Improve the quality of my life!

Call 850-484-1797

- Take the dog to obedience class
- Use the pool and fitness center
- Learn a new language
- Take an online class
- Take dancing lessons
- Learn Tai Chi
- Write my life story
The mission of the Continuing Education Unit is to be a strong link between the college and the community by offering courses and programs for lifelong learning, recreation and leisure, and cultural events at a reasonable price and convenient to students of all ages.
Lifelong learning to improve the quality of your life.

The mission of the Continuing Education Unit is to be a strong link between the college and community by offering courses and programs for lifelong learning, recreation and leisure and cultural events at a reasonable price and convenient to students of all ages.

Frances Yeo  
Coordinator  
fyeo@pensacolastate.edu

Beverly Donnell  
Administrative Assistant  
bdonnell@pensacolastate.edu

Office Phone: 850-484-1797

### AQUATICS

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>R 01118</td>
<td>ADULT SWIMMING LESSONS</td>
<td>$54</td>
</tr>
<tr>
<td></td>
<td>(10 hours) Learn to swim, improve existing aquatics skills and enjoy the health benefits of a swimming program.</td>
<td></td>
</tr>
<tr>
<td>Pensacola Campus</td>
<td>8036 02/09-03/10 T R 7:30pm - 8:25pm</td>
<td>POOL</td>
</tr>
<tr>
<td></td>
<td>8037 03/29-04/28 T R 7:30pm - 8:25pm</td>
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</tr>
<tr>
<td>R 00792</td>
<td>AEROBIC SWIMMING</td>
<td>$64</td>
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<tr>
<td></td>
<td>(30 hours) Aerobic Swimming is a non-competitive, structured swimming program with a workout that includes stroke drills and endurance training.</td>
<td></td>
</tr>
<tr>
<td>Pensacola Campus</td>
<td>8026 01/12-04/28 T R 5:30am - 6:25am</td>
<td>POOL</td>
</tr>
<tr>
<td></td>
<td>8027 01/12-04/28 T R 8:00am - 8:55am</td>
<td>POOL</td>
</tr>
<tr>
<td>R 01196</td>
<td>AEROBIC SWIMMING</td>
<td>$97</td>
</tr>
<tr>
<td></td>
<td>(45 hours) Aerobic Swimming is a non-competitive, structured swimming program with a workout that includes stroke drills and endurance training.</td>
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<tr>
<td>Pensacola Campus</td>
<td>8038 01/11-05/02 M W F 5:30am - 6:25am</td>
<td>POOL</td>
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<tr>
<td></td>
<td>8039 01/11-05/02 M W F 8:00am - 8:55am</td>
<td>POOL</td>
</tr>
<tr>
<td>R 04558</td>
<td>AQUA COMBO</td>
<td>$33</td>
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<tr>
<td></td>
<td>(15 hours) Work in the shallow and deep ends of the pool using water resistance equipment and optional buoyancy belt.</td>
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<tr>
<td>Pensacola Campus</td>
<td>8169 01/16-04/30 SA 8:00am - 8:55am</td>
<td>POOL</td>
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<tr>
<td></td>
<td>8170 01/16-04/30 SA 9:00am - 9:55am</td>
<td>POOL</td>
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<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Fee</th>
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<tbody>
<tr>
<td>R 02343</td>
<td>AQUA DYNAMICS I</td>
<td>$64</td>
</tr>
<tr>
<td></td>
<td>(30 hours) This shallow end course is designed to help individuals achieve their physical fitness goals by providing instruction in water exercise. Work at your own pace.</td>
<td></td>
</tr>
<tr>
<td>Pensacola Campus</td>
<td>8107 01/11-05/02 M W 10:00am - 10:55am</td>
<td>POOL</td>
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<tr>
<td></td>
<td>8108 01/11-05/02 M W 6:35pm - 7:30pm</td>
<td>POOL</td>
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<td></td>
<td>8109 01/12-04/28 T R 7:00am - 7:55am</td>
<td>POOL</td>
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<td></td>
<td>8110 01/12-04/28 T R 9:00am - 9:55am</td>
<td>POOL</td>
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<td>8111 01/12-04/28 T R 10:00am - 10:55am</td>
<td>POOL</td>
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<td></td>
<td>8112 01/12-04/28 T R 6:35pm - 7:30pm</td>
<td>POOL</td>
</tr>
<tr>
<td>R 02345</td>
<td>AQUA DYNAMICS I</td>
<td>$97</td>
</tr>
<tr>
<td></td>
<td>(45 hours) This shallow end course is designed to help individuals achieve their physical fitness goals by providing instruction in water exercise. Work at your own pace.</td>
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<tr>
<td>Pensacola Campus</td>
<td>8113 01/11-05/02 M W F 7:00am - 7:55am</td>
<td>POOL</td>
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<tr>
<td></td>
<td>8114 01/11-05/02 M W F 9:00am - 9:55am</td>
<td>POOL</td>
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<tr>
<td></td>
<td>8115 01/11-05/02 M W F 10:00am - 10:55am</td>
<td>POOL</td>
</tr>
<tr>
<td>R 03588</td>
<td>AQUA JOGGING</td>
<td>$97</td>
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<tr>
<td></td>
<td>(45 hours) Designed to help individuals achieve fitness goals by providing instruction in exercise and running in the deep water environment with a buoyancy belt. Work at your own pace.</td>
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</tr>
<tr>
<td>Pensacola Campus</td>
<td>8129 01/11-05/02 M W F 9:00am - 9:55am</td>
<td>POOL</td>
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<tr>
<th>Course Code</th>
<th>Course Name</th>
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</thead>
<tbody>
<tr>
<td>R 04604</td>
<td>AQUA MINI TERM, TWICE A WEEK (BY PERMISSION ONLY)</td>
<td>$35</td>
</tr>
<tr>
<td></td>
<td>(15 hours) If you can only take a class for half the term, then sign up for the Mini Term. This allows you to attend half of a course that meets twice a week; by permission only—phone Kay Miller, 850-484-1311.</td>
<td></td>
</tr>
<tr>
<td>Pensacola Campus</td>
<td>8173 01/11-03/03 Open</td>
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<td></td>
<td>8174 03/07-05/02 Open</td>
<td></td>
</tr>
<tr>
<td>R 04603</td>
<td>AQUA MINI TERM, THREE TIMES A WEEK (BY PERMISSION ONLY)</td>
<td>$50</td>
</tr>
<tr>
<td></td>
<td>(22.5 hours) If you can only take a class for half the term, then sign up for the Mini Term. This allows you to attend half of a course that meets three times a week; by permission only—phone Kay Miller, 850-484-1311.</td>
<td></td>
</tr>
<tr>
<td>Pensacola Campus</td>
<td>8171 01/11-03/04 Open</td>
<td></td>
</tr>
<tr>
<td></td>
<td>8172 03/04-05/02 Open</td>
<td></td>
</tr>
</tbody>
</table>

Please share this schedule with a friend or colleague.
R 04381 AQUATICS TRIAL CLASS
(Permission Only) $5
(1 hour) Try a class one time and see if you like it. Phone Kay Miller, 850-484-1311 for permission and schedule.
Pensacola Campus
8145 01/11-05/02 Open

R 04782 INDIVIDUAL SWIM LESSONS $250
(10 hours) Students will receive one-on-one instructions to learn to swim, or improve aquatic skills needed to reach their goals. These swim lessons are open to any age or ability, from a beginner to someone who wants to become a more efficient, faster swimmer.
Pensacola Campus
8191 01/11-05/02 Open
8192 01/11-05/02 Open
8193 01/11-05/02 Open

R 04556 MOMMY AND ME SWIM LESSONS
(FOR CHILDREN 6 MONTHS TO 4 YEARS) $54
(10 hours) Children will attend classes with mom, dad, or other adult to feel comfortable in the water and begin to learn to swim. (Course N 00349 is for registration of the parent at no additional fee.)
Pensacola Campus
8167 02/15-03/16 M W 11:00am - 11:55am POOL
8168 03/28-04/27 M W 11:00am - 11:55am POOL

R 04615 PRESCHOOL AQUATICS PROGRAM
AGES 3–5 YEARS $54
(10 hours) Designed to promote water safety, swimming readiness skills and having fun in the water, includes swim lessons for children at the shallow end of the pool.
Pensacola Campus
8175 03/29-04/28 T R 11:00am - 11:55am POOL

R 00065 RECREATION AND LEISURE SWIMMING $38
(96 hours) The participant may utilize the pool during recreation swim hours.
Schedule — www.pensacolastate.edu/ContinuingEducation/RLpool.asp
Pensacola Campus
8000 01/04-05/14 Open

R 01567 RECREATION AND LEISURE SWIMMING
2ND FAMILY MEMBER $22
(96 hours) The participant may utilize the pool during recreation swim hours. For enrollment of a 2nd family member.
Schedule — www.pensacolastate.edu/ContinuingEducation/RLpool.asp
Pensacola Campus
8082 01/04-05/14 Open

R 01568 RECREATION AND LEISURE SWIMMING
3RD FAMILY MEMBER $12
(96 hours) The participant may utilize the pool during recreation hours. For enrollment of 3rd family member.
Schedule — www.pensacolastate.edu/ContinuingEducation/RLpool.asp
Pensacola Campus
8083 01/04-05/14 Open

NOTE: The information provided in this booklet is subject to change without notice. For up-to-date information, please visit our website at www.pensacolastate.edu/ce.

