Pensacola Campus
 8110 02/23 SA 8:00am - 4:00pm 2051

R 02687 GUARDIANSHIP EDUCATION \$36

(4 hours) The 4-hour Guardianship course is for those who are guardians of their own minor-aged children's property. Everyone else must take the 8-hour course. Each person appointed by the court to be a guardian must complete instruction within 4 months of appointment.

NOTE: Students must bring photo ID to class. Lunch provided.

Pensacola Campus
 8111 02/23 SA 8:00am - Noon 2051

CREATIVE WRITING

R 06291 SELF-PUBLISHING, THE INS AND OUTS \$54

(9 hours) Students will learn how to publish their book using one of the available online options from a number of sites that offer self-publishing. Learn requirements for completing an industry standard book. The instructor, Wanda Argersinger, is a writer, humorist, and motivational speaker. She has published several works of her own and enjoys sharing her knowledge and experience with her students. It is suggested that students bring to class their own written work which is completed or near completion.

Pensacola Campus
 8210 02/14-02/28 R 4:00pm - 7:00pm 0471

R 06268 WRITING YOUR FIRST BOOK \$75

(16 hours) Whether you want to write a novel, a non-fiction book, or a memoir, this course will get you started on the right track to create your book. Learn dialogue, point of view, narrative arc, and other essentials to make your book great.

Pensacola Campus
 8212 04/02-04/25 T R 4:00pm - 6:00pm 0471

R 06171 WRITING YOUR LIFE \$60
 (12 hours) Learn how to preserve your family history through writing. No prior experience is needed. Fear isn't an obstacle. Write your story for you, your family, or any reason.
 Pensacola Campus
 8211 01/22-02/07 T R 4:00pm - 6:00pm 0471

CUISINE

R 05272 A SPOT OF TEA WITH JAMES STEGALL \$36
 (3 hours) Come learn about rare and interesting teas with the opportunity to sample exotic varieties and study some of the history of tea.

South Santa Rosa Center
 8147 02/13 W 2:00pm - 5:00pm 5185
 Pensacola Campus
 8148 02/26 T 6:00pm - 9:00pm 1442

R 06309 BASIC COOKING SKILLS \$30
 (2 hours) Learn proper measuring of ingredients for cooking (dry, wet and weight) and learn knife skills.

Pensacola Campus
 8404 02/09 Sa 9:00am - 11:00am 0543

R 06310 BISCUITS AND GRAVY \$30
 (2 hours) Learn a chef's techniques to master a great flaky biscuit. Pair these with a sausage, pan gravy to complete a simple, cost-effective meal for the family. Menus provided.

Pensacola Campus
 8405 02/23 Sa 9:00am - 11:00am 0543

R 06311 COOKING ON A BUDGET \$60
 (4 hours) Learn five great meals that save time and money by buying bulk beef, a few vegetables and staples; preparing ahead and freezing for quick meals to use later.

Pensacola Campus
 8406 03/09-03/16 Sa 9:00am - 11:00am 0543

R 06312 COOKING THAI \$60
 (4 hours) Come enjoy the combinations of sweet, salty, and spicy. The first two-hour session introduces Thai Beef Salad with sides, and the second class will feature Coconut Thai Curry served with steamed rice. Learn about amazing garnishes to accompany these. Take home recipes and knowledge of where ingredients may be purchased.

Pensacola Campus
 8407 03/30-04/06 Sa 9:00am - 11:00am 0543

R 06313 PIZZA MAMA MIA \$30
 (2 hours) Come and make the freshest, easiest pizza ever eaten, beginning with fresh dough tossed Italian style and topped with fresh ingredients, then baked to bubbly perfection. Also learn the chef's secrets to making your own tasty sauce!

Pensacola Campus
 8408 05/04 Sa 9:00am - 11:00am 0543

R 06314 STOCKS AND SOUPS \$60
 (4 hours) In the first session learn to properly prepare and freeze stock made from your choice of chicken, beef and/or vegetables. The second session will focus on chicken soup options for your frozen stock. A list of supplies and recipes will be provided and the opportunity to taste the five soup creations demonstrated in class—a taste of Mexican, Cajun, traditional to Florentine.

Pensacola Campus
 8409 04/13-04/20 Sa 9:00am - 11:00am 0543

R 06315 THREE COURSE ITALIAN MEAL \$45
 (3 hours) Learn to prepare a garnished cream of tomato soup, followed by a pasta main course featuring chicken and asparagus and then, the finishing touch, a decadent desert served with fresh berries. You will be provided with a grocery list and recipes. Finish off the evening with a wonderful sampling of everything prepared!

Pensacola Campus
 8410 04/27 Sa 9:00am - Noon 0543

DANCE

R 05743 DANCE FUSION FITNESS WITH TORI \$86
 (16.5 hours) Have fun and get fit while dancing to a variety of your favorite music and dance styles. This energetic, low impact workout is designed for all fitness levels. Develop core conditioning, coordination, flexibility and strength while improving cardio fitness. Come express yourself!

Milton Campus
 8214 02/08-04/26 F 5:30pm - 7:00pm 4018

R 06287 EAST COAST SWING INTRODUCTION \$15
 (1.5 hours) East Coast Swing, a form of social partner dance, may be danced to fast swing music, rock and roll, and boogie-woogie. It uses both 6 and 8 beat rhythm patterns. This class will peak the interest of beginners or more experienced dancers for more in-depth classes. This class is taught by professional dance instructors, Bob and Kathy Smith, who want their students to experience the joy and benefits of dancing.

Pensacola Campus
 8203 01/19 SA 10:30am - Noon 1903

R 06288 EAST AND WEST COAST SWING INTRO BUNDLE DISCOUNT \$25

(3 hours) Students who want to attend both introductory courses, East Coast Swing Introduction and West Coast Swing Introduction may attend both workshops for a discounted price by enrolling in this bundled course option. Taught by professional dance instructors, Bob and Kathy Smith.

Pensacola Campus
 8206 01/19 SA 10:30am - Noon 1903
 01/19 SA 1:00pm - 2:30pm 1903

R 06293 WEST COAST SWING INTRODUCTION \$15

1.5 hours) West Coast Swing dancing is a form of partner dance that emphasizes improvisation. It consists of basic patterns and variations from which common figures are derived. This introduction to West Coast Swing will peak the interest of beginners or more experienced dancers for more in-depth classes. Students will be inspired by professional dance instructors, Bob and Kathy Smith, who want their students to experience the benefits and joy of dancing.

Pensacola Campus
 8205 01/19 SA 1:00pm - 2:30pm 1903

R 06286 EAST COAST SWING I \$90

(9 hours) The beginner course will start with the very basics and get you dancing! This series will be perfect for those who are totally new to dancing and for those with some experience who want to improve their social dancing. Rhythm, timing, posture, frame, and connection are basic skills that are incorporated into each lesson to not only learn a variety of East Coast Swing patterns, but be able to put patterns together into basic routines designed to match the phrasing with songs. No partner nor previous experience is required. This class is taught by professional dance instructors, Bob and Kathy Smith.

Pensacola Campus
 8202 01/30-03/06 W 5:30pm - 7:00pm 1903

R 06292 WEST COAST SWING I \$90

(9 hours) Come and learn a variety of West Coast Swing patterns and how to put those patterns together into a basic routine designed to match the phrasing within songs. Rhythm, timing, posture, frame, and connection are incorporated into each lesson. This series is perfect for those who are totally new to dancing or who are familiar with West Coast Swing dance patterns. Bob and Kathy Smith are professional dance instructors who love to share their knowledge, experience, benefits and joy of dancing with their students. This series is perfect for dancers with or without experience and no partner is necessary.

