

continuingEDUCATION

# Recreation & Leisure Courses for Adults & Children

fall2018

[pensacolastate.edu/ce](http://pensacolastate.edu/ce)





# Pensacola State College Continuing Education

*Lifelong learning to improve the quality of your life.*

## LOCATION LEGEND

**CC – Pensacola State College  
Century Center**

440 E. Hecker Road, Century

**MIL – Pensacola State College  
Milton Campus**

5988 Hwy. 90, Milton

**PBC – Pensacola Bridge Center**

1200 N. 12th Avenue, Pensacola

**PEN – Pensacola State College  
Pensacola Campus**

1000 College Blvd., Pensacola

**SSR – Pensacola State College  
South Santa Rosa Center**

5075 Gulf Breeze Pkwy., Gulf Breeze

**WAR – Pensacola State College  
Warrington Campus**

5555 W. Hwy. 98, Pensacola

## DAY LEGEND

|                    |                    |
|--------------------|--------------------|
| <b>M</b> Monday    | <b>F</b> Friday    |
| <b>T</b> Tuesday   | <b>SA</b> Saturday |
| <b>W</b> Wednesday | <b>SU</b> Sunday   |
| <b>R</b> Thursday  |                    |

## ROOM LEGEND

Class locations are the four numbers in the far-right column. The first two numbers are building number and all four numbers are room number. For example, 9663 is Building 96, Room 9663.

**Michael Listau**

Coordinator

mlistau@pensacolastate.edu

**Beverly Donnell**

Administrative Assistant

bdonnell@pensacolastate.edu

**Office Phone: 850-484-1797**

|                                  |   |                                       |           |
|----------------------------------|---|---------------------------------------|-----------|
| Aquatics .....                   | 1 | Test Prep .....                       | 8         |
| Art .....                        | 2 | Travel .....                          | 8         |
| Computer Science .....           | 2 | Gymnastics .....                      | 9         |
| Court Mandated Courses .....     | 2 |                                       |           |
| Creative Writing .....           | 3 | <b>ONLINE COURSES</b>                 |           |
| Cuisine .....                    | 3 | Art .....                             | 9         |
| Dance .....                      | 3 | Computer Science .....                | 9         |
| Dog Obedience .....              | 3 | Court Mandated Courses .....          | 10        |
| Driver Improvement .....         | 3 | Creative Writing .....                | 10        |
| English .....                    | 3 | Dog Obedience .....                   | 10        |
| Fitness/Physical Education ..... | 3 | Driver Improvement .....              | 10        |
| Fitness Center Courses .....     | 4 | English .....                         | 10        |
| Foreign Languages .....          | 5 | Family, Fun and College .....         | 11        |
| Health .....                     | 6 | Foreign Languages .....               | 11        |
| Hobbies .....                    | 6 | Health .....                          | 11        |
| Home and Garden .....            | 6 | Home and Garden .....                 | 11        |
| Life Planning .....              | 7 | Life Planning .....                   | 11        |
| Music Academy .....              | 7 | Music .....                           | 12        |
| Music/Theatre .....              | 7 | Photography .....                     | 12        |
| Photography .....                | 8 | Reading .....                         | 12        |
| Reading .....                    | 8 | Student Enrichment .....              | 12        |
| Student Enrichment .....         | 8 | <b>Registration Information .....</b> | <b>13</b> |

Escambia County and the City of Pensacola recreation facilities used for some courses



The mission of the Continuing Education Unit is to be a strong link between the college and the community by offering courses and programs for lifelong learning, recreation and leisure, and cultural events at a reasonable price and convenient to students of all ages.



## AQUATICS

### **R 01118 ADULT SWIMMING LESSONS \$55**

(10 hours) Learn to swim, improve existing aquatics skills and enjoy the health benefits of a swimming program.

|                  |             |     |                      |
|------------------|-------------|-----|----------------------|
| Pensacola Campus |             |     |                      |
| 8142             | 08/21-09/20 | T R | 7:30pm - 8:25pm POOL |
| 8143             | 10/02-11/01 | T R | 7:30pm - 8:25pm POOL |

### **R 00792 AEROBIC SWIMMING \$65**

(30 hours) This is a non-competitive, structured swimming program with a workout that includes stroke drills and endurance training.