For Recreation and Leisure courses, visit our website at www.pensacolastate.edu/ce, call us at 850-484-1797 or email us at ce@pensacolastate.edu.
R 05786  STUDIO DRAWING & PAINTING WITH MARIANNE ARROYO $138
(36 hours) Provides students with the guidance to work on their own current art projects in the medium of their choice. The instructor will be available to assist and evaluate; students will participate in classroom critiques.
Milton Campus
8529 02/05-04/29 F 9:00am - 12 noon 4807E

R 05787  WATERCOLOR PAINTING (ALL LEVELS) $115
(24 hours) Provides students of all levels of experience with the basics of watercolor painting, including: selecting paper, paint, and brushes; color theory, mixing colors, and the transparent nature of watercolors; paper preparation, glazing techniques, masking and texture.
South Santa Rosa Center
8531 02/04-04/28 R 12:30pm - 2:30pm 5131A
Milton Campus
8530 02/05-04/29 F 12:30pm - 2:30pm 4807E

R 03895  DRAWING FOR THE ABSOLUTE BEGINNER $99
(12 hours) An expert instructor will guide you through an exciting and informative exploration of drawing materials, lighting techniques, design and layout methods and more.
For information and demonstration visit www.ed2go.com/ce.
Internet
8131 01/13-04/22 Open

R 04631  START AN ARTS AND CRAFTS BUSINESS $99
(12 hours) Students will learn how to start their own arts and crafts business from a professional artist. You will discover how to find your niche within your chosen craft and how to create your own unique business identity.
For information and demonstration visit www.ed2go.com/ce.
Internet
8176 01/13-04/22 Open

R 04632  START A GIFT BASKET BUSINESS $99
(12 hours) Learn how to start a home-based business as a gift basket designer. Learn how to make a gift basket that stands out, to price fairly, to create an attractive website and the sales secrets of successful designers.
For information and demonstration visit www.ed2go.com/ce.
Internet
8177 01/13-04/22 Open

Ed2Go Courses
A new section of each course starts monthly.
Start dates for the Fall term will be 1/13/16, 2/10/16, 3/17/16, 4/14/16
All courses run for six weeks.
To view specific course descriptions and lesson plans please visit www.ed2go.com/ce
For instructions on how to register, please visit Continuing Education’s website at www.pensacolastate.edu/ce
• Look for the link below “Recreation and Leisure”
• Click on instructions for taking online courses

R 05683  BASIC COMPUTER OVERVIEW $60
(16 hours) Learn basic keyboarding skills, accessing the Internet, emailing, working with Windows, changing desktop and creating folders.
Warrington Campus
8452 02/08-04/04 M 3:00pm - 5:00pm 3142L
Pensacola Campus
8453 03/09-05/04 W 3:00pm - 5:00pm 2150

R 05731  BLOGGING FOR CREATIVE $35
(6 hour) Learn how to create a blogging schedule and choose the best branding for your creative voices. This course will help students choose the best resources to gain improved visibility and manage their blogging publishing schedule, understand how to upload audios and videos to their blogs and discover new ways to increase engagement and traffic to their blog.
Pensacola Campus
8411 03/09-03/30 W 2:30pm - 4:30pm 2149

R 05134  COMPUTERS FOR SENIORS $60
(16 hours) Designed for first-time computer owners so you can use your computer to do the following: Email; webcams; voice-over-internet phone; create greeting cards, letters and home inventories.
South Santa Rosa Center
8385 02/12-04/08 F 12:00pm - 2:00pm 5134
Pensacola Campus
8386 02/23-04/19 T 3:00pm - 5:00pm 2149
Milton Campus
8387 02/25-04/21 R 3:00pm - 5:00pm 4416

R 05419  COMPUTERS FOR SENIORS (INDIVIDUAL LESSONS) $150
(6 hours) One-on-one course designed to assist seniors at their current level of knowledge and progress at their own pace.
Pensacola Campus
8392 01/25-05/02 Open with Tommy Mitchell
8394 01/25-05/02 Open with Frances Lambert
Milton Campus
8393 01/25-05/02 Open with Tommy Mitchell
Warrington Campus
8417 01/25-05/02 Open with Frances Lambert

R 05784  IPADS $68
(12 hours) Designed so students will effectively learn their operating system, applications, and programs on their IPADS.
Pensacola Campus
8527 02/08-03/14 M 4:00pm - 6:00pm 2149

R 05707  KEYBOARD TYPING FOR KIDS $60
(16 hours) Improve your computer skills through practice in structured group activities and individualized assistance. Learn touch typing through drills and practice.
Pensacola Campus
8407 02/27-04/23 SA 9:00am - 11:00am 2149

R 05728  MICROSOFT WORD 2013 INTRODUCTION $72
(12 hour) Designed to teach students how to effectively maneuver in Microsoft Word 2013.
Pensacola Campus
8455 02/09-03/15 T 3:00pm - 5:00pm 2150
Pensacola Campus
8456 03/29-05/02 T 3:00pm - 5:00pm 3142L

For clarification on room number assignments, please call 850-484-1797.
For Recreation and Leisure courses, visit our website at www.pensacolastate.edu/ce, call us at 850-484-1797 or email us at ce@pensacolastate.edu.

PARKING DECAL Continuing Education students need parking decals for their vehicles.

Take vehicle registration and student ID or class registration to the Pensacola State College Police Department located in the Student Center, Building 5, Pensacola campus; Building 4000, Milton campus; Building 3600, Warrington campus.

For clarification on room number assignments, please call 850-484-1797.
CREATIVE WRITING

R 05773  CREATIVE WRITING FOR FUN $70
(12 hours) Designed to teach students how to be more creative by providing writing tips on how to bring out their creative side. All writing-experience levels are welcome.

Pensacola Campus
8500 02/04-03/10  R  6:00pm - 8:00pm  1703

CREATIVE WRITING ONLINE

R 02846  BEGINNER’S GUIDE TO GETTING PUBLISHED $99
(12 hours) Learn how to give yourself the credibility you need to get your books and articles published. For information and demonstration visit www.ed2go.com/ce
Internet
8121 01/13-04/22  Open

R 03506  BEGINNING WRITER’S WORKSHOP $99
(12 hours) Get a taste of the writer’s life and improve your writing skills in this introduction to writing creatively. Discover a variety of strategies and techniques the pros use to develop characters, create a compelling point of view, build interest through dialogue and add meaning to your stories.
For information and demonstration visit www.ed2go.com/ce.
Internet
8126 01/13-04/22  Open

R 02138  CRAFT OF MAGAZINE WRITING $99
(12 hours) Learn plenty of powerful brainstorming techniques designed to practically write every article for you.
For information and demonstration visit www.ed2go.com/ce.
Internet
8093 01/13-04/22  Open

R 03514  MYSTERY WRITING $99
(12 hours) Course uses vivid examples from bestselling novels to learn the techniques you need to become a successful mystery author.
For information and demonstration visit www.ed2go.com/ce.
Internet
8127 01/13-04/22  Open

R 05455  ROMANCE WRITING $99
(12 hours) This online course is designed to show students the structure and concepts that will enable them to write a mind-grasping fantasy novel.
For information and demonstration visit www.ed2go.com/ce
Internet
8237 01/13-04/22  Open

R 05135  SCREENWRITING, INTRODUCTION $99
(12 hours) Online course progresses from how to write a script — structure, character creation and dialogue — to tips for marketing and selling a screenplay.
For information and demonstration visit www.ed2go.com/ce
Internet
8214 01/13-04/22  Open

R 04391  WRITE AND PUBLISH YOUR NONFICTION BOOK $99
(12 hours) Learn how to write your own non-fiction book while also gaining the skills to have your book published.
For information and demonstration visit www.ed2go.com/ce.
Internet
8147 01/13-04/22  Open

R 03909  WRITE YOUR LIFE STORY $99
(12 hours) Learn the step-by-step process to capturing ideas about your life. Course provides all the tools to tell the stories in your life.
For information and demonstration visit www.ed2go.com/ce.
Internet
8138 01/13-04/22  Open

R 03516  WRITING FOR CHILDREN $99
(12 hours) Published children's author shows you how to touch the heart of children by creating books for them. For information and demonstration visit www.ed2go.com/ce.
Internet
8128 01/13-04/22  Open

R 05451  WRITING THE FANTASY NOVEL $99
(12 hours) This online course is designed to show students the structure and concepts that will enable them to write a mind-grasping fantasy novel.
For information and demonstration visit www.ed2go.com/ce
Internet
8237 01/13-04/22  Open

R 05057  WRITING YOUNG ADULT FICTION $99
(12 hours) Students will get tips for breaking into one of today's hottest publishing markets as they develop their own young adult stories.
For information and demonstration visit www.ed2go.com/ce.
Internet
8211 01/13-04/22  Open

CUISINE

R 05272  A SPOT OF TEA WITH JAMES STEGALL $25
(3 hours) Designed to enlighten students about rare and interesting teas. Opportunities to sample exotic teas, while learning a little bit about the history of tea.
Perdido Community Center
8303 01/25  M  1:00pm - 4:00pm  PCC 2103
Pensacola Campus
8304 02/22  M  6:00pm - 9:00pm  1703
South Santa Rosa Center
8305 04/18  M  6:00pm - 9:00pm  5131A

R 05759  ARTISAN CHEESE MAKING $78
(12 hours) Designed to involve students in making cheese, such as Mozzarella, Feta, Caerphilly, and Farm Cheddar Cheese.
Perdido Key Community Center
8478 02/04-02/25  R  6:00pm - 9:00pm  PKEY

These fees are established to cover the cost of individual courses. Fee structure is subject to change.
Fees, unless otherwise noted, do not include the cost of textbooks or supplies.

Spring 2016
R 05782  ASIAN FAVORITES & TREATS  $44
(3 hours) Designed to provide hands-on practice in preparing their favorite Asian treats such as egg rolls, soba noodle soup, noodle salad, sticky chicken, coconut shrimp and stir-fried beef and broccoli. Students may eat what they prepare. Food included.
Pensacola Campus
8525  04/09  SA  11:00am - 2:00pm  0540

R 05777  COOKING WITH LEIHUA  $56
(8 hours) Designed to teach students different technical knife cuts while also learning a new style of Polynesian cooking.
Perdido Key Community Center
8516  01/26-02/04  T R  10:00am - 12 noon  PKEY
8517  02/08-02/17  M W  10:00am - 12 noon  PKEY
8518  02/23-03/03  T R  10:00am - 12 noon  PKEY
Sanders Beach-Corrine Jones Center
8519  04/05-04/14  T R  10:00am - 12 noon  SBCJ
8520  04/18-04/27  M W  10:00am - 12 noon  SBCJ

R 05781  DON'T CHICKEN OUT/BE A CHICKEN  $44
(3 hours) Designed to help students to rethink chicken: cream it, casserole it, create it into a new and interesting presentation. Food included.
Pensacola Campus
8524  03/13  SU  3:00pm - 6:00pm  0540

R 05778  FOR THE FREEZER  $44
(3 hours) Designed to teach students how to make meals today and freeze for when needed. Learn great recipes that stand the cold, short-cuts for food prep, and techniques for successful freezing. Food included.
Pensacola Campus
8521  02/26  F  4:00pm - 7:00pm  0540

R 05780  SPICY DATE NITE  $44
(3 hours) Explore this perfect date and party food. Master the trendy Taco and all its ingredients, while exploring the rainbow of flavorful spices from our wide choices of chili peppers. Students may eat what they prepare. Food included.
Pensacola Campus
8523  02/13  SA  4:00pm - 7:00pm  0540

R 05779  VEGETARIAN WITH MUSCLE  $44
(3 hours) Designed to take vegetables/fruits and play with them to make a great meal. Explore the avocado terrine, the potato soufflé, vegetable gouzere, and tofu strudel. Students may eat what they prepare. Food included.
Pensacola Campus
8522  04/29  F  4:00pm - 7:00pm  0540

DANCE

R 05733  BALLROOM DANCE SOCIAL FOUNDATION  $80
(20 hour) Designed to allow students to have fun and be confident in many social dance situations like holiday parties, weddings, or just a night out through the demonstration and practice of step patterns and basic techniques of leading and following, as well as musical timing and blending steps.
Milton Campus
8412  02/16-04/26  T  6:00pm - 8:00pm  GYM

DOG OBEDIENCE

*Note: These courses have Primary Handler and 2nd Handler course numbers and sections. If only one person is training with the dog, enroll in a Primary Handler course and section. Documentation concerning your puppy’s/dog’s inoculation records, including Rabies and Bordetella, must be presented to the instructor at the first class meeting or orientation.