Pensacola Campus
 8204 01/30-03/06 W 7:00pm - 8:30pm 1903

DOG OBEDIENCE

R 06131 DOG OBEDIENCE \$42

(8 hours) Learn to teach your dog basic commands such as sit, down, stay, come, and leash walking using primarily positive techniques. Suitable for the family puppy or dog. Also learn about house training, manners, and problem solving.

NOTE: First class is orientation of handlers; dogs do not attend this. Bring your dog's/puppy's inoculation records including Rabies and Bordetella.

Warrington Campus			
8087	02/16-04/13	SA 9:30am - 10:25am	3216
Milton Campus			
8089	02/21-04/18	R 6:00pm - 7:00pm	4020

R 06149 DOG OBEDIENCE 2ND HANDLER \$21

(8 hours) Provides a reduced price for 2nd Handler of the same dog.

Warrington Campus			
8088	02/16-04/13	SA 9:30am - 10:25am	3216
Milton Campus			
8090	02/21-04/18	R 6:00pm - 7:00pm	4020

R 06257 DOG OBEDIENCE II \$39

(6 hours) Reinforce basic commands and work on Canine Good Citizen skills and tricks. Prerequisite: Be familiar with basic commands and leash walking taught in Dog Obedience.

NOTE: First class is orientation for handlers. Bring inoculation records for your pet, including Rabies and Bordetella.

Warrington Campus			
8085	02/23-04/06	SA 10:35am - 11:30am	3216

R 06258 DOG OBEDIENCE II 2ND HANDLER \$21

(6 hours) Complementary course to Dog Obedience II provides a reduced price for the 2nd handler of the same dog.

Warrington Campus			
8086	02/23-04/06	SA 10:35am - 11:30am	3216



PARKING DECAL

Recreation & Leisure students need parking decals for their vehicles.

Take vehicle registration and student ID or class registration to the Pensacola State College Police Department located in the Student Center, Bldg. 5, Pensacola campus; Building 4000, Milton campus; Building 3300, Warrington campus.

DRIVER IMPROVEMENT

R 04404 MOTORCYCLE SAFETY FOUNDATION BASIC RIDER COURSE \$185

(15 hours) The Motorcycle Safety Foundation Basic Rider course is a complete course of instruction for those who wish to develop safe street-riding skills and obtain a motorcycle endorsement. Classroom instruction is combined with motorcycle riding activities on an approved training range. The riding skills evaluation and the written exam will need to be successfully completed to receive a Basic Rider Course Completion Card. Course hand book, insurance, helmet and motorcycle are provided. Students must wear long-sleeved shirt or jacket, full-fingered gloves, long pants and sturdy footwear which covers the ankles. (May bring your own DOT/Snell Foundation approved helmet.) Students must be at least 15 years of age and hold a valid Florida learner's permit for 6 months in order to participate in this course. Motorcycles and instruction are provided by Southern MotorSports Safety.

Pensacola Campus			
8091	12/15-12/16	SA SU 7:00am - 5:00pm	9663
8092	01/05-01/06	SA SU 7:00am - 5:00pm	9663
8093	01/12-01/13	SA SU 7:00am - 5:00pm	9663
8094	01/19-01/20	SA SU 7:00am - 5:00pm	9663
8095	01/26-01/27	SA SU 7:00am - 5:00pm	9663
8096	02/02-02/03	SA SU 7:00am - 5:00pm	9663
8097	02/09-02/10	SA SU 7:00am - 5:00pm	9663
8098	02/16-02/17	SA SU 7:00am - 5:00pm	9663
8099	02/23-02/24	SA SU 7:00am - 5:00pm	9663
8100	03/02-03/03	SA SU 7:00am - 5:00pm	9663
8101	03/09-03/10	SA SU 7:00am - 5:00pm	9663
8102	03/16-03/17	SA SU 7:00am - 5:00pm	9663
8103	03/23-03/24	SA SU 7:00am - 5:00pm	9663
8104	03/30-03/31	SA SU 7:00am - 5:00pm	9663
8105	04/06-04/07	SA SU 7:00am - 5:00pm	9663
8106	04/13-04/14	SA SU 7:00am - 5:00pm	9663
8107	04/20-04/21	SA SU 7:00am - 5:00pm	9663
8108	04/27-04/28	SA SU 7:00am - 5:00pm	9663
8109	05/04-05/05	SA SU 7:00am - 5:00pm	9663

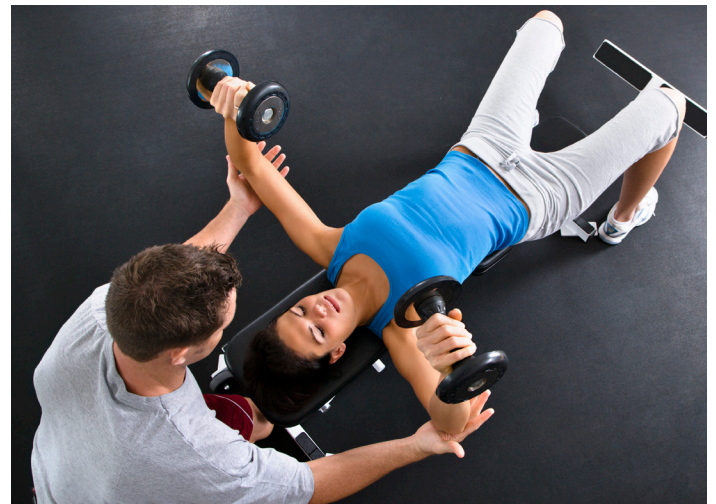
FITNESS/PHYSICAL EDUCATION

R 05744 CARDIO KICKBOXING AND CONDITIONING \$56

(11 hours) Get a full body work out using Cardio Kickboxing, free weights, exercise balls, and bands. Basic foundational techniques of Karate, Tai Chi and stretching will be applied.

NOTE: Bring a cushioned floor mat.

Pensacola Campus			
8213	02/04-04/22	M 6:35pm - 7:30pm	0312



FITNESS CENTER COURSES

R 03567 EXPRESS ORIENTATION TO THE L.I.F.E. FITNESS CENTER \$99

(100 hours) Students will receive four hours of orientation to the L.I.F.E. Fitness Center in the use of nautilus and free weights, and cardiovascular training equipment. This includes a number of fitness assessments. After completion of orientation, students will be able to utilize the L.I.F.E. Fitness Center facility for the scheduled term. For dates and times: Pensacola Campus call 850-484-1310; Milton Campus call 850-484-4490.

Pensacola Campus		
8217	12/15-05/06	Open 0150
Milton Campus		
8218	12/15-05/06	Open 4016

R 04850 EXPRESS ORIENTATION TO LIFE FITNESS CENTER, 2ND FAMILY MEMBER \$57

(100 hours) Designed for 2nd family member enrolling in course.

Pensacola Campus		
8219	12/15-05/06	Open 0150
Milton Campus		
8220	12/15-05/06	Open 4016

R 04852 EXPRESS ORIENTATION TO THE LIFE FITNESS CENTER, 3RD FAMILY MEMBER \$32

(100 hours) Designed for 3rd family member enrolling in course.