|                  |             |     |                      |
|------------------|-------------|-----|----------------------|
| Pensacola Campus |             |     |                      |
| 8144             | 08/21-12/06 | T R | 5:30am - 6:25am POOL |
| 8145             | 08/21-12/06 | T R | 8:00am - 8:55am POOL |

### **R 01196 AEROBIC SWIMMING \$99**

(45 hours) This is a non-competitive, structured swimming program with a workout that includes stroke drills and endurance training.

|                  |             |       |                      |
|------------------|-------------|-------|----------------------|
| Pensacola Campus |             |       |                      |
| 8146             | 08/20-12/10 | M W F | 5:30am - 6:25am POOL |
| 8147             | 08/20-12/10 | M W F | 8:00am - 8:55am POOL |

### **R 06152 SATURDAY AEROBIC SWIM \$34**

(15 hours) This Master Swimming class provides a Saturday option for the serious swimmer who wants more or for the serious swimmer who can only participate on Saturdays.

|                  |             |    |                      |
|------------------|-------------|----|----------------------|
| Pensacola Campus |             |    |                      |
| 8148             | 08/25-12/08 | SA | 6:30am - 7:25am POOL |

### **R 03588 AQUA BOOT CAMP \$99**

(45 hours) This deep end class utilizes weights, fitness tubes, and boards while providing instruction in cardio fitness mixed with aerobic swimming. A buoyancy belt is used and goggles are required.

|                  |             |       |                      |
|------------------|-------------|-------|----------------------|
| Pensacola Campus |             |       |                      |
| 8149             | 08/20-12/10 | M W F | 9:00am - 9:55am POOL |

### **R 04558 AQUA COMBO \$34**

(15 hours) Work in the shallow and deep ends of the pool using water resistance equipment and optional buoyancy belt.

|                  |             |    |                      |
|------------------|-------------|----|----------------------|
| Pensacola Campus |             |    |                      |
| 8150             | 08/25-12/08 | SA | 9:00am - 9:55am POOL |

### **R 02343 AQUA DYNAMICS I \$65**

(30 hours) This shallow end course helps individuals to achieve their physical fitness goals by providing instruction in water exercise. Work at your own pace.

|                  |             |     |                        |
|------------------|-------------|-----|------------------------|
| Pensacola Campus |             |     |                        |
| 8151             | 08/20-12/10 | M W | 10:00am - 10:55am POOL |
| 8152             | 08/20-12/10 | M W | 6:35pm - 7:30pm POOL   |
| 8153             | 08/21-12/06 | T R | 7:00am - 7:55am POOL   |
| 8154             | 08/21-12/06 | T R | 9:00am - 9:55am POOL   |
| 8155             | 08/21-12/06 | T R | 10:00am - 10:55am POOL |
| 8156             | 08/21-12/06 | T R | 6:35pm - 7:30pm POOL   |

### **R 02345 AQUA DYNAMICS II \$99**

(45 hours) This shallow end course helps individuals to achieve their physical fitness goals by providing instruction in water exercise. Work at your own pace.

|                  |             |       |                        |
|------------------|-------------|-------|------------------------|
| Pensacola Campus |             |       |                        |
| 8157             | 08/20-12/10 | M W F | 7:00am - 7:55am POOL   |
| 8158             | 08/20-12/10 | M W F | 9:00am - 9:55am POOL   |
| 8159             | 08/20-12/10 | M W F | 10:00am - 10:55am POOL |

### **R 04604 AQUA MINI TERM, TWICE A WEEK PERMISSION ONLY \$36**

(15 hours) If you can only take a class for half the term, then sign up for the Mini Term. This allows you to attend half of a course that meets twice a week; by permission only — phone Kay Miller, 850-484-1311.

|                  |             |      |      |
|------------------|-------------|------|------|
| Pensacola Campus |             |      |      |
| 8160             | 08/20-10/11 | Open | POOL |
| 8161             | 10/15-12/10 | Open | POOL |

### **R 04603 AQUA MINI TERM, THREE TIMES A WEEK PERMISSION ONLY \$51**

(22.5 hours) If you can only take a class for half the term, then sign up for the Mini Term. This allows you to attend half of a course that meets three times a week; by permission only — phone Kay Miller, 850-484-1311.