For Recreation and Leisure courses, visit our website at www.pensacolastate.edu/ce, call us at 850-484-1797 or email us at ce@pensacolastate.edu.
### R 04628  DOG MANNERS (PRIMARY HANDLER)  $38
(6 hours) Basic obedience for the family puppy or dog using primarily positive techniques including sit, down, stay, come, leash walking and house manners. Bring puppy/dog to first class meeting and inoculation records. This shorter training format is suitable for puppies and dogs.

Warrington Campus
8381  03/12-04/23  SA  12:00pm - 12:50pm  3216

### R 04629  DOG MANNERS (2ND HANDLER)  $20
(6 hours) Reduced price for 2nd handler for the same dog.

Warrington Campus
8382  03/12-04/23  SA  12:00pm - 12:50pm  3216

### Orientation Schedule for Dog Obedience, Dog Obedience II and Puppy Kindergarten:

**Milton Campus** — First class meeting is 6:00 p.m.–7:30 p.m. Do not bring dogs to Orientation.

**Warrington Campus** — First class meeting is 10:00 a.m.–11:30 a.m. Do not bring dogs to Orientation.

**South Santa Rosa Center** — First class meeting is 6:00 p.m.–7:30 p.m. Do not bring dogs to Orientation.

### R 00208  DOG OBLIEANCE  $45
(10 hours) Learn basic commands such as sit, down, stay, come and leash walking using primarily positive methods. Learn how to make your dog part of the family. Ages 4 months and older.

South Santa Rosa Center
8354  02/09-04/19  T  6:00pm - 6:55pm  5132
Milton Campus
8355  02/16-04/26  T  6:00pm - 6:50pm  4019
Warrington Campus
8356  02/20-04/30  SA  9:30am - 10:20am  3216

### R 03529  DOG OBLIEANCE (2ND HANDLER)  $20
(10 hours) Reduced price for 2nd handler for same dog.

South Santa Rosa Center
8361  02/09-04/19  T  6:00pm - 6:55pm  5132
Milton Campus
8362  02/16-04/26  T  6:00pm - 6:50pm  4019
Warrington Campus
8363  02/20-04/30  SA  9:30am - 10:20am  3216

### R 02416  DOG OBLIEANCE II  $45
(10 hours) Reinforce basic commands and work towards AKC Canine Good Citizen certification skills. Prerequisite: Basic Obedience or instructor permission.

South Santa Rosa Center
8358  02/09-04/19  T  7:00pm - 7:55pm  5132
Warrington Campus
8359  02/20-04/30  SA  10:30am - 11:20am  3216

### R 03530  DOG OBLIEANCE II (2ND HANDLER)  $20
(10 hours) Reduced price for 2nd handler for same dog.

South Santa Rosa Center
8364  02/08-04/19  T  7:00pm - 7:55pm  5132
Warrington Campus
8365  02/02-04/30  SA  10:30am - 11:20am  3216

### R 05756  DOG OBLIEANCE II (SHORT VERSION)  $38
(6 hours) Reinforce basic commands and work towards AKC Canine Good Citizen skills and trick dog titles. Prerequisite: Basic Obedience or Instructor Permission.

Milton Campus
8475  03/08-04/19  T  7:00pm - 7:50pm  4019

### R 05757  DOG OBLIEANCE II (SHORT)  2ND HANDLER  $20
(6 hours) Reduced price for 2nd handler for same dog.

Milton Campus
8476  03/06-04/19  T  7:00pm - 7:50pm  4019

### R 04633  START A PET SITTING BUSINESS  $99
(12 hours) Discover how to translate your love of animals into a fun and profitable career.

For information and demonstration visit www.ed2go.com/cz.

Internet
8178  01/13-04/22  Open

### R 05785  SERVICE DOG MANNERS  $28
(4 hours) Designed specifically for service dog skills. This course will be a small class, focused on basic obedience, public access skills or task training. Dogs must be house trained. Prerequisite: Instructor Approval.

Warrington Campus
8528  02/27-03/19  SA  1:00pm - 1:50pm  3216

### DRIVER IMPROVEMENT

### R 04404  MOTORCYCLE SAFETY FOUNDATION BASIC RIDER COURSE  $180
(15 hours) The Motorcycle Safety Foundation Basic Rider course is a complete course of instruction for those who wish to develop safe street-riding skills and obtain a motorcycle endorsement. Classroom instruction is combined with motorcycle riding activities on an approved training range. Student will need to successfully complete the skills riding evaluation and the written exam to receive a Rider Course Completion Card. Student hand book, insurance, helmet and motorcycle are provided. Students must provide long-sleeve shirt or jacket, full-fingered gloves, long pants and sturdy footwear which covers the ankles. Students may bring their own DOT/Smell Foundation approved helmet. Students must be at least 15 years of age and hold a valid Florida learner’s permit for 6 months in order to participate in this course. Motorcycles are provided by Southern Motor Sports Safety.

Pensacola Campus
8149  01/09-01/10  SA SU  7:00am - 5:00pm  1702
8150  01/16-01/17  SA SU  7:00am - 5:00pm  1702
8151  01/23-01/24  SA SU  7:00am - 5:00pm  1702
8152  01/30-02/01  SA SU  7:00am - 5:00pm  1702
8153  02/06-02/07  SA SU  7:00am - 5:00pm  1702
8154  02/13-02/14  SA SU  7:00am - 5:00pm  1702
8155  02/20-02/21  SA SU  7:00am - 5:00pm  1702
8156  02/27-03/08  SA SU  7:00am - 5:00pm  1702
8157  03/06-03/07  SA SU  7:00am - 5:00pm  1702
8158  03/13-03/14  SA SU  7:00am - 5:00pm  1702
8159  03/20-03/21  SA SU  7:00am - 5:00pm  1702
8160  03/26-03/27  SA SU  7:00am - 5:00pm  1702
8161  04/02-04/03  SA SU  7:00am - 5:00pm  1702
8162  04/09-04/10  SA SU  7:00am - 5:00pm  1702
8163  04/16-04/17  SA SU  7:00am - 5:00pm  1702
8164  04/23-04/24  SA SU  7:00am - 5:00pm  1702
8165  04/30-05/01  SA SU  7:00am - 5:00pm  1702
R 04644 ADVANCED DRIVER IMPROVEMENT ONLINE $79
(12 hours) Have a suspended driver’s license due to multiple traffic citations? Implement better driving habits and deter the irresponsible behaviors that lead to habitual traffic offenses, suspensions and/or revocation. Students must have their driver’s license or state identification card, their most recent citation number and, if applicable, their court case number available for course completion to be processed.
NOTE: After Registering and paying for your course, call 850-484-1797 to get the website and your redemption code.
Internet 8184 01/04-05/02 Open

R 04293 BASIC DRIVER IMPROVEMENT ONLINE $27
(4 hours) Online option for students who have received a minor traffic citation. Course is designed to help licensed drivers function more effectively and efficiently in traffic. Students must have their citation number and driver’s license number (and if applicable, court case number) available for course to be processed completely.
NOTE: After Registering and paying for your course, call 850-484-1797 to get the website and your redemption code.
Internet 8141 01/04-05/02 Open

R 04204 FIRST TIME DRIVER COURSE ONLINE $29
(4 hours) Meets the state requirement for TLSAE/DATA Traffic Law and Substance Abuse Education: This course will familiarize first-time drivers with lawful and courteous driving habits. Individuals ages 17 and under are required to take this course in order to receive their learner’s permit. Individuals 18 and older are required to complete this course before taking their driver’s exam and receiving their driver’s license.
NOTE: After Registering and paying for your course, call 850-484-1797 to get the website and your redemption code.
Internet 8142 01/04-05/02 Open

For general information regarding Pensacola State College, please refer to the college website: www.pensacolastate.edu.

Ed2Go Courses
A new section of each course starts monthly. Start dates for the Fall term will be 1/13/16, 2/10/16, 3/16/16, 4/13/16
All courses run for six weeks.
To view specific course descriptions and lesson plans please visit www.ed2go.com/ce
For instructions on how to register, please visit Continuing Education’s website at www.pensacolastate.edu/ce
• Look for the link below “Recreation and Leisure”
• Click on instructions for taking online courses

R 04645 JUDGE ORDERED TRAFFIC COURSE ONLINE $37
(8 hours) Online course will fulfill the requirement of an 8-hour traffic class that a court or judge has ordered.
NOTE: After Registering and paying for your course, call 850-484-1797 to get the website and your redemption code.
Internet 8185 01/04-05/02 Open

R 04646 MATURE DRIVER COURSE ONLINE $27
(6 hours) For students over 55 years old with a Florida Driver’s License to save money on car insurance by taking a 6-hour accident prevention course.
NOTE: After Registering and paying for your course, call 850-484-1797 to get the website and your redemption code.
Internet 8186 01/04-05/02 Open

ENGLISH

R 05722 GRAMMAR FOR ESL PRIVATE LESSONS $150
(6 hour) Designed for ESOL (English for Speakers of Other Languages) students for improvement of their English grammar.
Pensacola Campus 8408 01/25-05/02 Open with Carmen Echegaray

ENGLISH ONLINE

R 04634 EASY ENGLISH I $99
(12 hours) Learn the basic English skills you need for real-life activities including shopping, job-hunting and handling medical emergencies. For information and demonstration visit www.ed2go.com/ce.
Internet 8179 01/13-04/22 Open

R 04635 EASY ENGLISH II $99
(12 hours) Review some basic English skills and build more intermediate-level English skills for real-life activities including using the bank, finding a job or a home, dealing with sicknesses and making good shopping decisions. For information and demonstration visit www.ed2go.com/ce.
Internet 8180 01/13-04/22 Open

R 04641 GRAMMAR FOR ESL $99
(12 hours) Provides an in-depth analysis of English grammar and structure so that you will be more prepared to succeed in any class taught in English. For information and demonstration visit www.ed2go.com/ce.
Internet 8183 01/13-04/22 Open

R 03901 GRAMMAR REFRESHER $99
(12 hours) Grammar is fun if you know the rules. Interactive exercises will give you ample opportunity to put into practice everything you learn. For information and demonstration visit www.ed2go.com/ce.
Internet 8135 01/13-04/22 Open

R 04640 WRITING FOR ESL $99
(12 hours) Learn how to write in English more effectively to succeed in college and at work.
Internet 8182 01/13-04/22 Open
**FAMILY, FUN AND COLLEGE**

R 03898  GENEALOGY BASICS  $99
(12 hours) Learn in simple terms where to look, who to contact and how to use the genealogical research tools of the computer and Internet to further your research.
For information and demonstration visit www.ed2go.com/ce.
Internet  8133  01/13-04/22  Open

R 04511  WOW, WHAT A GREAT EVENT!  $99
(12 hours) Learn how to create and coordinate successful events.
Develop skills, find resources and gain confidence to plan and produce any size or type of event.
For information and demonstration visit www.ed2go.com/ce.
Internet  8166  01/13-04/22  Open