Pensacola Campus		
8221	12/15-05/06	Open 0150
Milton Campus		
8222	12/15-05/06	Open 4016

R 03566 EXPRESS ORIENTATION TO THE L.I.F.E. FITNESS CENTER \$65

(64 hours) Students will receive an orientation to the L.I.F.E. Fitness Center in the use of nautilus and free weights, and cardiovascular training equipment. This includes a number of fitness assessments. After completion of orientation, students will be able to utilize the L.I.F.E. Fitness Center facility for the scheduled term. For dates and times: Pensacola Campus call 850-484-1310; Milton Campus call 850-484-4490.

Pensacola Campus		
8223	02/25-05/06	Open 0150
Milton Campus		
8224	02/25-05/06	Open 4016

R 04851 EXPRESS ORIENTATION TO LIFE FITNESS CENTER, 2ND FAMILY MEMBER \$39

(64 hours) Designed for 2nd family member enrolling in course.

Pensacola Campus		
8225	02/25-05/06	Open 0150
Milton Campus		
8226	02/25-05/06	Open 4016

For general information regarding Pensacola State College, please refer to the college website:
www.pensacolastate.edu

Any Private Lesson Your Choice

(6 hours for \$153) This course will allow you to learn at your own pace with one of our instructors in a subject area of your choice.

For more information call 850-484-1797.

Note: Class schedule/meeting time is arranged between student and instructor.

R 04853 EXPRESS ORIENTATION TO LIFE FITNESS CENTER, 3RD FAMILY MEMBER \$22

(64 hours) Designed for 3rd family member enrolling in course.

Pensacola Campus		
8227	02/25-05/06	Open 0150
Milton Campus		
8228	02/25-05/06	Open 4016

R 04606 EXPRESS STUDENT ORIENTATION TO THE LIFE FITNESS CENTER \$21

(2 hours) This orientation to the LIFE Fitness Center is for currently enrolled college credit students only. For dates and times: Pensacola Campus, call 850-484-1310; Milton Campus, call 850-484-4490; Warrington Campus call 850-484-2310

Pensacola Campus		
8229	01/07-05/06	Open 0150
Milton Campus		
8230	01/07-05/06	Open 4016
Warrington Campus		
8231	01/07-05/06	Open 3230

R 00672 INDOOR TRACK & BASKETBALL GYM \$29

(90 hours) Enrollee is authorized to use the Milton Campus L.I.F.E. Center indoor track and basketball gymnasium during scheduled open hours. For safety reasons, children under five years of age are not permitted to enroll in this course or permitted to use these areas. Children ages five through 15 may enroll, but must have an adult with them at all times who also is registered for this course. Individuals 16 years of age or older may participate without supervision.

Milton Campus		
8232	12/15-05/06	Open 4016

R 04591 PERSONAL TRAINER \$153

(6 hours) Individual receives one-on-one instruction at the Pensacola Fitness Center with a personal trainer to achieve goals. To schedule dates and times call 850-484-1310.

Pensacola Campus		
8233	12/15-05/06	Open 0150

R 00064 RECREATION FITNESS LAB \$77

(96 hours) Prerequisites: Concepts of Life Fitness (HLP1081), Life Fitness Assessment for the Community (R02347) or Express Orientation to the L.I.F.E. Fitness Center (R03567) or (R03566). Students will be able to utilize the L.I.F.E. Fitness Center for the scheduled term. For days and times: Pensacola Campus, call 850-484-1310; Milton Campus, call 850-484-4490.

Pensacola Campus		
8234	12/15-05/06	Open 0150
Milton Campus		
8235	12/15-05/06	Open 4016

R 04855 RECREATION FITNESS LAB, 2ND FAMILY MEMBER \$45

(96 hours) Designed for 2nd family member enrolling in course.

Pensacola Campus		
8236	12/15-05/06	Open 0150
Milton Campus		
8237	12/15-05/06	Open 4016

R 02490 RECREATION FITNESS LAB, 3RD FAMILY MEMBER \$25

(96 hours) Designed for 3rd family member enrolling in course.

Pensacola Campus		
8238	12/15-05/06	Open 0150
Milton Campus		
8239	12/15-05/06	Open 4016

Non-credit courses may be canceled due to insufficient enrollment.

To ensure you get the course you desire, register at least one week before the start date of the course. Pensacola State College reserves the right to substitute another instructor as well as change the location and time classes meet.

R 00211 RECREATION FITNESS LAB 60 HRS \$39
 (60 hours) Prerequisites: Concepts of Life Fitness (HLP1081), Life Fitness Assessment for the Community (R02347) or Express Orientation to the L.I.F.E. Fitness Center (R03567) or (R03566). Students will be able to utilize the L.I.F.E Fitness Center for the scheduled term. For days and times: Pensacola Campus, call 850-484-1310; Milton campus, call 850-484-4490; Warrington Campus, call 850-484-2310.

Pensacola Campus			
8240	12/15-02/24	Open	0150
8243	02/25-05/06	Open	0150
Milton Campus			
8241	12/15-02/24	Open	4016
8244	02/25-05/06	Open	4016
Warrington Campus			
8242	12/15-02/24	Open	3230
8245	02/25-05/06	Open	3230

R 04854 RECREATION FITNESS LAB, 2ND FAMILY MEMBER \$23

(60 hours) Designed for 2nd family member enrolling in course.

Pensacola Campus			
8246	12/15-02/24	Open	0150
8249	02/25-05/06	Open	0150
Milton Campus			
8247	12/15-02/24	Open	4016
8250	02/25-05/06	Open	4016
Warrington Campus			
8248	12/15-02/24	Open	3230
8251	02/25-05/06	Open	3230

R 02489 RECREATION FITNESS LAB, 3RD FAMILY MEMBER \$13

(60 hours) Designed for 3rd family member enrolling in course.

Pensacola Campus			
8252	12/15-02/24	Open	0150
8255	02/25-05/06	Open	0150
Milton Campus			
8253	12/15-02/24	Open	4016
8256	02/25-05/06	Open	4016
Warrington Campus			
8254	12/15-02/24	Open	3230
8257	02/25-05/06	Open	3230

FOREIGN LANGUAGES

R 06255 ASL I, SIGN LANGUAGE \$82

(16 hours) Learn a system of communication using visual gestures and signs as used by deaf people. Course is intended for anyone who wishes to study the language and culture of the deaf.

Pensacola Campus			
8197	02/04-02/27	M W 6:00pm - 8:00pm	0470

R 05423 FRENCH INDIVIDUAL LESSONS \$153

(6 hours) One-on-one lessons in French language and culture. Learn the basics of French grammar, pronunciation, and usage. Progress at your own pace.

NOTE: Class schedule/meeting time is arranged between student and instructor. Call 850-484-1797 for more information.

Pensacola Campus			
8268	1/14-4/30	Open with Dr. Alexandrine Nash	

R 06001 ITALIAN CONVERSATIONAL \$87

(16 hours) This course is an introduction to the Italian language, culture, people and history; suitable for individuals who are planning to travel to Italy or who just want to learn.

Pensacola Campus			
8198	02/06-04/03	W 12:30pm - 2:30pm	0471

R 05248 RUSSIAN I \$155

(15 hours) Introduction to the Russian language and culture — students will learn the basics of Russian grammar, pronunciation, and usage.