|                  |             |      |      |
|------------------|-------------|------|------|
| Pensacola Campus |             |      |      |
| 8162             | 08/20-10/12 | Open | POOL |
| 8163             | 10/12-12/10 | Open | POOL |

### **R 04381 AQUATICS TRIAL CLASS PERMISSION ONLY \$6**

(1 hour) Try a class one time and see if you like it; by permission only — phone Kay Miller, 850-484-1311.

|                  |             |      |      |
|------------------|-------------|------|------|
| Pensacola Campus |             |      |      |
| 8164             | 08/20-12/10 | Open | POOL |

### **R 04782 INDIVIDUAL SWIM LESSONS \$255**

(10 hours) Students will receive one-on-one instruction to learn to swim, or improve aquatic skills needed to reach their goals. These swim lessons are open to any age or ability from a beginner to someone who wants to become a more efficient, faster swimmer. Phone Kay Miller, 850-484-1311, for permission and schedule.

|                  |             |      |      |
|------------------|-------------|------|------|
| Pensacola Campus |             |      |      |
| 8165             | 08/08-12/14 | Open | POOL |
| 8166             | 08/08-12/14 | Open | POOL |
| 8167             | 08/08-12/14 | Open | POOL |
| 8168             | 08/08-12/14 | Open | POOL |
| 8169             | 08/08-12/14 | Open | POOL |
| 8170             | 08/08-12/14 | Open | POOL |

### **R 04556 MOMMY AND ME SWIM LESSONS (AGES 6 MONTHS TO 3 YEARS) \$55**

(10 hours) Children will attend classes with mom, dad, or other adult to feel comfortable in the water and begin to learn to swim. Course N 00349 is for registration of the parent at no additional fee.

|                  |             |     |                        |
|------------------|-------------|-----|------------------------|
| Pensacola Campus |             |     |                        |
| 8171             | 08/20-09/24 | M W | 11:00am - 11:55am POOL |
| 8172             | 10/08-11/07 | M W | 11:00am - 11:55am POOL |

### **N 00349 MOMMY AND ME SWIM LESSONS, 2ND PERSON (REGISTRATION OF ADULT)**

|                  |             |     |                        |
|------------------|-------------|-----|------------------------|
| Pensacola Campus |             |     |                        |
| 8800             | 08/20-09/24 | M W | 11:00am - 11:55am POOL |
| 8801             | 10/08-11/07 | M W | 11:00am - 11:55am POOL |

### **R 06160 SATURDAY MOMMY AND ME \$44**

(8 hours) Children ages 6 months up to 3 years will attend class with mom, dad, or other adult family member to feel comfortable in the water and begin to learn to swim. Course N 00371 is for registration of the parent at no additional fee.

|                  |             |    |                     |
|------------------|-------------|----|---------------------|
| Pensacola Campus |             |    |                     |
| 8177             | 08/25-10/13 | SA | Noon - 12:55pm POOL |

### **N 00371 SATURDAY MOMMY AND ME SWIM 2ND PERSON (REGISTRATION OF ADULT)**

|                  |             |    |                     |
|------------------|-------------|----|---------------------|
| Pensacola Campus |             |    |                     |
| 8802             | 08/25-10/13 | SA | Noon - 12:55pm POOL |

Visiting from out of town and you only want to utilize the pool for a few days?

We offer just the course!

|                |                       |             |
|----------------|-----------------------|-------------|
| <b>R 05753</b> | <b>REC SWIM GUEST</b> | <b>\$13</b> |
| 8178           | Open                  | POOL        |

Contact Kay Miller, 850-484-1311, for schedule and permission to enroll. Permission is required.

**R 04615 PRESCHOOL SWIM LESSONS, AGES 3-5 YEARS \$55**

(10 hours) Children learn swimming skills, water safety and fun in the water.

Pensacola Campus  
8173 08/21-09/20 T R 2:00pm - 2:55pm POOL

**R 00065 RECREATION AND LEISURE SWIMMING \$39**

(96 hours) The participant may utilize the pool during recreation swim hours. For schedule call 850-484-1311.

Pensacola Campus  
8174 08/08-12/14 Open POOL

**R 01567 RECREATION AND LEISURE SWIMMING 2ND FAMILY MEMBER \$23**

(96 hours) For enrollment of a 2nd family member. For schedule call 850-484-1311.