**FITNESS/PHYSICAL EDUCATION**

R 03366  BODY SCULPTING  $96
(24 hours) Get a full body work out using Cardio Kickboxing, free weights, exercise balls and bands. Basic foundational techniques of Karate, Tai Chi and stretching will be applied.
Note: Pensacola campus students will need to bring floor mats.
Pensacola Campus  8360  02/01-04/28  M R  7:00pm - 8:00pm  1903

R 05265  BODY SCULPTING  $60
(12 hours) Get a full body work out using Cardio Kickboxing, free weights, exercise balls and bands. Basic foundational techniques of Karate, Tai Chi and stretching will be applied.
Note: Pensacola campus students will need to bring floor mats.
Pensacola Campus  8389  02/01-04/25  M  7:00pm - 8:00pm  1903
  8390  02/04-04/28  R  7:00pm - 8:00pm  1903

R 05741  YOGA  $75
(16.5 hour) Learn gentle stretching exercises and yoga postures which will increase overall flexibility, muscle tone and strength, through relaxation and breathing techniques.
Milton Campus  8181  02/04-04/21  R  5:30pm - 7:00pm  4018

R 05774  ZUMBA FITNESS  $25
(4 hours) Participate in a Latin-dance-inspired workout that incorporates all elements of fitness (cardio, muscle conditioning, balance and flexibility) into one hour total body workout. Combines Latin and International music with an interval training concept that is the most efficient form of workout.
Pensacola Campus  8501  02/05-02/26  F  5:00pm - 6:00pm  9663
  8502  02/11-03/03  R  10:00am - 11:00am  3230
Milton Campus  8503  02/16-03/08  T  9:30am - 10:30am  4018

No time to sit in a classroom?
Schedule too hectic to attend classes?
Our ONLINE Continuing Education courses may be just what you are looking for . . . six week classes, easy access, work at your own pace, reasonable tuition, and excellent instructors.

R 05775  ZUMBA TONING  $25
(4 hours) Utilizes an innovative muscle protocol and the addition of lightweight toning sticks or dumbbells. Emphasis will be on muscle work along with rhythms — a combination of cardio and dynamic resistive exercise providing students with a safe and effective total body workout.
Pensacola Campus  8504  03/04-04/01  F  5:00pm - 6:00pm  9663
Warrington Campus  8505  03/17-04/14  R  10:00am - 11:00am  3230
Milton Campus  8506  03/29-04/19  T  9:30am - 10:30am  4018

**FITNESS CENTER COURSES**

R 03567  EXPRESS ORIENTATION TO THE L.I.F.E. FITNESS CENTER  $97
(100 hours) Students will receive a four hour orientation to the L.I.F.E. Fitness Center in the use of nautilus and free weights, as well as cardiovascular training equipment. Students will be involved in performing a number of fitness assessments. After completion of orientation, students will be able to utilize the L.I.F.E. Fitness Center facility for the scheduled term.
For dates and times Pensacola Campus call 850-484-1310; for Milton Campus call 850-484-4490.
Pensacola Campus  8266  01/06-05/10  Open  0150
Milton Campus  8328  01/11-05/10  M W  9:00am - 11:00am  4016
  8329  01/11-05/10  M W  5:30pm - 7:30pm  4016
  8330  02/01-05/10  M W  9:00am - 11:00am  4016
  8331  02/01-05/10  M W  5:30pm - 7:30pm  4016
  8332  02/15-05/10  M W  9:00am - 11:00am  4016
  8333  02/15-05/10  M W  5:30pm - 7:30pm  4016

R 04850  EXPRESS ORIENTATION TO THE L.I.F.E. FITNESS CENTER 2ND FAMILY MEMBER  $56
(100 hours) Designed for 2nd family member enrolling in course.
Pensacola Campus  8273  01/06-05/10  Open  0150
Milton Campus  8334  01/11-05/10  M W  9:00am - 11:00am  4016
  8335  01/11-05/10  M W  5:30pm - 7:30pm  4016
  8336  02/01-05/10  M W  9:00am - 11:00am  4016
  8337  02/01-05/10  M W  5:30pm - 7:30pm  4016
  8338  02/15-05/10  M W  9:00am - 11:00am  4016
  8339  02/15-05/10  M W  5:30pm - 7:30pm  4016

R 04852  EXPRESS ORIENTATION TO THE L.I.F.E. FITNESS CENTER 3RD FAMILY MEMBER  $31
(100 hours) Designed for 3rd family member enrolling in course.
Pensacola Campus  8275  01/06-05/10  Open  0150
Milton Campus  8344  01/11-05/10  M W  9:00am - 11:00am  4016
  8345  01/11-05/10  M W  5:30pm - 7:30pm  4016
  8346  02/01-05/10  M W  9:00am - 11:00am  4016
  8347  02/01-05/10  M W  5:30pm - 7:30pm  4016
  8348  02/15-05/10  M W  9:00am - 11:00am  4016
  8349  02/15-05/10  M W  5:30pm - 7:30pm  4016

Please share this schedule with a friend or colleague.

Spring 2016
<table>
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<th>Course Code</th>
<th>Course Name</th>
<th>Fee</th>
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<tr>
<td>R 03566</td>
<td>EXPRESS ORIENTATION TO THE L.I.F.E. FITNESS CENTER</td>
<td>$64</td>
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<td>(64 hours) Students will receive a four hour orientation to the L.I.F.E. Fitness Center in the use of nautilus and free weights as well as cardiovascular training equipment. Students will be involved in performing a number of fitness assessments. After completion of orientation, students will be able to utilize the L.I.F.E. Fitness Center facility for the scheduled term. For dates and times Pensacola Campus call 850-484-1310; for Milton Campus call 850-484-4490.</td>
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<td>Pensacola Campus</td>
<td>8265</td>
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<td>03/14-05/10 M W 5:30pm - 7:30pm</td>
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<td>8326</td>
<td>03/28-05/10 M W 9:00am - 11:00am</td>
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<td>Milton Campus</td>
<td>8327</td>
<td>03/28-05/10 M W 5:30pm - 7:30pm</td>
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<tbody>
<tr>
<td>R 04851</td>
<td>EXPRESS ORIENTATION TO THE L.I.F.E. FITNESS CENTER</td>
<td>$38</td>
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<td>(64 hours) Designed for 2nd family member enrolling in course.</td>
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<td>Pensacola Campus</td>
<td>8274</td>
<td>03/09-05/10 Open</td>
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<tr>
<td>Milton Campus</td>
<td>8340</td>
<td>03/14-05/10 M W 9:00am - 11:00am</td>
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<tr>
<td>Milton Campus</td>
<td>8341</td>
<td>03/14-05/10 M W 5:30pm - 7:30pm</td>
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<tr>
<td>Milton Campus</td>
<td>8342</td>
<td>03/28-05/10 M W 9:00am - 11:00am</td>
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<tr>
<td>Milton Campus</td>
<td>8343</td>
<td>03/28-05/10 M W 5:30pm - 7:30pm</td>
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<tr>
<td>R 04853</td>
<td>EXPRESS ORIENTATION TO THE L.I.F.E. FITNESS CENTER</td>
<td>$21</td>
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<td>(64 hours) Designed for 3rd family member enrolling in course.</td>
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<td>Pensacola Campus</td>
<td>8276</td>
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<td>Milton Campus</td>
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<td>8352</td>
<td>03/28-05/10 M W 9:00am - 11:00am</td>
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<tr>
<td>Milton Campus</td>
<td>8353</td>
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<tbody>
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<td>R 04606</td>
<td>EXPRESS STUDENT ORIENTATION TO THE L.I.F.E. FITNESS CENTER</td>
<td>$20</td>
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<td>(2 hours) Orientation for the L.I.F.E. Fitness Center for currently enrolled college credit students only. For dates and times: Pensacola Campus call 850-484-1310; Milton Campus call 850-484-4490; Warrington Campus call 850-484-2293.</td>
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<tr>
<td>Pensacola Campus</td>
<td>8270</td>
<td>01/06-05/10 Open</td>
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<td>Milton Campus</td>
<td>8271</td>
<td>01/06-05/10 Open</td>
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<tr>
<td>Warrington Campus</td>
<td>8272</td>
<td>01/06-05/10 Open</td>
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<tr>
<td>R 00672</td>
<td>INDOOR TRACK &amp; BASKETBALL GYM</td>
<td>$28</td>
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<tr>
<td></td>
<td>(90 hours) Course authorizes the enrollee to use the Milton Campus L.I.F.E. Center indoor track and basketball gymnasium during the term(s) enrolled. The indoor track and the basketball gymnasium are available for use during scheduled open hours. For safety reasons, children under five years of age are not permitted to enroll in this course or permitted to use these areas. Children ages five through 15 may enroll, but must have an adult with them at all times, who also is registered for this course. Young people (16 years of age or older) may participate without supervision.</td>
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<tr>
<td>Milton Campus</td>
<td>8256</td>
<td>01/06-05/10 Open</td>
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</tbody>
</table>

Don't see what you want? Send us your suggestions! ce@pensacolastate.edu or call 850-484-1797.

For Recreation and Leisure courses, visit our website at www.pensacolastate.edu/ce, call us at 850-484-1797 or email us at ce@pensacolastate.edu.
FOREIGN LANGUAGES

R 02306 ASL I, AMERICAN SIGN LANGUAGE $90
(20 hours) Learn the technique of using gestures and symbols to represent groups of words. Course is for the hearing individuals who wish to learn the rudiments of sign language.
South Santa Rosa Center
8426 02/11-04/28 R 6:00pm - 8:00pm 5188
Pensacola Campus
8427 02/16-02/25 T 6:15pm - 8:15pm 0463

R 04614 FRENCH, BASIC CONVERSATIONAL $80
(16 hours) Course will provide basic French common words and phrases with practical exercises for leisure and business communication.
Pensacola Campus
8418 04/05-04/28 T R 6:00pm - 8:00pm 0468

R 04414 FRENCH I $80
(16 hours) You are introduced to the French language and culture. Course includes pronunciation drills and reading with emphasis on comprehension.
Pensacola Campus
8420 02/02-02/25 T R 6:00pm - 8:00pm 0468

R 04415 FRENCH II $80
(16 hours) Course introduces grammatical rules with emphasis on comprehension and continuation of French I.
Pensacola Campus
8419 03/01-03/31 T R 6:00pm - 8:00pm 0468

R 05316 ITALIAN I $80
(16 hours) Introduces students to the basic concepts of the Italian language while focusing on the Italian culture.
Pensacola Campus
8454 02/23-04/19 T 12:30pm - 2:30pm 0462

R 05763 JAPANESE FOOD MANNER, CULTURE AND LANGUAGE $60
(8 hours) What is the proper way to use chopsticks? Study different aspects of Japanese food, table manners, and language. Ideal for those who are planning to travel to Japan for business or leisure or just a way to refresh your memories of past experiences in Japan.
Pensacola Campus
8483 02/23-03/15 T 6:00pm - 8:00pm 1709
8484 04/05-04/26 T 6:00pm - 8:00pm 1709