Pensacola Campus			
8196	02/05-03/07	T R 6:30pm - 8:00pm	0470

R 05102 RUSSIAN, INDIVIDUAL LESSONS \$153

(6 hours) Private lessons in Russian language and culture are suited to the needs and goals of the student; taught by a native Russian speaker.

NOTE: Class schedule/meeting time is arranged between student and instructor. Call 850-484-1797 for more information

Pensacola Campus			
8195	01/14-04/30	Open With Liudmila Shimek	

R 06140 SPANISH I \$90

(18 hours) Introduces the Spanish language — culture, grammar, vocabulary, usage and pronunciation with emphases on speaking and comprehension.

Pensacola Campus			
8261	01/24-02/21	T R 3:00pm - 5:00pm	0470

R 06141 SPANISH II \$90

(18 hours) Builds upon skills from Spanish I, including vocabulary, grammar, pronunciation, comprehension and conversation.

Pensacola Campus			
8262	02/26-04/02	T R 3:00pm - 5:00pm	0470

R 06142 SPANISH III \$90

(18 hours) Builds upon the skills from Spanish I and II, including vocabulary, grammar, pronunciation, comprehension and conversation.

Pensacola Campus			
8263	04/04-05/02	T R 3:00pm - 5:00pm	0470

R 05429 SPANISH INDIVIDUAL LESSONS \$153

(6 hours) One-on-one lessons in Spanish language and culture help students to achieve personal goals whether a beginner or more advanced student. Note: Class schedule/meeting time is arranged between student and instructor. Call 850-484-1797 for more information.

Pensacola Campus			
8259	01/14-04/30	Open With Carmen Echegaray	
8260	01/14-04/30	Open With Claudia Breaux	

HEALTH

R 05698 MEDITATION 101 \$49

(9 hours) Learn the basics of how to meditate and how it can enhance your life, expand perspectives and be healing to the mind, body, and spirit.

Pensacola Campus			
8264	02/11-02/27	M W 10:00am - 11:30am	0471
8265	02/14-02/28	R 9:00am - Noon	0468
8266	02/16-03/02	SA 9:00am - Noon	0470

R 06261 MEDITATION 201 \$49

(9 hours) Experience full length meditations of various types as well as breathwork, deep listening, and experiencing Reiki as a meditative tool.

Pensacola Campus			
8267	02/12-03/01	T F 11:00am - 12:30pm	0468

R 05745 TAI CHI FOR HEALTH \$86

(16.5 hours) Experience the many health benefits you will obtain using Tai Chi and Chi Kung applications. Soothing and energizing movement induces physical and mental relaxation, self awareness, energy and longevity. The moves develop flexibility, balance, strength, coordination, skeletal alignment and increased organ function. Deep even breathing improves cardio fitness through the maximum intake of oxygen. Emphases are placed on proper posture, breathing and fluid movement.

Milton Campus			
8216	02/08-04/26	F 3:30pm - 5:00pm	4018

Please share this schedule with a friend or colleague.

R 05746 TAI CHI FOR HEALTH \$56

(11 hours) Experience the many health benefits you will obtain using Tai Chi and Chi Kung applications. Soothing and energizing movement induces physical and mental relaxation, self awareness, energy and longevity. The moves develop flexibility, balance, strength, coordination, skeletal alignment and increased organ function. Deep even breathing improves cardio fitness through the maximum intake of oxygen. Emphases are placed on proper posture, breathing and fluid movement.

Pensacola Campus
8215 02/04-04/22 M 5:30pm - 6:25pm 0312

HOBBIES**R 06254 AMATEUR RADIO INTRODUCTION & UPGRADE \$21**

(50 hours) Achieve goals for the initial Amateur Radio Operator's license or to upgrade an existing operator's license to the next level. A Volunteer Examiner (VEC) will administer the tests for students who want to obtain the license or upgrade.

Pensacola Campus
8282 02/05-04/18 T R 6:00pm - 8:30pm

R 06251 BASIC SMALL ENGINE REPAIR \$175

(30 hours) Fix small engines on your own! Save money and get the convenience of doing your own repairs on equipment. Learn general safety, tools, machines and the maintenance/repair of 2-cycle and 4-cycle engines.

Pensacola Campus
8283 02/07-04/18 R 6:00pm - 9:00pm 1708
8284 02/16-04/27 SA 9:00am - Noon 1708
8286 02/18-04/29 M 6:00pm - 9:00pm

R 06147 BIRDS ON LOCATION WITH JAMES STEGALL \$46

(7 hours) Study local birds and bird habitats - where they live, what they eat, their migration habits, and more. Learn about equipment such as binoculars, spotters, and scopes while on a birding fieldtrip. Have some fun!

NOTE: Students must provide their own transportation.

South Santa Rosa Center
8149 02/15 F 7:30am - 11:00am 5135
02/15 F 1:00pm - 4:30pm
Pensacola Campus
8150 03/09 SA 7:00am - 11:00am 1442
03/09 SA 1:00pm - 4:00pm
Milton Campus
8151 04/19 F 7:30am - 11:00am 4020
04/19 F 1:00pm - 4:30pm

R 06126 COFFEE AND A SHORT STORY \$64

(10 hours) Come, take a coffee break, enjoy the brew and let's discuss a short story each week by such authors as Welty and O'Connor.

Pensacola Campus
8168 04/01-04/29 M 9:00am - 11:00am

HOME AND GARDEN**R 05750 BULBS, TUBERS AND CORMS WITH JAMES STEGALL \$40**

(4 hours) Learn history, facts, and tips on growing tulips, irises, gladiolus, fritillaries, dahlias, daffodils, alliums, and more in the Pensacola area.

South Santa Rosa Center
8131 02/01 F 8:00am - Noon 5135
Pensacola Campus
8132 02/19 T 5:00pm - 9:00pm 1703

R 06285 DON'T DESTROY YOUR CREPE MYRTLE \$36

(3 hours) Learn the correct way to trim and maintain your crepe myrtle throughout the year, learn the correct soil and fertilizer requirements, and learn about new varieties of crepe myrtle. Avoid common practices that shorten and destroy the life of the plant. Enjoy its full landscape potential.

Milton Campus
8125 02/02 SA 8:00am - 11:00am 4020
South Santa Rosa Center
8126 02/06 W 2:00pm - 5:00pm 5135
Pensacola Campus
8127 02/23 SA 8:00am - 11:00am 1703

R 05270 FLORAL DESIGN PRIVATE LESSONS WITH JAMES STEGALL \$153

(6 hours) Learn to create beautiful floral designs for the home or for gifts through one-on-one individual instruction.

NOTE: Class schedule/meeting time is arranged between student and instructor. Call 850-484-1797 for more information.

Pensacola Campus
8171 01/14-04/30 Open
South Santa Rosa Center
8172 01/14-04/30 Open
Warrington Campus
8201 01/14-04/30 Open

R 05271 FLORAL DESIGN WORKSHOP WITH JAMES STEGALL \$36

(3 hours) Create your own centerpiece in class, guided by the instructor. Basic design and choice of appropriate materials will be discussed.

South Santa Rosa Center
8139 02/08 F 9:00am - Noon 5135
Pensacola Campus
8140 03/13 W 6:00pm - 9:00pm 1708
8170 04/02 T 6:00pm - 9:00pm 1442

R 05751 GRANDMA'S PLANTS WITH JAMES STEGALL \$36

(3 hours) Remember Grandma's beautiful blooming plants - spirea, flowering almond, mock orange, etc.? Well, let's talk about them and learn how to grow them.