Pensacola Campus  
8175 08/08-12/14 Open POOL

**R 01568 RECREATION AND LEISURE SWIMMING 3RD FAMILY MEMBER \$13**

(96 hours) For enrollment of a 3rd family member. For schedule call 850-484-1311.

Pensacola Campus  
8176 08/08-12/14 Open POOL

**R 04508 YOU CAN SNORKEL!**

(4 hours) Learn to snorkel and impress your friends and/or family on the next trip to the beach or vacation. It's Easy!

Pensacola Campus  
8264 09/15 SA 9:00am - 1:00pm 0310 & POOL  
8265 10/06 SA 9:00am - 1:00pm 0310 & POOL

**ART**

**R 06144 ACRYLIC PAINTING WITH ANGEL EDWARDS \$68**

(10 hours) Learn to use acrylic paints and to apply the fundamentals of color theory, composition, and various techniques to produce a painting.

Pensacola Campus  
8082 09/05-10/03 W 6:00pm - 8:00pm 1706

**R 06256 CHARCOAL DRAWING WITH ANGEL EDWARDS \$68**

(10 hours) Learn how to draw realistic images on a flat surface using charcoal. Come to the first class with a charcoal drawing pad and charcoal drawing kit. An additional supply list will be provided at the first meeting of the class. Course is for beginners and enthusiasts.

Pensacola Campus  
8083 09/10-10/10 M 6:00pm - 8:00pm 1706

**R 06151 FOUNDATIONS OF DRAWING AND COMPOSITION WITH ANGEL EDWARDS \$68**

(10 hours) Learn elements of art and principles of drawing and design. Students will develop concepts of perspective and composition to produce still-life, landscape and portrait drawings of three-dimensional images on a flat surface.

Pensacola Campus  
8084 10/18-11/15 R 6:00pm - 8:00pm 1706

**R 04797 INDIVIDUAL ART LESSONS \$255**

(10 hours) One-on-one instruction in plein air painting, color studies, painting basics or any area of focus of the student's choosing.

**Note:** Class schedule/meeting time is arranged between student and instructor. Call 850-484-1797 for more information.

Pensacola Campus  
8091 08/13-12/03 Open With Theresa Grillo Laird  
8092 08/13-12/03 Open With Theresa Grillo Laird

**COMPUTER SCIENCE**

**R 06252 ADVANCED COMPUTER SKILLS 1-1 \$196**

(6 hours) Private lessons help the individual who has basic computer skills to learn some Microsoft Office programs for personal use - MS Word, Excel, PowerPoint, etc. Courses are self-paced to help achieve personal goals, starting where you are and building upon existing skills.

Pensacola Campus  
8079 08/13-12/03 Open

**R 06253 ADVANCED COMPUTER SKILLS 1-1 \$146**

(4 hours) Private lessons help the individual who has basic computer skills to learn some Microsoft Office programs for personal use — MS Word, Excel, PowerPoint, etc. Courses are self-paced to help achieve personal goals, starting where you are and building upon existing skills.

Pensacola Campus  
8080 08/13-12/03 Open

**R 05134 COMPUTERS FOR SENIORS \$61**

(16 hours) Designed for first-time computer owners to be able to do the following: email (send and receive), save documents, create greeting cards and flyers.

Milton Campus  
8217 09/13-11/01 R 3:00pm - 5:00pm 4403  
Pensacola Campus  
8218 09/25-11/13 T 3:00pm - 5:00pm 2160

**R 05707 KEYBOARD TYPING FOR KIDS \$61**

(16 hours) Learn touch typing through drills and practices in structured group activities and individualized assistance.

Pensacola Campus  
8216 09/15-11/03 SA 9:00am - 11:00am 2149

**COURT MANDATED COURSES**

**R 00478 GUARDIANSHIP EDUCATION \$36**

(8 hours) For persons appointed by the court to be a guardian must complete Guardianship instruction within 4 months of appointment. Learn the legal duties, rights of the incapacitated and local resources. Enroll in this 8-hour course if you are becoming guardian of someone other than your own minor-age child. A light lunch will be provided. **NOTE:** Students must bring photo ID (driver's license) to class.