R 05765 KOREAN CONVERSATION PRIVATE LESSONS $150
(6 hours) Private lessons in Korean language and culture. Students will learn the basics of Korean grammar, pronunciation, and usage. Progress at own pace.
Pensacola Campus
8488 01/25-05/02 Open with Shane Terrill
8489 01/25-05/02 Open with Shane Terrill

R 05764 KOREAN CONVERSATION & CULTURE $22
(3 hours) Introduces students to Korean culture and language providing essential information and phrases to those who may be traveling or relocating to Korea.
Pensacola Campus
8486 03/01-03/03 T R 9:00am - 10:30am 9663
Milton Campus
8485 02/02-02/04 T R 9:00am - 10:30am 4019
8487 04/05-04/07 T R 9:00am - 10:30am 4019

R 05766 KOREAN I $22
(3 hours) Study the Korean alphabet, grammar, and beginning phrases, while learning about South Korean culture.
Pensacola Campus
8491 03/07-03/09 M W 9:00am - 10:30am 1703
Milton Campus
8490 02/06-02/10 M W 9:00am - 10:30am 4019

R 05767 KOREAN II $22
(3 hours) Build on initial phrases and grammar skills learned in Korean I, while learning more about the history and culture of South Korea.
Pensacola Campus
8493 04/18-04/20 M W 9:00am - 10:30am 1703
Milton Campus
8492 03/14-03/16 M W 9:00am - 10:30am 4019

R 05248 RUSSIAN I $155
(15 hours) Introduction to the Russian language and culture. Students will learn the basics of Russian grammar, pronunciation and usage.
Pensacola Campus
8294 02/09-03/10 T R 3:00pm - 4:30pm 0468
8424 02/24-05/04 W 6:00pm - 7:30pm 0464
Milton Campus
8423 02/15-04/25 M 6:00pm - 7:30pm 4020
Warrington Campus
8295 03/29-04/28 T R 6:00pm - 7:30pm 3735

R 05102 RUSSIAN, INDIVIDUAL LESSONS $150
(6 hours) Designed to provide individuals with one-on-one lessons in Russian. Note: Class schedule/meeting time is arranged between student and instructor. Call 850-484-1797 for more information.
Pensacola Campus
8288 01/25-05/02 Open with Liuda Shimek
8292 01/25-05/02 Open with Anthonina Agadzi
South Santa Rosa Center
8290 01/25-05/02 Open with Liuda Shimek
Milton Campus
8289 01/25-05/02 Open with Luida Shimek
Warrington Campus
8291 01/25-05/02 Open with Liuda Shimek
8293 01/25-05/02 Open with Anthonina Agadzi

R 05148 SPANISH CONVERSATIONAL $80
(16 hours) Improve your ability to communicate using short phrases and sentences. Enhance your knowledge of Spanish food and culture.
Pensacola Campus
8388 01/25-02/17 M W 3:00pm - 5:00pm 0470

Any Private Lesson, Your Choice

(6 hours for $150) This course will allow you to learn at your own pace with one of our instructors in a subject area of your choice.
For more information call 850-484-1797.
Note: Class schedule/meeting time is arranged between student and instructor.
R 05723  SPANISH CONVERSATION INTERMEDIATE $80
(16 hour) After skills learned in Spanish I & II, continue to improve your ability to communicate in Spanish through the use of short phrases and sentences while enhancing your knowledge of Spanish culture.

Pensacola Campus 8409 02/22/13-03/15 M W 3:00pm - 5:00pm 0470

R 05724  SPANISH CONVERSATION ADVANCED $80
(16 hour) Continuing improvement of your ability to speak Spanish for self-expression and expand your active vocabulary. Course will focus on refining fluency in both formal and informal language skills.

Pensacola Campus 8410 04/04-04/27 M W 3:00pm - 5:00pm 0470

R 04411  SPANISH I $80
(16 hours) Introduction to the Spanish language and culture; grammar, vocabulary usage and pronunciation with an emphasis on speaking and understanding basic conversation.

Pensacola Campus 8368 02/23/17 T R 3:00pm - 5:00pm 0472

R 04412  SPANISH II $80
(16 hours) Building upon skills in Spanish I, including vocabulary, grammar pronunciation and speaking in conversation.

Pensacola Campus 8369 04/05/28 T R 3:00pm - 5:00pm 0472

R 05758  SPANISH III $80
(16 hours) Building upon skills in Spanish I and II, including vocabulary, grammar, pronunciation, and conversation.

Pensacola Campus 8477 01/26/18 T R 3:00pm - 5:00pm 0471

R 05429  SPANISH INDIVIDUAL LESSONS $150
(6 hours) One-on-one lessons in Spanish language and culture. Learn the basics of Spanish grammar, pronunciation and usage and progress at your own pace.

Note: Class schedule/meeting time is arranged between student and instructor. Call 850-484-1797 for more information.

Pensacola Campus 8395 01/25/02 Open with Carmen Echegaray 8396 01/25/02 Open with Claudia Breaux

R 04341  CONVERSATIONAL JAPANESE $99
(12 hours) Whether you want to learn conversational Japanese for travel or just for fun, you will find this course makes it easy and enjoyable for beginners to master the essentials of the Japanese language. For information and demonstration visit www.ed2go.com/ce.

Internet 8144 01/13/02/22 Open

R 05448  DISCOVER SIGN LANGUAGE $99
(12 hours) This online course is designed to show individuals the art of sign language and speak it effectively. For information and demonstration visit www.ed2go.com/ce.

Internet 8234 01/13/02/22 Open

R 02653  FRENCH BEGINNING CONVERSATIONAL $99
(12 hours) Learn common words and phrases for leisure and business. Pronunciation made simple, with phonetic spellings for every word and phrase you need to learn. For information and demonstration visit www.ed2go.com/ce.

Internet 8119 01/13/04/22 Open

R 03860  INSTANT ITALIAN $99
(12 hours) Learn how to express yourself comfortably in Italian. You will learn practical, everyday words and phrases that will make your stay in Italy more enjoyable. For information and demonstration visit www.ed2go.com/ce.

Internet 8139 01/13/04/22 Open

R 02084  SPEED SPANISH I $99
(12 hours) Designed for anyone who wants to learn Spanish pronto. Learn six easy recipes for gluing Spanish words together to form sentences. Que Bueno! For information and demonstration visit www.ed2go.com/ce.

Internet 8090 01/13/04/22 Open

R 03083  SPEED SPANISH II $99
(12 hours) Follow-up to the Speed Spanish course. Several new recipes help you quickly build fluency. You will see words, hear them pronounced properly and be granted plenty of opportunities to practice your pronunciation. For information and demonstration visit www.ed2go.com/ce.

Internet 8124 01/13/04/22 Open

R 05698  MEDITATION 101 $48
(9 hours) Learn the basics of how to meditate and how it can enhance life, expand perspectives and be healing to the mind, body and spirit.

Warrington Campus 8404 02/04/03/10 R 6:00pm - 7:30pm 3218
Pensacola Campus 8405 02/09/03/15 T 3:00pm - 4:30pm 0462
8406 02/10/03/16 W 11:00am - 12:30pm 0470

R 05734  MINDFULNESS WITH ZENTANGLE $35
(4 hour) Learn to draw simple patterns for fun, relaxation, inspiration and self-discovery. A certified Zentangle teacher will be the guide into a new world of creativity.

South Santa Rosa Center 8413 01/29/02/05 F 1:00pm - 3:00pm 5131A
Milton Campus 8414 02/20/02/27 SA 9:00am - 11:00am 4020
Pensacola Campus 8415 03/07/03/14 M 6:00pm - 8:00pm 1703
Warrington Campus 8416 04/09/04/16 SA 9:00am - 11:00am 3412

R 05772  TAI CHI & CHI KUNG $38
(5 hours) Relax and energize with gentle exercise that helps promote health, improve balance, flexibility and breathing. "Mediation in motion" structured for students who are in the area for a short stay.

Perdido Community Center 8534 02/04/03/10 R 9:00am - 10:00am PCC 2206

NOTE: The information provided in this booklet is subject to change without notice.

For up-to-date information, please visit our website at www.pensacolastate.edu/ce.

For Recreation and Leisure courses, visit our website at www.pensacolastate.edu/ce, call us at 850-484-1797 or email us at ce@pensacolastate.edu.
**Spring 2016**

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### HEALTH ONLINE

**R 05311 HAPPY AND HEALTHY PREGNANCY**  
**$99**  
(12 hours) Learn about the physical, emotional and social changes associated with pregnancy. Examine the latest nutrition, diet and exercise information.  
For more information and demonstration visit www.ed2go.com/ce.  
Internet  
8231 01/13-04/22 Open

**R 03903 INTRODUCTION TO NATURAL HEALTH AND HEALING**  
**$99**  
(12 hours) Discuss the various stages of health and illness. Learn the value of hydrotherapy, biorhythms, fasting; the power of the mind, healthy diet and more. Discover that true health means wholeness of the mind, body and spirit.  
For information and demonstration visit www.ed2go.com/ce.  
Internet  
8136 01/13-04/22 Open

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### HOBBIES

**R 04169 AMATEUR RADIO TESTING**  
**$20**  
(40.5 hours) This course will help prepare you to take the FCC Test for Technician, General and Extra.  
Pensacola Campus  
8139 02/15-04/28 M R 6:00pm - 8:00pm 1708

**R 04598 BEGINNING BRIDGE**  
**$45**  
(12 hours) Introduction of the fundamentals of bidding and playing Bridge with a focus on hand evaluations.  
Perdido Community Center  
8379 01/25-02/10 M W 1:00pm - 3:00pm PCC 2206

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### HOME AND GARDEN

**R 05750 BULBS, TUBERS AND Corms WITH JAMES STEGALL**  
**$40**  
(4 hours) Learn history, facts, and tips on growing tulips, irises, gladiolus, fritillaries, dahlias, daffodils, alliums, and more in the Pensacola area.  
South Santa Rosa Center  
8461 02/01-02/01 M 1:00pm - 5:00pm 5131A

**R 05270 FLORAL DESIGN PRIVATE LESSONS WITH JAMES STEGALL**  
**$150**  
(6 hours) Learn the basics of how to create beautiful floral designs for the home or for gifts through one-on-one individual instruction.  
Note: Class schedule/meeting time is arranged between student and instructor. Call (850)484-1797 for more information.  
Pensacola Campus  
8296 01/25-05/02 Open

**R 05271 FLORAL DESIGN WORKSHOP WITH JAMES STEGALL**  
**$25**  
(3 hours) Designed for you to create a floral centerpiece through hands on experience, while in class. Students will learn basic design and how to choose the appropriate materials when making an arrangement.  
South Santa Rosa Center  
8299 02/24 W 9:00am - 12 noon 5131A

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**R 04599 CONTRACT BRIDGE II**  
**$45**  
(12 hours) Continuation of the concepts taught in Bridge I. Students will play different hand strategies to increase confidence.  
Pensacola Bridge Center  
8380 02/15-03/02 M W 5:30pm - 7:30pm PBC
R 05751  GRANDMA’S PLANTS  
WITH JAMES STEGALL  $35
(3 hours) Designed to teach students about the beautiful blooming plants such as: Spirea, flowering almond, mock orange, and many more that were popular a few generations ago. 