Pensacola Campus
8152 02/16 SA 9:00am - Noon 1442
Century Center
8153 03/12 T 5:00pm - 8:00pm 7720
South Santa Rosa Center
8154 04/05 F 9:00am - Noon 5135

R 06137 IKEBANA — ORIENTAL FLORAL DESIGN \$36

(3 hours) Get into oriental floral design and style, a Japanese tradition using minimal materials to create something beautiful and different!

South Santa Rosa Center
8128 02/01 F 1:00pm - 4:00pm 5135
Milton Campus
8129 02/27 W 2:00pm - 5:00pm 4020
Pensacola Campus
8130 04/11 R 6:00pm - 9:00pm 1707
8166 04/30 T 6:00pm - 9:00pm 1442



R 06289 MEXICAN PAPER FLOWERS \$36

(3 hours) Learn to create beautiful, color-tissue flowers from scratch. Explore local and online sources to find a variety of colored tissue paper and supplies for your projects. Use of these flowers is intrinsic in Mexican culture. Tissue flowers can be used in various ways: at home, for events, gifts, and more. Create them for centerpieces, wedding bouquets, magical stage sets (with giant paper flowers), and unlimited decor or gifts.

Pensacola Campus				
8145	02/11	M	6:00pm - 9:00pm	1707
8165	04/24	W	6:00pm - 9:00pm	1442
South Santa Rosa Center				
8146	03/01	F	9:00am - Noon	5135

R 06153 VEGETABLES AND MICRO-GREENS WITH JAMES STEGALL \$38

(4 hours) Do you enjoy fresh vegetables and micro-greens on salads, sandwiches? Learn how to grow them including soil prep, varieties of pest control, fertilizing, weed control, etc.

Pensacola Campus				
8133	02/05	T	5:00pm - 9:00pm	1703
Century Center				
8134	03/06	W	1:00pm - 5:00pm	7720
South Santa Rosa Center				
8135	04/12	F	8:00am - Noon	5135

LIFE PLANNING**R 05466 DON'T GO BROKE IN AN ASSISTED LIVING FACILITY \$31**

(4 hours) Learn to manage the rising costs of expenses while paying for loved ones' assisted living arrangements and to navigate the process.

Pensacola Campus				
8269	02/19-02/21	T R	6:00pm - 8:00pm	

R 05111 FINANCIAL SURVIVAL FOR RETIREMENT \$36

(4 hours) If you are nearing or living in retirement, this course will help fill in critical knowledge gaps and help you plan your financial future more effectively. Course is led by radio and TV host, Annalee Leonard.

Pensacola Campus				
8276	04/18-04/25	R	5:30pm - 7:30pm	
South Santa Rosa Center				
8275	03/28-04/04	R	5:30pm - 7:30pm	5135

R 04876 MEDICARE MADE EASY \$21

(2 hours) Clear your confusion about parts of Medicare, enrollment rules and penalties, Medicare supplements and more — for those turning 65 and/or those wanting a review. Class led by Joan Connell, PhD.

South Santa Rosa Center				
8278	03/25	M	5:30pm - 7:30pm	5135
Milton Campus				
8279	04/02	T	5:30pm - 7:30pm	4404
Pensacola Campus				
8280	04/08	M	5:30pm - 7:30pm	

MUSIC**R 06290 PREPARATION FOR BECOMING A PROFESSIONAL ACTOR \$45**

(5 hours) Learn acting-industry insights for the following: getting work as an Actor/Actress; accessing Breakdown Services; signing with agents; designing resumes; creating video auditions; understanding union membership scene work; and auditioning techniques for theatre, TV, film and commercials. Class is taught by professional actor/director Lawrence Gamell Jr.

Pensacola Campus				
8207	02/23	SA	Noon - 5:00pm	1442
8208	03/09	SA	Noon - 5:00pm	1442
8209	04/13	SA	Noon - 5:00pm	1442

MUSIC ACADEMY

Music Academy offers private lessons for beginner, intermediate, and advanced students to help them develop musical skills. Courses are offered in Piano and Voice. Approval is required from the Music Department before registration. Call 850-484-1800 for more information.

PHOTOGRAPHY**R 06145 ARMCHAIR PHOTOGRAPHY WITH JAMES STEGALL \$38**

(4 hours) Have you always wanted to take knockout photos of birds without leaving home? With this course, you'll learn to take great shots from inside your home or in the back yard.

South Santa Rosa Center				
8157	02/22	F	8:00am - Noon	5135
Pensacola Campus				
8158	03/05	T	1:00pm - 5:00pm	1442

R 05273 BASIC PHOTOGRAPHY WORKSHOP WITH JAMES STEGALL \$46

(7 hours) Learn about F-stops, shutter speeds, and ISO's through hands-on photo opportunities at various locations. Expect to walk away with some great shots. Camera required (include charged batteries and film or card), money for lunch and provide own transportation for fieldtrip.

Pensacola Campus				
8141	02/09	SA	7:30am - 11:30am	1442
	02/09	SA	1:00pm - 4:00pm	
8143	04/06	SA	7:30am - 11:30am	1442
	04/06	SA	1:00pm - 4:00pm	
South Santa Rosa Center				
8142	03/08	F	7:30am - 11:30am	5135
	03/08	F	1:00pm - 4:00pm	
Century Center				
8144	04/26	F	8:00am - Noon	7720
	04/26	F	2:00pm - 5:00pm	

R 05075 INDIVIDUAL PHOTOGRAPHY PRIVATE LESSONS \$153

(6 hours) Receive one-on-one instruction and coaching to improve photography skills needed to reach goals — open to all levels of ability.

NOTE: Class schedule/meeting time is arranged between student and instructor. For more information call 850-484-1797.

Pensacola Campus				
8173	01/14-04/30	Open		
South Santa Rosa Center				
8174	01/14-04/30	Open		

R 05276 NATURE PHOTOGRAPHY WORKSHOP WITH JAMES STEGALL \$46

(7 hours) Hands on photography on location in the field — begin in class then go to natural sites to take photos and learn tips to get those beautiful award winning shots that make you proud.

NOTE: Camera required (include charged batteries and film or card), money for lunch and provide own transportation for fieldtrip.

Pensacola Campus				
8159	03/02	SA	7:30am - 11:30am	1442
	03/02	SA	1:00pm - 4:00pm	
South Santa Rosa Center				
8160	03/15	F	7:30am - 11:30am	5135
	03/15	F	1:00pm - 4:00pm	
Milton Campus				
8161	04/27	SA	7:30am - 11:30am	4020
	04/27	SA	1:00pm - 4:00pm	

Please share this schedule with a friend or colleague.

R 05274 NIGHT SHOOT PHOTOGRAPHY WORKSHOP WITH JAMES STEGALL \$38

(4 hours) Get beautiful photographs of things at night without using a flash. Field trips are planned to various locations around Pensacola for capturing a variety of scenes and to enjoy hands-on photo opportunities. Camera required (include charged batteries and film or card) and provide own transportation for fieldtrip.

Pensacola Campus			
8136	02/07	R	6:00pm - 10:00pm 1442
South Santa Rosa Center			
8137	04/03	W	6:00pm - 10:00pm 5185
Milton Campus			
8138	05/03	F	6:00pm - 10:00pm 4020

R 05810 PHOTOGRAPHY WITH FILM \$36

(3 hours) Remember film or have you heard of film-pre-digital? Learn about the different types of film, how and when to use it, suitable cameras and much more.