Pensacola Campus  
8018 10/20 SA 8:00am - 4:00pm 9663

**R 02687 GUARDIANSHIP EDUCATION \$36**

(4 hours) The 4-hour Guardianship course is for those who are guardians of their own minor-aged children's property. Everyone else must take the 8-hour course. Each person appointed by the court to be a guardian must complete instruction within 4 months of appointment.

**NOTE:** Students must bring photo ID to class. Lunch provided.

Pensacola Campus  
8019 10/20 SA 8:00am - Noon 9663

**Let's Get Started!**

**Art Course Supplies**

Bring assorted brushes and a variety of paints in the medium of study. Instructors will provide a personalized supply list during the first course meeting, based on individual projects.

**Non-credit courses may be canceled due to insufficient enrollment.**

To ensure you get the course you desire, register at least one week before the start date of the course.

Pensacola State College reserves the right to substitute another instructor as well as change the location and time classes meet.



## CREATIVE WRITING

|   |                                |                      |
|---|--------------------------------|----------------------|
| <b>R 06268</b>  | <b>WRITING YOUR FIRST BOOK</b> | <b>\$75</b>          |
| (16 hours) Whether you want to write a novel, a non-fiction book, or a memoir, this course will get you started on the right track to create your book. Learn dialogue, point of view, narrative arc, and other essentials to make your book great. |                                |                      |
| Pensacola Campus  |                                |                      |
| 8203  | 09/13-11/01 R                  | 5:00pm - 7:00pm 0470 |
| <b>R 06171</b>  | <b>WRITING YOUR LIFE</b>       | <b>\$60</b>          |
| (12 hours) Learn how to preserve your family history through writing. No prior experience is needed. Fear isn't an obstacle. Write your story for you, your family, or any reason.  |                                |                      |
| Pensacola Campus  |                                |                      |
| 8208  | 09/11-10/16 T                  | 4:00pm - 6:00pm 0471 |

## CUISINE

|  |   |                      |
|--|---|----------------------|
| <b>R 05272</b>   | <b>A SPOT OF TEA WITH JAMES STEGALL</b> | <b>\$36</b>          |
| (3 hours) Come and learn about rare and interesting teas with the opportunity to sample exotic varieties and study some of the history of tea. |   |                      |
| South Santa Rosa Center  |   |                      |
| 8259   | 09/26 W                                 | 2:00pm - 5:00pm 5135 |
| Pensacola Campus   |   |                      |
| 8260   | 10/30 T                                 | 6:00pm - 9:00pm 1442 |

## DANCE

|   |                                       |                      |
|---|---------------------------------------|----------------------|
| <b>R 05679</b>  | <b>DANCE FUSION FITNESS WITH TORI</b> | <b>\$61</b>          |
| (12 hours) Have fun and get fit while dancing to a variety of your favorite music and dance styles. This energetic, low impact work-out is suitable for all fitness levels. It incorporates easy to follow dance moves. Develop core conditioning, coordination, flexibility and strength, while improving cardio fitness. Come express yourself! |                                       |                      |
| Milton Campus   |                                       |                      |
| 8209  | 09/07-10/26 F                         | 5:30pm - 7:00pm 4018 |

## DOG OBEDIENCE

|   |                                  |                        |
|---|----------------------------------|------------------------|
| <b>R 06131</b>  | <b>DOG OBEDIENCE</b>             | <b>\$42</b>            |
| (8 hours) Learn to teach your dog basic commands such as sit, down, stay, come, and leash walking using primarily positive techniques. Suitable for the family puppy or dog. Also learn about house training, manners, and problem solving. |                                  |                        |
| Warrington Campus   |                                  |                        |
| 8182  | 09/01-10/20 SA                   | 9:30am - 10:25am 3216  |
| Milton Campus   |                                  |                        |
| 8184  | 09/13-11/01 R                    | 6:00pm - 7:00pm 4020   |
| <b>R 06149</b>  | <b>DOG OBEDIENCE 2ND HANDLER</b> | <b>\$21</b>            |
| (8 hours) Reduced price for 2nd Handler of the same dog.  |                                  |                        |
| Warrington Campus   |                                  |                        |
| 8183  | 09/01-10/20 SA                   | 9:30am - 10:25am 3216  |
| Milton Campus   |                                  |                        |
| 8185  | 09/13-11/01 R                    | 6:00pm - 7:00pm 4020   |
| <b>R 06257</b>  | <b>DOG OBEDIENCE II</b>          | <b>\$39</b>            |
| (6 hours) Reinforce basic commands and work on Canine Good Citizen skills and tricks. Prerequisite: Be familiar with basic commands and leash walking taught in Dog Obedience.  |                                  |                        |
| Warrington Campus   |                                  |                        |
| 8180  | 09/01-10/06 SA                   | 10:35am - 11:30am 3216 |