Pensacola Campus  
8464  02/10  W  9:00am - 12 noon  9663  
8466  04/06  W  6:00pm - 9:00pm  1442  
South Santa Rosa Center  
8465  03/02  W  5:00pm - 8:00pm  5131A

R 05726  START YOUR OWN EDIBLE GARDEN  $99
(12 hours) Save money and become self-sufficient by growing a bounty of fruit and vegetables in your own backyard. Learn to prepare soil, select the right plants, protect against pests and diseases, along with watering and fertilizing correctly, so your garden will keep growing strong all season. 

For information and demonstration visit www.ed2go.com/ce.

Internet  
8247  01/13-04/22  Open

R 05752  TREES WITH JAMES W. STEGALL  $35
(3 hours) Learn about the kind of trees that grow best in Pensacola and how to plant/care for trees that are best suited to the area. 

Pensacola Campus  
8467  02/18  R  6:00pm - 9:00pm  1442  
8469  04/23  SA  9:00am - 12 noon  1442  
South Santa Rosa Center  
8468  03/10  R  1:00pm - 4:00pm  5132

INTERNET

R 04388  BLOGGING AND PODCASTING  
FOR BEGINNERS  $99
(12 hours) Gain a greater understanding of blogs, wikis and podcast. For information and demonstration visit www.ed2go.com/ce.

Internet  
8146  01/13-04/22  Open

R 02378  LEARN TO BUY AND SELL ON EBAY  $99
(12 hours) Auction pros teach you how to work from home to earn extra income by buying and selling goods online. Create titles that get noticed; craft advertising copy; create and upload photos; accept credit card payments; pack/ship items and more. 

For information and demonstration visit www.ed2go.com/ce.

Internet  
8117  01/13-04/22  Open

Ed2Go Courses
A new section of each course starts monthly.  
Start dates for the Fall term will be  
1/13/16, 2/10/16, 3/16/16, 4/13/16
All courses run for six weeks.  
To view specific course descriptions and lesson plans  
please visit www.ed2go.com/ce

For instructions on how to register, please visit  
Continuing Education’s website at  
www.pensacolastate.edu/ce

• Look for the link below “Recreation and Leisure”  
• Click on instructions for taking online courses

For general information regarding Pensacola State College, please refer to the college website:  
www.pensacolastate.edu.
**R 04574 SECOND BLOOMING FOR WOMEN: GROWING A LIFE THAT MATTERS AFTER 50**  
$30  
(3 hours) Make the second half of your life the BEST part of your life. Picture, plan and grow a fulfilling future guided through this interactive workshop, led by motivational author/speaker, Kathleen Logan.  
South Santa Rosa Center  
8370 02/01 M 6:00pm - 9:00pm 5131A  
8373 02/08 M 9:00am - 12 noon 5131A  
Pensacola Campus  
8371 02/02 T 1:00pm - 4:00pm 9663  
8374 02/09 T 9:00am - 12 noon 9663  
Warrington Campus  
8372 02/03 W 1:00pm - 4:00pm 3416  
8375 02/10 W 1:00pm - 4:00pm 3416

**R 05769 THRIVING FINANCIALLY TO & THROUGH DIVORCE**  
$38  
(4 hours) Designed to help students who are contemplating divorce or worried about the financial implications of their divorce, learn how to remain financially independent after your divorce.  
Pensacola Campus  
8495 02/23-02/25 T R 6:00pm - 8:00pm 1702  
8496 04/19-04/21 T R 6:00pm - 8:00pm 1702

**R 05467 WILLS AND TRUSTS**  
$15  
(2 hours) Emphasizes the importance of preparing Wills & Trusts. Identifies documents used in estate planning and explains the importance of preparing these during life. Learn the meanings of a Will, a Living Will and a Living Trust.  
Pensacola Campus  
8400 03/15 T 6:00pm - 8:00pm 1704  
8401 04/09 SA 9:00am - 11:00am 1703

**R 05762 AFRICAN AMERICAN CINEMA**  
$90  
(20 hours) Provides students socializing opportunities and stimulates intellectual discussions. Get the “African American Experience” through investigating films to see how the imagery, poetics, and politics of race have played and panned out in the history of American and Foreign films.  
Pensacola Campus  
8481 02/09-03/10 T R 6:00pm - 8:00pm 0464  
8482 03/29-04/28 T R 6:00pm - 8:00pm 0464

**R 04818 INTRODUCTION TO GUITAR**  
$99  
(12 hours) Learn to play the guitar step-by-step with the help of hands-on exercises, audio/video recordings and detailed illustrations.  
Internet  
8194 01/13-04/22 Open

**R 03904 MUSIC MADE EASY**  
$99  
(12 hours) Learn about rhythm, melody, harmony and how to recognize pitches on the musical staff on the keyboard.  
Internet  
8137 01/13-04/22 Open

**MUSIC ACADEMY**  
Music Academy offers private lessons for beginner, intermediate, and advanced students to help them develop musical skills. Courses are offered in Piano, Voice and Woodwinds. Approval is required from the Music Department before registration.  
Call 850-484-1800 for more information.

**MASSAGE THERAPY**

**R 04592 COUPLE MASSAGE**  
$25  
(4 hours) Students must register with a partner. Course includes instruction, demonstration, and hands-on practice. Wear comfortable clothes.  
Pensacola Campus  
8541 01/29 F 5:30pm - 9:30pm 1252  
8539 02/12 F 5:30pm - 9:30pm 1252  
8540 03/18 F 5:30pm - 9:30pm 1252  
8542 04/08 F 5:30pm - 9:30pm 1252

**MUSIC/THEATRE**

**R 05763 INDIAN ACTING COACHING**  
$150  
(6 hours) One-on-one coaching with Lawrence Gamell, Jr., a veteran of the stage for over 40 years.  
Note: Class schedule/meeting time is arranged between student and instructor. For more information call 850-484-1797.  
Pensacola Campus  
8376 01/25-05/02 Open  
8377 01/25-05/02 Open

Do you have a skill and a passion in a recreation and leisure subject? Are you willing to share this with the community?  
Contact Frances Yeo to discuss your course ideas.  
fyeo@pensacolastate.edu

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Spring 2016

15
PHOTOGRAPHY

R 05273  BASIC PHOTOGRAPHY WORKSHOP WITH JAMES STEGALL  $45
(7 hours) Learn about F-stops, shutter speeds and ISO’s, while on location in the field, with the expectation to walk away with some great shots. Hands-on photo opportunities at various locations. Camera required.
Perdido Community Center
8306 01/26 T 1:00pm - 5:00pm PCC-2103
01/27 W 7:30am - 11:30am
Pensacola Campus
8307 02/06 SA 7:30am - 11:30am 1442
02/06 SA 2:00pm - 5:00pm
8310 04/27 W 7:30am - 11:30am 1442
04/27 W 2:00pm - 5:00pm
South Santa Rosa Center
8308 03/04 F 7:30am - 11:30am 5132
03/04 F 2:00pm - 5:00pm
Century Center
8309 04/08 F 7:30am - 11:30am 7720
04/08 F 2:00pm - 5:00pm

R 05075  INDIVIDUAL PHOTOGRAPHY (PRIVATE LESSONS)  $150
(6 hours) One-on-one instruction and coaching to improve photography skills needed to reach goals. Open to all levels of ability. Schedule developed between student and teacher; instructors: James Stegall or Derek Ferebee.
Pensacola Campus
8285 01/25-05/02 Open
8287 01/25-05/02 Open
South Santa Rosa Center
8286 01/25-05/02 Open

R 05276  NATURE PHOTOGRAPHY WORKSHOP WITH JAMES STEGALL  $45
(7 hours) Students will visit sites and experiment with ways to get award winning shots of flowers, trees and other forms of nature. Enjoy hands-on photography opportunities at locations in nature.
Pensacola Campus
8315 02/20 SA 7:30am - 11:30am 1442
02/20 SA 2:00pm - 5:00pm
South Santa Rosa Center
8316 03/11 F 7:30am - 11:30am 5132
03/11 F 2:00pm - 5:00pm
Century Center
8317 04/29 F 7:30am - 11:30am 7720
04/29 F 2:00pm - 5:00pm

R 05274  NIGHT SHOOT PHOTOGRAPHY WORKSHOP WITH JAMES STEGALL  $30
(4 hours) Get beautiful photographs of things at night without using flash. Field trips planned for capturing a variety of scenes at night. Hands-on photo opportunities at various locations around Pensacola in the evening. Camera required.
Perdido Community Center
8311 02/02 T 5:00pm - 9:00pm PCC-2103
Pensacola Campus
8312 02/26 F 7:00pm - 11:00pm 1442
8314 05/02 M 7:00pm - 11:00pm 1442
South Santa Rosa Center
8313 04/21 R 7:00pm - 11:00pm 5131A

PHOTOGRAPHY ONLINE

R 05077  DIGITAL SCRAPBOOKING INTRODUCTION  $99
(12 hours) Combine digital and traditional scrapbooking techniques using Photoshop Elements to create art, collages and scrapbooks. For information and demonstration visit www.ed2go.com/ce.
Internet
8212 01/13-04/22 Open

R 02083  DISCOVER DIGITAL PHOTOGRAPHY  $99
(12 hours) Informative introduction to the fascinating world of digital photography equipment. For information and demonstration visit www.ed2go.com/ce
Internet
8089 01/13-04/22 Open

R 04339  PHOTOGRAPHING NATURE WITH YOUR DIGITAL CAMERA  $99
(12 hours) Learn how to use your digital camera to take stunning nature photos including: landscapes, flowers, animals and even macro shots. For information and demonstration visit www.ed2go.com/ce.
Internet
8143 01/13-04/22 Open

For clarification on room number assignments, please call 850-484-1797.