South Santa Rosa Center			
8162	03/29	F	9:00am - Noon 5135
Milton Campus			
8163	04/10	W	6:00pm - 9:00pm 4020
Pensacola Campus			
8164	05/02	R	6:00pm - 9:00pm 1442

STUDENT ENRICHMENT

R 05159 ANY PRIVATE LESSON, YOUR CHOICE \$153

(6 hours) Learn at your own pace with one of our instructors in a subject area of your choice. Note: Class schedule/meeting time is arranged between student and instructor. For more information call 850-484-1797.

Pensacola Campus		
8118	01/07-05/06	Open
8119	01/07-05/06	Open
8120	01/07-05/06	Open
8121	01/07-05/06	Open
8122	01/07-05/06	Open
8123	01/07-05/06	Open

TRAVEL

R 05721 LET'S GO SOMEWHERE! WORKSHOP WITH JAMES STEGALL \$36

(3 hours) Learn "how-tos" to get the best prices on airfares, to work with TSA (Transportation Security Administration) and to find great vacation locations. Discuss passport requirements and much more.

Pensacola Campus			
8155	02/20	W	6:00pm - 9:00pm 1442
South Santa Rosa Center			
8156	04/16	T	2:00pm - 5:00pm 5135

GYMNASTICS



PENSACOLA STATE COLLEGE
announces a new affiliation with
PANHANDLE PERFECTION GYMNASTICS

Now enrolling for recreation, preschool, team and boys gymnastics for skill levels and abilities of all ages.



Recreation and Leisure Department
850-484-1797 • ce@pensacolastate.edu



ONLINE COURSES

ART

R 03895 DRAWING FOR THE ABSOLUTE BEGINNER \$111

(12 hours) An expert instructor will guide you through an exciting, informative exploration of drawing materials, lighting techniques, design and layout methods, and more.

8004 Open Enrollment Ed2Go

R 04631 START AN ARTS AND CRAFTS BUSINESS \$111

(12 hours) Learn from a professional artist how to start an arts and crafts business, how to find your niche within your chosen craft, and how to create your own unique business identity.

8000 Open Enrollment Ed2Go

R 04632 START A GIFT BASKET BUSINESS \$111

(12 hours) Want to start a home-based business as a gift basket designer? Learn the sales secrets of successful designers to make a gift basket that stands out, to price fairly, to create an attractive website, and more.

8011 Open Enrollment Ed2Go

COMPUTER SCIENCE

R 04388 BLOGGING AND PODCASTING FOR BEGINNERS \$111

(12 hours) Gain a greater understanding of blogs, wikis, and podcast.

8002 Open Enrollment Ed2Go

R 05456 INTRODUCTION TO PC SECURITY \$111

(12 hours) Explore the many vulnerabilities of operating systems, software and networks. Identify and work to prevent DOS, SYN flooding, and other network attacks. Learn a safe way to share files and data across the Internet through a virtual private network and to install and configure a firewall to build an impenetrable moat around the computer or network.

8023 Open Enrollment Ed2Go

R 03021 KEYBOARD TYPING I \$111

(12 hours) Use the computer program Keyboarding Pro 5 to learn the basic skills of touch-typing.

8017 Open Enrollment Ed2Go

R 02378 LEARN TO BUY AND SELL ON EBAY \$111

(12 hours) Auction pros teach you how to work from home to earn extra income by buying and selling goods online. Create titles and craft advertising copy that get noticed, create and upload photos, accept credit card payments, pack/ship items and more.

8005 Open Enrollment Ed2Go

R 05453 WHAT'S NEW IN MICROSOFT OFFICE 2013 \$111

(12 hours) Learn to use the exciting new features of Microsoft Office 2013 Word, Excel, PowerPoint, Access, Outlook, OneNote, and Publisher.

8019 Open Enrollment Ed2Go

COURT MANDATED COURSES

R 04186 FLORIDA PARENTING COURSE ONLINE \$25

(4 hours) The First Judicial Circuit of Florida requires that parents who are facing divorce, separation, or other legal proceedings (and have minor-aged children) complete a course to help children cope with the change to the family. This online course is approved by the Florida Department of Children and Families, as required by Florida Statute 61.21.

NOTE: After registering and paying for your course, call 850-484-1797 to get the website and your redemption code.

8112 Open Enrollment American Safety Council

CREATIVE WRITING

R 02846 BEGINNER'S GUIDE TO GETTING PUBLISHED \$111

(12 hours) Learn how to give yourself the credibility you need to get your books and articles published.

8010 Open Enrollment Ed2Go

R 03514 MYSTERY WRITING \$111

(12 hours) Course uses vivid examples from bestselling novels to teach the techniques you need to become a successful mystery author.

8021 Open Enrollment Ed2Go

R 05135 SCREENWRITING, INTRODUCTION \$111

(12 hours) In this course progress from how to write a script — structure, character creation and dialogue — to tips for marketing and selling a screenplay.

8033 Open Enrollment Ed2Go

R 04391 WRITE AND PUBLISH YOUR NONFICTION BOOK \$111

(12 hours) Learn how to write your own non-fiction book while also gaining the skills to have your book published.

8043 Open Enrollment Ed2Go

R 05793 WRITE FICTION LIKE A PRO \$111

(12 hours) The novice fiction writer is introduced to the techniques used by professionals to structure novels and stories for maximum dramatic effect.

8041 Open Enrollment Ed2Go

R 06007 WRITING ESSENTIALS \$111

(12 hours) Learn to create solid drafts by selecting strong, persuasive words, spelling correctly, choosing the right punctuation and crafting well-written sentences, effective paragraphs and organizing your material logically.

8045 Open Enrollment Ed2Go

R 03516 WRITING FOR CHILDREN \$111

(12 hours) Published children's author shows you how to touch the heart of children by creating books for them.

8042 Open Enrollment Ed2Go

R 05057 WRITING YOUNG ADULT FICTION \$111

(12 hours) Students will get tips for breaking into one of today's hottest publishing markets as they develop their own young adult stories.

8044 Open Enrollment Ed2Go

DOG OBEDIENCE

R 04633 START A PET SITTING BUSINESS \$111

(12 hours) Discover how to translate your love of animals into a fun and profitable career.

8024 Open Enrollment Ed2Go

American Safety Council

PSC offers online **Florida Parenting** and **Driver Improvement** courses.

For information or to register and pay, call the Recreation and Leisure Department at Pensacola State College, **850-484-1797** or go to **www.pensacolastate.edu/ce**.

Once you have completed the registration and payment process, call The Recreation and Leisure Department for the online course **Access Code** and website to get started.

DRIVER IMPROVEMENT

R 04644 ADVANCED DRIVER IMPROVEMENT \$65

(12 hours) Have a suspended driver's license due to multiple traffic citations? Implement better driving habits and deter the irresponsible behaviors that lead to habitual traffic offenses, suspensions and/or revocation. Instruction is online. Student will need to supply driver's license or state identification card number, the most recent citation number and, if applicable, the court case number for course completion information to be processed.

NOTE: After registering and paying for your course, call 850-484-1797 to get the website and your redemption code.

8113 Open Enrollment American Safety Council

R 04203 BASIC DRIVER IMPROVEMENT \$20

(4 hours) For individuals who have received a minor traffic citation — this online course is to help licensed drivers function more effectively and efficiently in traffic. Provide citation number, driver's license number and, if applicable, court case number for course completion to be processed.