|  |                                      |                        |
|--|--------------------------------------|------------------------|
| <b>R 06258</b>   | <b>DOG OBEDIENCE II, 2ND HANDLER</b> | <b>\$21</b>            |
| (6 hours) Complementary course to Dog Obedience II provides a reduced price for the 2nd handler of the same dog. |                                      |                        |
| Warrington Campus  |                                      |                        |
| 8181   | 09/01-10/06 SA                       | 10:35am - 11:30am 3216 |

## DRIVER IMPROVEMENT

|   |   |                      |
|---|---|----------------------|
| <b>R 04404</b>  | <b>MOTORCYCLE SAFETY FOUNDATION, BASIC RIDER COURSE</b> | <b>\$185</b>         |
| (15 hours) The Motorcycle Safety Foundation Basic Rider course is a complete course of instruction for those who wish to develop safe street-riding skills and obtain a motorcycle endorsement. Classroom instruction is combined with motorcycle riding activities on an approved training range. The riding skills evaluation and the written exam will need to be successfully completed to receive a Basic Rider Course Completion Card. Course hand book, insurance, helmet and motorcycle are provided. Students must wear long-sleeved shirt or jacket, full-fingered gloves, long pants and sturdy footwear which covers the ankles. (May bring your own DOT/Snell Foundation approved helmet.) Students must be at least 15 years of age and hold a valid Florida learner's permit for 6 months in order to participate in this course. Motorcycles are provided by Southern MotorSports Safety. |   |                      |
| Pensacola Campus  |   |                      |
| 8000  | 08/11-08/12 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8001  | 08/18-08/19 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8002  | 08/25-08/26 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8003  | 09/01-09/02 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8004  | 09/08-09/09 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8005  | 09/15-09/16 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8006  | 09/22-09/23 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8007  | 09/29-09/30 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8008  | 10/06-10/07 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8009  | 10/13-10/14 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8010  | 10/20-10/21 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8011  | 10/27-10/28 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8012  | 11/03-11/04 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8013  | 11/10-11/11 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8014  | 11/17-11/18 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8015  | 11/24-11/25 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8016  | 12/01-12/02 SA SU                                       | 7:00am - 5:00pm 9663 |
| 8017  | 12/08-12/09 SA SU                                       | 7:00am - 5:00pm 9663 |

## ENGLISH

|   |  |              |
|---|--|--------------|
| <b>R 05722</b>  | <b>GRAMMAR FOR ESL PRIVATE LESSONS</b> | <b>\$153</b> |
| (6 hours) Individual lessons help to build skills for English grammar and usage (for ESOL/English-for-Speakers-of-Other-Languages students). <b>NOTE:</b> Class schedule/meeting time is arranged between student and instructor. For more information call 850-484-1797. |  |              |
| Pensacola Campus  |  |              |
| 8074  | 08/20-12/03                            | Open         |

## FITNESS/PHYSICAL EDUCATION

|   |   |                      |
|---|---|----------------------|
| <b>R 05711</b>  | <b>CARDIO KICKBOXING AND CONDITIONING</b> | <b>\$41</b>          |
| (8 hours) Get a full body work out using Cardio Kickboxing, free weights, exercise balls and bands. Basic foundational techniques of Karate, Tai Chi and stretching will be applied. <b>NOTE:</b> Bring a cushioned floor mat and free weights. |   |                      |
| Pensacola Campus  |   |                      |
| 8210  | 09/10-10/29 M                             | 6:30pm - 7:30pm 0312 |