For Recreation and Leisure courses, visit our website at www.pensacolastate.edu/ce, call us at 850-484-1797 or email us at ce@pensacolastate.edu.
R 02675 PHOTOGRAPHING PEOPLE WITH YOUR DIGITAL CAMERA $99
(12 hours) Make taking beautiful pictures of adults, children and babies simple. Review and discover the best ways to shoot faces, repair common problems and more.
For information and demonstration visit www.ed2go.com/ce.
Internet 8212 01/13-04/22 Open

R 05310 PHOTOSHOP CREATIVE CLOUD FOR DIGITAL PHOTOGRAPHERS $99
(12 hours) Learn step-by-step instructions for correcting flaws, enhancing the final product, adding text and preparing images for email and the web.
For more information and demonstration visit www.ed2go.com/ce.
Internet 8230 01/13-04/22 Open

R 05454 PHOTOSHOP CREATIVE CLOUD FOR THE DIGITAL PHOTOGRAPHER II $99
(12 hours) This online course is a continuation of Photoshop Creative Cloud for the Digital Photographer and will show students more advanced techniques with layering, working with multiple selections, applying type masks and special effects and using filters to enhance images. Learn how to combine multiple images into collages and panoramic photos, retouch portraits and learn the tools and techniques for photo restoration.
For information and demonstration visit www.ed2go.com/ce.
Internet 8240 01/13-04/22 Open

R 05112 PHOTOSHOP CS6 FOR THE DIGITAL PHOTOGRAPHER $99
(12 hours) Learn how to use the tools and techniques of Adobe's Photoshop CS6 to edit and enhance photographic images.
For information and demonstration visit www.ed2go.com/ce.
Internet 8213 01/13-04/22 Open

R 05307 PHOTOSHOP ELEMENTS 12 FOR DIGITAL PHOTOGRAPHERS $99
(12 hours) Learn how to use Adobe Photoshop Elements 12 to successfully edit/fix photos and digital images.
For more information and demonstration visit www.ed2go.com/ce.
Internet 8228 01/13-04/22 Open

R 05428 PHOTOSHOP ELEMENTS 12 FOR DIGITAL PHOTOGRAPHERS II $99
(12 hours) Expand your knowledge about Adobe Photoshop Elements 12 — from quick fixes to detailed enhancements — to greatly improve the look of your digital photos.
For information and demonstration visit www.ed2go.com/ce.
Internet 8232 01/13-04/22 Open

R 05701 PHOTOSHOP ELEMENTS 13 FOR THE DIGITAL PHOTOGRAPHER $99
(12 hours) Learn to do quick fixes or detailed enhancements to improve digital images.
For information and demonstration visit www.ed2go.com/ce.
Internet 8243 01/13-04/22 Open

R 05702 PHOTOSHOP ELEMENTS 13 FOR THE DIGITAL PHOTOGRAPHER II $99
(12 hours) Build on basic working knowledge of Adobe Photoshop Elements 13 to master advanced features to improve digital images.
For information and demonstration visit www.ed2go.com/ce.
Internet 8244 01/13-04/22 Open

R 02373 SECRETS TO BETTER PHOTOGRAPHY $99
(12 hours) Explore strategies and learn a variety of tricks to create excellent photographs in all types of situations.
For information and demonstration visit www.ed2go.com/ce.
Internet 8116 01/13-04/22 Open

R 05264 YOUR DIGITAL SLR CAMERA $99
(12 hours) Get control of your digital SLR camera; learn how to master aperture, shutter speed, ISO, exposure settings and much more.
For information and demonstration visit www.ed2go.com/ce.
Internet 8225 01/13-04/22 Open

**Reading**

R 05481 LITERARY DISCUSSION $60
(12 hours) Explore the basic elements of literature: characters, setting, plot, tone and theme. Learn to apply issues, themes and resolutions to current events.
Pensacola Campus 8402 02/08-03/14 M 2:00pm - 4:00pm 0463
8403 03/30-05/04 W 2:00pm - 4:00pm 0463

R 02381 MERRILL REAM SPEED READING $99
(12 hours) Learn to read faster and with better comprehension from acclaimed speed reading expert Dr. Merrill Ream. Master the skills and techniques to become a proficient speed reader.
For information and demonstration visit www.ed2go.com/ce.
Internet 8118 01/13-04/22 Open

**Parking Decal** Continuing Education students need parking decals for their vehicles.

Take vehicle registration and student ID or class registration to the Pensacola State College Police Department located in the Student Center, Building 5, Pensacola campus; Building 4000, Milton campus; Building 3600, Warrington campus.
SELF DEFENSE/MARTIAL ARTS

R 05439 INTRODUCTION TO SHAOLIN-DO KUNG-FU $62
(12.5 hours) This traditional Chinese martial arts course will focus on self-defense techniques; comprised of basic stances, hand and foot strikes and very specific self-defense solutions to basic attacks. Students' overall coordination, flexibility and overall body strength should increase.

Pensacola Campus
8421 02/13-04/23 SA 9:30am - 11:00am 0312
8422 02/16-04/26 T 6:00pm - 7:30pm 1905

STUDENT ENRICHMENT

R 05159 ANY PRIVATE LESSON YOUR CHOICE $150
(6 hours) Learn at your own pace with one of our instructors in a subject area of your choice.
Note: Class schedule/meeting time is arranged between student and instructor. For more information call 850-484-1797.

Pensacola Campus
8215 01/25-05/02 Open
8216 01/25-05/02 Open

R 05247 ANY PRIVATE LESSON 2ND PERSON $50
(6 hours) Designed to allow a second person (friend or family member) to enroll and take the same lessons as a student who is already enrolled in a 6 hour private lesson course; by permission from the instructor.

Pensacola Campus
8222 01/25-05/02 Open
8223 01/25-05/02 Open

R 02253 GED TEST PREPARATION $99
(12 hours) Prepare to take the GED Test. Develop additional reading and thinking skills needed to succeed in all five areas: writing skills, social studies, science, literature and math.
For information and demonstration visit www.ed2go.com/ce.
Internet
8096 01/13-04/22 Open

R 02091 GRE PREPARATION PART I $99
(12 hours) Discover powerful strategies for success in the verbal reasoning and analytical writing sections of the GRE.
For information and demonstration visit www.ed2go.com/ce.
Internet
8091 01/13-04/22 Open

R 02092 GRE PREPARATION (PART II) $99
(12 hours) Learn a variety of useful techniques for tackling the quantitative reasoning sections of the GRE.
For information and demonstration visit www.ed2go.com/ce.
Internet
8092 01/13-04/22 Open

R 02945 INTRODUCTION TO ALGEBRA $99
(12 hours) Develop a rich understanding of the rudiments of algebra in a relaxed and supportive learning environment. Understand some of the most important algebraic concepts.
For information and demonstration visit www.ed2go.com/ce.
Internet
8122 01/13-04/22 Open

R 03897 MATH REFRESHER $99
(12 hours) Gain confidence in your basic math skills so you can start using math to your advantage.
For information and demonstration visit www.ed2go.com/ce.
Internet
8132 01/13-04/22 Open

R 02144 SAT/ACT PREPARATION PART I $99
(12 hours) Part I will give you all the information you need to do well on the verbal portion of the ACT and SAT.
For information and demonstration visit www.ed2go.com/ce.
Internet
8094 01/13-04/22 Open

R 02146 SAT/ACT PREPARATION PART II $99
(12 hours) Part II will give you all the information that you need to do well on the math portion of the ACT and SAT.
For information and demonstration visit www.ed2go.com/ce.
Internet
8095 01/13-04/22 Open

TRAVEL

R 05721 LET'S GO SOMEWHERE! WORKSHOP $25
(3 hour) Learn how to get the best price on airfares, how to work with TSA, find great vacation locations, passport needs and much more.

Pensacola Campus
8319 02/11 6:00pm - 9:00pm 1442
8321 04/04 6:00pm - 9:00pm 1442
South Santa Rosa Center
8320 03/08 T 1:00pm - 4:00pm 5131A
8322 04/22 F 9:00am - 12 noon 5131A

WEIGHT MANAGEMENT

R 04392 LOSE WEIGHT AND KEEP IT OFF $99
(12 hours) Help to reach your goal to lose weight, while you enhance your daily life with ways to keep off lost pounds.
For information and demonstration visit www.ed2go.com/ce.
Internet
8148 01/13-04/22 Open

Any Private Lesson, Your Choice

(6 hours for $150) This course will allow you to learn at your own pace with one of our instructors in a subject area of your choice.
For more information call 850-484-1797.
Note: Class schedule/meeting time is arranged between student and instructor.

OOPS! We cancelled your class because we didn't know you were interested.
Sometimes excellent classes with super instructors are canceled because people wait to register. Our programs need a minimum number enrolled before a class can run. So, don't wait! Avoid disappointment by registering early!
Pensacola State College offers professional gymnastics, cheerleading, and tumbling instruction in a safe and positive environment. Classes for boys and girls ages 18 months through adults are limited to six or eight students depending on the level of instruction. The classes focus on introductory level skills and progressively become more difficult. Every student moves through the levels according to each child’s own ability level and at the discretion of the coaches. All coaches are CPR and first aid certified and required to be instructor members of USA Gymnastics, the governing body of the Junior Olympic Program.

For more information, please call 850-484-1319, or visit www.pensacolastate.edu/gymnastics.

**RECREATIONAL GYMNASTICS**

Our recreational program offers classes for both girls and boys starting at age six. Lesson plans are designed to offer basic knowledge of gymnastics and teach the fundamentals of each apparatus while improving flexibility, agility, coordination, and self-confidence. Each child progresses through the levels according to skills not their age.

<table>
<thead>
<tr>
<th>Class Code</th>
<th>Level</th>
<th>Description</th>
<th>Age</th>
<th>Fee</th>
<th>Days</th>
<th>Time</th>
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<tbody>
<tr>
<td>R 00911</td>
<td>GIRLS LEVEL 1</td>
<td>$90</td>
<td>(8 hours)</td>
<td>Pensacola Campus</td>
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<td>01/11-02/29 M</td>
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<td>R 01245</td>
<td>GIRLS LEVEL 2</td>
<td>$90</td>
<td>(8 hours)</td>
<td>Pensacola Campus</td>
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<td>01/11-02/29 M</td>
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<td>R 02287</td>
<td>GIRLS LEVEL 3</td>
<td>$90</td>
<td>(8 hours)</td>
<td>Pensacola Campus</td>
<td>8101</td>
<td>01/11-02/29 M</td>
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<td>R 02282</td>
<td>GIRLS LEVEL 4</td>
<td>$90</td>
<td>(8 hours)</td>
<td>Pensacola Campus</td>
<td>8097</td>
<td>01/13-03/02 W</td>
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<tr>
<td>R 01249</td>
<td>BOYS, LEVELS 1-3 (AGES 6 AND UP)</td>
<td>$90</td>
<td>(8 hours)</td>
<td>Pensacola Campus</td>
<td>8076</td>
<td>01/14-03/03 R</td>
</tr>
</tbody>
</table>

**PRESCHOOL GYMNASTICS**

Our Pre-School program is for children ages 18 months—five years old. Lesson plans are based around building basic locomotion, coordination, and motor skills on equipment designed specifically for your child’s little hands and feet.

<table>
<thead>
<tr>
<th>Class Code</th>
<th>Description</th>
<th>Age</th>
<th>Fee</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>R 01234</td>
<td>PARENT ASSISTED (CHILD 18 MONTHS TO 2 YEARS)</td>
<td>$90</td>
<td>(8 hours)</td>
<td>Pensacola Campus</td>
<td>8042</td>
</tr>
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<tr>
<td>R 01235</td>
<td>TINY TUMBLERS (AGES 3-4)</td>
<td>$90</td>
<td>(8 hours)</td>
<td>Pensacola Campus</td>
<td>8043</td>
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<tr>
<td>R 01237</td>
<td>KINDERGYM (AGE 5)</td>
<td>$90</td>
<td>(8 hours)</td>
<td>Pensacola Campus</td>
<td>8054</td>
</tr>
</tbody>
</table>

**PERMISSION ONLY CLASSES**

The classes that are listed below are permission only. You must have the Gymnastics Coordinator signature to enroll your child.