NOTE: After registering and paying for your course, call 850-484-1797 to get the website and your redemption code.

8114 Open Enrollment American Safety Council

R 04204 FIRST TIME DRIVER COURSE \$22

(4 hours) Course meets the state requirement for TLSAE/DATA ? Traffic Law and Substance Abuse Education. It will familiarize first-time drivers with lawful, courteous driving habits. Individuals ages 17 and under are required to take this course in order to receive their learner's permit. Individuals 18 and older are required to complete this course before taking their driver's exam and receiving their driver's license.

NOTE: After registering and paying for your course, call 850-484-1797 to get the website and your redemption code.

8115 Open Enrollment American Safety Council

R 04645 JUDGE ORDERED TRAFFIC COURSE \$38

(8 hours) This course will fulfill the requirement to complete an 8-hour traffic class that a court or judge has ordered.

NOTE: After registering and paying for your course, call 850-484-1797 to get the website and your redemption code.

8116 Open Enrollment American Safety Council

R 04646 MATURE DRIVER COURSE \$20

(6 hours) For students over 55 years old with a Florida Driver's License to possibly save money on car insurance by taking a 6-hour accident prevention course.

NOTE: After registering and paying for your course, call 850-484-1797 to get the website and your redemption code.

8117 Open Enrollment American Safety Council

ENGLISH

R 04640 WRITING FOR ESL \$111

(12 hours) Learn how to write in English more effectively to succeed in college and at work.

8046 Open Enrollment Ed2Go

R 03901 GRAMMAR REFRESHER \$111

(12 hours) Grammar is fun if you know the rules. Interactive exercises will give you ample opportunity to put into practice everything you learn.

8012 Open Enrollment Ed2Go

FAMILY, FUN AND COLLEGE

R 03898 GENEALOGY BASICS \$111

(12 hours) Learn in simple terms where to look, who to contact and how to use the computer and Internet to research family heritage and history.

8008 Open Enrollment Ed2Go

R 04511 WOW, WHAT A GREAT EVENT! \$111

(12 hours) Learn how to create and coordinate successful events. Develop skills, find resources, and gain confidence to plan and produce any size or type of event.

8040 Open Enrollment Ed2Go

FOREIGN LANGUAGES

R 04341 CONVERSATIONAL JAPANESE \$111

(12 hours) Whether you want to learn conversational Japanese for travel or just for fun, you will find this course makes it easy and enjoyable for beginners to master the essentials of the Japanese language.

8016 Open Enrollment Ed2Go

R 05448 DISCOVER SIGN LANGUAGE \$111

(12 hours) Learn to communicate with your hands using Sign Language. Videos enhance instruction.

8034 Open Enrollment Ed2Go

R 02653 FRENCH BEGINNING CONVERSATIONAL \$111

(12 hours) Learn common French words and phrases for leisure and business. Pronunciation is made simple with phonetic spellings for every word and phrase you need to learn.

8006 Open Enrollment Ed2Go

R 03860 INSTANT ITALIAN \$111

(12 hours) Learn how to express yourself comfortably in Italian. You will learn practical, everyday words and phrases that will make your stay in Italy more enjoyable.

8014 Open Enrollment Ed2Go

R 02084 SPEED SPANISH I \$111

(12 hours) Designed for anyone who wants to learn Spanish pronto; learn six easy recipes for gluing Spanish words together to form sentences. Que Bueno!

8036 Open Enrollment Ed2Go

R 03083 SPEED SPANISH II \$111

(12 hours) This follow-up to the Speed Spanish I course introduces several new recipes to help you quickly build fluency. You will see words, hear them pronounced properly and be granted plenty of opportunities to practice your pronunciation.

8037 Open Enrollment Ed2Go

R 03505 SPEED SPANISH III \$111

(12 hours) Master your ability to speak, understand, and read Spanish by taking the final installment in this unique, online, three-part, Speed Spanish learning series.

8038 Open Enrollment Ed2Go

Ed2Go Courses

A new section of each course starts monthly.

Start dates for the Spring term will be

1/16, 2/13, 3/13 and 4/17.

For specific course descriptions and to access lessons please visit www.ed2go.com/ce.

You can try the 1st lesson at this site, before paying for the course.

To register and pay, visit the Recreation and Leisure website at www.pensacolastate.edu/ce.

- View the link "How to Register"
- Choose "Register Online Now" for web registration

HEALTH

R 03903 INTRODUCTION TO NATURAL HEALTH AND HEALING \$111

(12 hours) Discuss the various stages of health and illness. Learn the value of hydrotherapy, biorhythms, fasting; the power of the mind, healthy diet, and more. Discover that true health means wholeness of the mind, body, and spirit.

8022 Open Enrollment Ed2Go

HOME AND GARDEN

R 05726 START YOUR OWN EDIBLE GARDEN \$111

(12 hours) Save money and become self-sufficient by growing a bounty of fruit and vegetables in your own backyard. Learn about soil preparation, plant selection, pests and disease control strategies, and watering and fertilizing correctly, so your garden will keep growing strong all season.

8039 Open Enrollment Ed2Go

LIFE PLANNING

R 03899 GET ASSERTIVE \$111

(12 hours) Learn to deal with anger and criticism. Gain the skills to be assertive with family members, friends, and more. It is your turn to speak out!

8009 Open Enrollment Ed2Go

R 06260 HELPING ELDERLY PARENTS \$111

(12 hours) This compassionate and comprehensive class will give you tools, techniques, and insights for you to help your elderly family member in their golden years. Learn what to expect, what to watch, how to deal with physical and emotional challenges, and where to find resources to help.

8013 Open Enrollment Ed2Go

MUSIC

R 03904 MUSIC MADE EASY \$111

(12 hours) Study rhythm, melody, and harmony. Learn to recognize pitches and harmony.

8020 Open Enrollment Ed2Go

PHOTOGRAPHY

R 04339 PHOTOGRAPHING NATURE WITH YOUR DIGITAL CAMERA \$111

(12 hours) Learn how to use your digital camera to take stunning nature photos including: landscapes, flowers, animals, and even macro shots.

8027 Open Enrollment Ed2Go

R 02675 PHOTOGRAPHING PEOPLE WITH YOUR DIGITAL CAMERA \$111

(12 hours) Make taking beautiful pictures of adults, children and babies simple. Review and discover the best ways to shoot faces, repair common problems, and more.

8028 Open Enrollment Ed2Go

R 05310 PHOTOSHOP CREATIVE CLOUD FOR DIGITAL PHOTOGRAPHERS \$111

(12 hours) Learn step-by-step instructions for correcting flaws, enhancing the final product, adding text and preparing images for email and the web.

8029 Open Enrollment Ed2Go

R 05701 PHOTOSHOP ELEMENTS FOR THE DIGITAL PHOTOGRAPHER \$111

(12 hours) Learn to do quick fixes or detailed enhancements to improve digital images.

8025 Open Enrollment Ed2Go

R 05702 PHOTOSHOP ELEMENTS FOR THE DIGITAL PHOTOGRAPHER II \$111

(12 hours) Build on basic working knowledge of Adobe Photoshop Elements 13 to master advanced features to improve digital images.

8026 Open Enrollment Ed2Go

R 02373 SECRETS OF BETTER PHOTOGRAPHY \$111

(12 hours) Explore strategies and learn a variety of tricks to create excellent photographs in all types of situations.