<table>
<thead>
<tr>
<th>Class Code</th>
<th>Description</th>
<th>Age</th>
<th>Fee</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>R 01238</td>
<td>ADVANCED KINDERGYM</td>
<td>$90</td>
<td>(8 hours)</td>
<td>Pensacola Campus</td>
<td>8064</td>
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<tr>
<td>R 05292</td>
<td>GIRLS, LEVELS 5 AND 6</td>
<td>$180</td>
<td>(16 hours)</td>
<td>Pensacola Campus</td>
<td>8226</td>
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<tr>
<td>R 05754</td>
<td>ADVANCED BOYS, LEVELS 4 AND UP (AGES 6 AND UP)</td>
<td>$180</td>
<td>(8 hours)</td>
<td>Pensacola Campus</td>
<td>8471</td>
</tr>
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</tbody>
</table>
### R 01268 ADULT GYMNASTICS (AGES 16 AND UP) $90
(8 hours)
Pensacola Campus
8080 01/14-03/03 R 7:00pm - 7:55pm 1903
8081 03/10-05/05 R 7:00pm - 7:55pm 1903

### R 05755 ADVANCED TUMBLING $90
Pensacola Campus
8473 01/11-02/29 M 6:00pm - 6:55pm 1903
8474 03/07-05/02 M 6:00pm - 6:55pm 1903

### R 03340 GYMNASTICS TRIAL CLASS $6
(1 hour) Try a class one time and see if you like it. Phone Katie Camargo 850-484-1319 for permission and schedule.

### R 01255 GYMNASTICS, 3RD CHILD 1 HOUR PER WEEK $50
(8 hours)
Pensacola Campus
8078 01/11-03/03 TBA
8079 03/07-05/05 TBA

#### PRIVATE LESSONS

Private lessons are available for students (beginners to advanced) who wish to work one on one with a coach. This is permission only, you must get a signed registration form from the Gymnastics Coordinator, Katie Camargo. To set up a day and time please contact us at 850-484-1319.

### R 04824 GYMNASTICS PRIVATE LESSONS W/A RECREATION/CHEER COACH $78
(2 hours)
Pensacola Campus
8195 01/04-05/05 TBA
8196 01/04-05/05 TBA
8197 01/04-05/05 TBA
8198 01/04-05/05 TBA

### R 04826 GYMNASTICS PRIVATE LESSONS W/A COMPETITIVE TEAM COACH $110
(2 hours)
Pensacola Campus
8203 01/04-05/05 TBA
8204 01/04-05/05 TBA
8205 01/04-05/05 TBA
8206 01/04-05/05 TBA

### R 04825 GYMNASTICS PRIVATE LESSONS W/A RECREATION/CHEER COACH $152
(4 hours)
Pensacola Campus
8199 01/04-05/05 TBA
8200 01/04-05/05 TBA
8201 01/04-05/05 TBA
8202 01/04-05/05 TBA

### R 04827 GYMNASTICS PRIVATE LESSONS W/A COMPETITIVE TEAM COACH $220
(4 hours)
Pensacola Campus
8207 01/04-05/05 TBA
8208 01/04-05/05 TBA
8209 01/04-05/05 TBA
8210 01/04-05/05 TBA

### COMPETITIVE GIRLS TEAM GYMNASTICS

**PERMISSION ONLY**

The competitive program is designed for gymnasts that have a desire to push themselves physically and mentally. The team competes several times a year around the state and region. Please contact Katie Camargo at Kcamargo@pensacolastate.edu or 484-1319 for more information.

### R 04776 MIGHTY MITES $100
(16 hours)
Pensacola Campus
8187 01/04-01/31 TBA
8188 02/01-02/28 TBA
8189 02/01-02/28 TBA
8190 04/04-05/01 TBA

### R 05252 COMPETITIVE TEAM JETS A $135
(24 hours)
Pensacola Campus
8428 01/04-01/31 TBA
8429 02/01-02/28 TBA
8430 02/01-02/28 TBA
8431 04/04-05/01 TBA

### R 04777 COMPETITIVE TEAM JETS B $135
(24 hours)
Pensacola Campus
8432 01/04-01/31 TBA
8433 02/01-02/28 TBA
8434 02/01-02/28 TBA
8435 04/04-05/01 TBA

### R 05142 COMPETITIVE TEAM STARS A $150
(36 hours)
Pensacola Campus
8436 01/04-01/31 TBA
8437 02/01-02/28 TBA
8438 02/01-02/28 TBA
8439 04/04-05/01 TBA

### R 05143 COMPETITIVE TEAM STARS B $150
(36 hours)
Pensacola Campus
8440 01/04-01/31 TBA
8441 02/01-02/28 TBA
8442 02/01-02/28 TBA
8443 04/04-05/01 TBA

### R 05413 COMPETITIVE TEAM AERIALS $210
(60 hours)
Pensacola Campus
8444 01/04-01/31 TBA
8445 02/01-02/28 TBA
8446 02/01-02/28 TBA
8447 04/04-05/01 TBA

### R 05414 COMPETITIVE TEAM HIGH FLYERS $210
(60 hours)
Pensacola Campus
8448 01/04-01/31 TBA
8449 02/01-02/28 TBA
8450 02/01-02/28 TBA
8451 04/04-05/01 TBA

### R 05234 COMPETITIVE CONDITIONING $60
(12 hours)
Pensacola Campus
8218 01/04-01/31 TBA
8219 02/01-02/28 TBA
8220 02/01-02/28 TBA
8221 04/04-05/01 TBA

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**NOTE:** The information provided in this booklet is subject to change without notice. For up-to-date information, please visit our website at [www.pensacolastate.edu/ce](http://www.pensacolastate.edu/ce) or call 850-484-1797.
ON THE INTERNET
Web registration is available to everyone. Go to www.pensacolastate.edu/ce . Follow the instructions on the “Register Now” option of the Continuing Education page on the Pensacola State College website, always choosing Recreation and Leisure. Spyglass is also available for returning students.

WALK IN
Register in person at any Pensacola State College campus Registration Office. Pensacola, Building 2; Milton, Building 4200; Warrington, Building 3600.

BY MAIL
Mail your completed Continuing Education registration form, with payment information (do not send cash) to: Pensacola State College Cashier Office, 1000 College Blvd., Pensacola, FL 32504.

STUDENT ACCOMMODATIONS
Students with special needs must notify the Continuing Education, Recreation and Leisure Department a minimum of two business days before the course start date so appropriate accommodations can be arranged.

REFUNDS
To receive a refund for a course, students must withdraw prior to the second scheduled class meeting. For workshops, conferences, seminars and special training programs, students must withdraw prior to the first scheduled class meeting. Call 850-484-1797 to drop a course.

HOLIDAYS
Classes will not be held on Martin Luther King Jr. Day: Monday, January 18; Spring Break: Monday, March 21 – Sunday, March 27. For additional information regarding schedule changes due to holidays or other reasons, contact your instructor.

EMERGENCY CLOSING DUE TO INCLEMENT WEATHER
The decision to close Pensacola State College due to inclement weather is carefully weighed before it is made. If the college is closed because of inclement weather, every effort will be made to provide make-up sessions at the discretion of the college. Visit www.pensacolastate.edu; call 850-484-1000; tune into WCOA 1370 AM on the radio or WEAR TV3 for updated information regarding the college’s decision to close due to inclement weather (hurricane, flooding, etc.).

PSC ALERT
Students and employees are encouraged to sign up to receive messages using the new system which allows PSC to contact you in the event of a campus emergency, hazardous situation, weather-related college closure or other event requiring mass notification To register, go to: www.pensacolastate.edu/pscalert/.

ONGOING REGISTRATION
Walk-in registration: 7:30 a.m.–4 p.m. Monday–Friday
Web registration: Almost completely 24/7. Closed or short delays occasionally for end of day downloads.
Mail-in and night depository registration: Available at all times
The college offers extended hours during college credit registration. For more information call 850-484-1601.

PARKING DECAL
Continuing Education students must have parking decals on their vehicles while parked on campus property. Take the vehicle registration and your student ID to the Public Safety office located in the Student Center, Building 5, Pensacola campus; Building 4000, Milton campus; Building 3300, Warrington campus. If you do not have an ID, bring your student schedule and a valid photo ID and one will be issued for you.
Short term temporary parking passes are available in the Continuing Education office, Building, 96, Room 9624. Evening classes can call Public Safety at 484-2500 and someone will assist you when available. Please note speed limits are enforced on campus.

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PENSACOLA STATE COLLEGE CONTINUING EDUCATION REGISTRATION FORM

Student ID or SSN

Last Name

First

Middle

Date of birth (MM/DD/YY)

Please review and initial the SSN Collection Statement on the reverse side of this registration form. PARENTS REGISTERING CHILDREN: Please do not use your SSN to register your child. If you do not wish to provide your child’s SSN, the Registrar’s Office will assist you with the registration without the SSN.

Address

Number/Street/Apartment

City

State

Zip code

Home Telephone

Alternate Telephone

Gender:

Male

Female

Ethnicity:

Are you Hispanic/Latino

Yes

No

Check all that apply:

White

Asian

Black or African American

Native Hawaiian or other Pacific Islander

American Indian or Alaskan Native

Citizenship:

United States

Other country:

If you are not a United States citizen, indicate current Immigration status:

Permanent Resident; provide Resident Alien Number

Other immigrant; provide current Visa type and expiration

Section

Course Title

Date Class Begins

Section

Course Title

Date Class Begins

Signature: __________________________________________________________________ Date: ___________________________

Mailing your registration? Complete this section and mail to Pensacola State College Cashier’s Office, 1000 College Boulevard, Pensacola FL 32504-8998

Payment Amount $________________________ Payment Method: [ ] Check [ ] Money Order [ ] Visa [ ] Mastercard [ ] American Express

Credit Card Number _____________________________________________ Expiration Date ____________________________

Signature as it appears on credit card __________________________________________________________________________________

* Required and authorized by Title IV of the Higher Education Act of 1965, as amended (§§1485 and 484); 20 USC 1078, 1090, 1091 & 1092; 34 CFR 668.16; 34 CFR 668.33; 34 CFR 668.36; 34 CFR 668.32(i) and 34 CFR 668.36. For additional information go to http://www.pensacolastate.edu/students/docs/SSNpolicy.pdf.

Initials ____________________________

Rev. 3/4/11
Join us for the 26th Annual

Kids' College

in Summer 2016

More than 50 courses • Flexible schedule
Three age groups (Ages 6–12)  
Safe environment

Schedule available in April 2016 
Call 850-484-1797
Visit www.pensacolastate.edu/ce
Join us! facebook.com/PSCKidsCollege