8001 Open Enrollment Ed2Go

R 05264 YOUR DIGITAL SLR CAMERA \$111

(12 hours) Get control of your digital SLR camera; learn how to master aperture, shutter speed, ISO, exposure settings and much more.

8003 Open Enrollment Ed2Go

READING

R 03090 READY SET READ! \$111

(12 hours) Learn what the newest research says about how children really learn to read and write. Become a powerful guide to literacy development when you work with young children.

8030 Open Enrollment Ed2Go

R 02381 MERRILL REAM SPEED READING \$111

(12 hours) Learn to read faster and with better comprehension from acclaimed speed reading expert Dr. Merrill Ream. Master the skills and techniques to become a proficient speed reader.

8035 Open Enrollment Ed2Go

STUDENT ENRICHMENT

R 02945 INTRODUCTION TO ALGEBRA \$111

(12 hours) Develop a rich understanding of the rudiments of algebra in a relaxed and supportive learning environment. Understand some of the most important algebraic concepts.

8015 Open Enrollment Ed2Go

R 03897 MATH REFRESHER \$111

(12 hours) Gain confidence in your basic math skills so you can start using it to your advantage.

8018 Open Enrollment Ed2Go

R 02253 PREPARE FOR THE GED TEST \$111

(12 hours) Build additional reading and thinking skills needed to succeed in all five areas: writing skills, social studies, science, literature and math.

8007 Open Enrollment Ed2Go

R 02144 SAT/ACT PREPARATION PART I \$111

(12 hours) Part I will give you all the information you need to do well on the verbal portion of the ACT and SAT.

8031 Open Enrollment Ed2Go

R 02146 SAT/ACT PREPARATION PART II \$111

(12 hours) Part II will give you all the information that you need to do well on the math portion of the ACT and SAT.

8032 Open Enrollment Ed2Go

For general information regarding Pensacola State College, please refer to the college website:

www.pensacolastate.edu.

REGISTRATION INFORMATION

ON THE INTERNET

Web registration is available to everyone. Go to www.pensacolastate.edu/ce. Follow the instructions on the "Register Now" option of the Continuing Education page on the Pensacola State College website, always choosing Recreation and Leisure. Spyglass is also available for returning students.

WALK IN

Register in person at any Pensacola State College campus Registration Office. Pensacola, Building 2; Milton, Building 4200; Warrington, Building 3600.

BY MAIL

Mail your completed Continuing Education registration form, with payment information (do not send cash) to: Pensacola State College Cashier Office, 1000 College Blvd., Pensacola, FL 32504.

STUDENT ACCOMMODATIONS

Students with special needs must notify the Continuing Education, Recreation and Leisure Department a minimum of two business days before the course start date so appropriate accommodations can be arranged.

REFUNDS

To receive a refund for a course, students must withdraw prior to the second scheduled class meeting. For workshops, conferences, seminars and special training programs, students must withdraw prior to the first scheduled class meeting. Call 850-484-1797 to drop a course.

HOLIDAYS

Classes will not be held on the following days:

Winter Break	Dec. 19, 2018—Jan. 1, 2019
Martin Luther King Birthday	Jan. 21, 2019
Spring Break	Mar. 18–24, 2019

For additional information regarding schedule changes due to holidays or other reasons, contact your instructor.

EMERGENCY CLOSING DUE TO INCLEMENT WEATHER

The decision to close Pensacola State College due to inclement weather is carefully weighed before it is made. If the college is closed because of inclement weather, every effort will be made to provide make-up sessions at the discretion of the college.

Visit www.pensacolastate.edu; call 850-484-1000; tune into WCOA 1370 AM on the radio or WEAR TV3 for updated information regarding the college's decision to close due to inclement weather (hurricane, flooding, etc.).

PSC ALERT

Students and employees are encouraged to sign up to receive messages using the new system which allows PSC to contact you in the event of a campus emergency, hazardous situation, weather-related college closure or other event requiring mass notification To register, go to: www.pensacolastate.edu/pscalert/.

ONGOING REGISTRATION

Walk-in registration: 7:30 a.m.–4:00 p.m. Monday–Friday

Web registration: Almost completely 24/7. Closed or short delays may occur for end of day downloads.

Mail-in and night depository registration: Available at all times

The college offers extended hours during college credit registration. For more information call 850-484-1601.

PARKING DECAL

Continuing Education students must have parking decals on their vehicles while parked on campus property. Take the vehicle registration and your student ID to the Public Safety office located in the Student Center, Building 5, Pensacola campus; Building 4000, Milton campus; Building 3300, Warrington campus. If you do not have an ID, bring your student schedule and a valid photo ID and one will be issued for you.

Short term temporary parking passes are available in the Continuing Education office, Building 96, Room 9624. Evening classes can call Public Safety at 484-2500 and someone will assist you when available. Please note speed limits are enforced on campus.

PENSACOLA STATE COLLEGE NON-CREDIT COURSE REGISTRATION FORM

Student ID or SSN _____ **Last Name** _____ **First** _____ **Middle** _____ **Date of birth (MM/DD/YY)** _____

Parents registering a child must provide the child's SSN (do not use a parent's SSN); if the child's SSN is not known, please leave blank. The SSN is used for federal and state reporting including provisions allowing tax credits for IRS purposes. Your SSN is protected, secure, and confidential, and is NEVER released to any person or entity other than government agencies for federal and state reporting requirements. See the College's SSN Collection and Usage Statement: <http://www.pensacolastate.edu/visitors/aboutUS/SSNCollection.asp>

Address _____
 Number/Street/Apartment _____ City _____ State _____ Zip code _____

Home Telephone _____ **Alternate Telephone** _____

Gender: Male Female
Ethnicity: Are you Hispanic/Latino Yes No
Check all that apply: White Asian American Indian or Alaskan Native
 Black or African American Native Hawaiian or other Pacific Islander

Citizenship: United States Other country: _____
 If you are **not** a United States citizen, indicate current Immigration status:
 Permanent Resident; provide Resident Alien Number _____
 Other immigrant; provide current Visa type and expiration _____

Section	Course Title	Date Class Begins	Section	Course Title	Date Class Begins

Signature: _____ Date: _____

Mailing your registration? Complete this section and mail to Pensacola State College Cashier's Office, 1000 College Boulevard, Pensacola FL 32504-8998

Payment Amount \$ _____ Payment Method: Check Money Order Visa Mastercard American Express

Credit Card Number _____ Expiration Date _____

Signature as it appears on credit card _____

Rev. 6/20/13

Pensacola State College does not discriminate against any person on the basis of race, ethnicity, national origin, color, gender/sex, age, religion, marital status, disability, sexual orientation or genetic information in its educational programs, activities or employment. For inquiries regarding nondiscrimination policies, contact the Associate Vice President of Institutional Diversity at 850-484-1759, Pensacola State College, 1000 College Blvd., Pensacola, Florida 32504.

* Required and authorized by Title IV of the Higher Education Act of 1965, as amended (§§483 and 484); 20 USC 1078, 1090, 1091 & 1092; 34 CFR 668.16; 34 CFR 668.33; 34 CFR 668.36; 34 CFR 668.32(i) and 34 CFR 668.36. For additional information go to <http://www.pensacolastate.edu/students/docs/SSNpolicy.pdf>. Initials _____



Recreation and Leisure —
Continuing Education
1000 College Blvd.
Pensacola, FL 32504

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Pensacola, FL



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