**Please share this schedule with a friend or colleague.**



## FITNESS CENTER COURSES

### **R 03567 EXPRESS ORIENTATION TO THE L.I.F.E. FITNESS CENTER \$99**

(100 hours) Students will receive four hours of orientation to the L.I.F.E. Fitness Center in the use of nautilus and free weights, and cardiovascular training equipment. This includes a number of fitness assessments. After completion of orientation, students will be able to utilize the L.I.F.E. Fitness Center facility for the scheduled term. For dates and times: Pensacola Campus call 850-484-1310; Milton Campus call 850-484-4490.

|                  |             |           |
|------------------|-------------|-----------|
| Pensacola Campus |             |           |
| 8102             | 08/08-12/14 | Open 0150 |
| Milton Campus    |             |           |
| 8103             | 08/08-12/14 | Open 4016 |

### **R 04850 EXPRESS ORIENTATION TO LIFE FITNESS CENTER, 2ND FAMILY MEMBER \$57**

(100 hours) Designed for 2nd family member enrolling in course.

|                  |             |           |
|------------------|-------------|-----------|
| Pensacola Campus |             |           |
| 8104             | 08/08-12/14 | Open 0150 |
| Milton Campus    |             |           |
| 8105             | 08/08-12/14 | Open 4016 |

### **R 04852 EXPRESS ORIENTATION TO LIFE FITNESS CENTER, 3RD FAMILY MEMBER \$32**

(100 hours) Designed for 3rd family member enrolling in course.

|                  |             |           |
|------------------|-------------|-----------|
| Pensacola Campus |             |           |
| 8106             | 08/08-12/14 | Open 0150 |
| Milton Campus    |             |           |
| 8107             | 08/08-12/14 | Open 4016 |

### **R 03566 EXPRESS ORIENTATION TO THE L.I.F.E. FITNESS CENTER \$65**

(64 hours) Students will receive an orientation to the L.I.F.E. Fitness Center in the use of nautilus and free weights, and cardiovascular training equipment. This includes a number of fitness assessments. After completion of orientation, students will be able to utilize the L.I.F.E. Fitness Center facility for the scheduled term. For dates and times: Pensacola Campus call 850-484-1310; Milton Campus call 850-484-4490.

|                  |             |           |
|------------------|-------------|-----------|
| Pensacola Campus |             |           |
| 8108             | 10/18-12/14 | Open 0150 |
| Milton Campus    |             |           |
| 8109             | 10/18-12/14 | Open 4016 |

### **R 04851 EXPRESS ORIENTATION TO LIFE FITNESS CENTER, 2ND FAMILY MEMBER \$39**

(64 hours) Designed for 2nd family member enrolling in course.

|                  |             |           |
|------------------|-------------|-----------|
| Pensacola Campus |             |           |
| 8110             | 10/18-12/14 | Open 0150 |
| Milton Campus    |             |           |
| 8111             | 10/18-12/14 | Open 4016 |

### **R 04853 EXPRESS ORIENTATION TO LIFE FITNESS CENTER, 3RD FAMILY MEMBER \$22**

(64 hours) Designed for 3rd family member enrolling in course.

|                  |             |           |
|------------------|-------------|-----------|
| Pensacola Campus |             |           |
| 8112             | 10/18-12/14 | Open 0150 |
| Milton Campus    |             |           |
| 8113             | 10/18-12/14 | Open 4016 |

### **R 04606 EXPRESS STUDENT ORIENTATION TO THE LIFE FITNESS CENTER \$21**

(2 hours) This orientation to the LIFE Fitness Center is for currently enrolled college credit students only. For dates and times: Pensacola Campus, call 850-484-1310; Milton Campus, call 850-484-4490; Warrington Campus call 850-484-2310

|                   |             |           |
|-------------------|-------------|-----------|
| Pensacola Campus  |             |           |
| 8114              | 08/20-12/14 | Open 0150 |
| Milton Campus     |             |           |
| 8115              | 08/20-12/14 | Open 4016 |
| Warrington Campus |             |           |
| 8116              | 08/20-12/14 | Open 3230 |

### **R 00672 INDOOR TRACK & BASKETBALL GYM \$29**

(90 hours) Enrollee is authorized to use the Milton Campus L.I.F.E Center indoor track and basketball gymnasium during scheduled open hours. For safety reasons, children under five years of age are not permitted to enroll in this course or permitted to use these areas. Children ages five through 15 may enroll, but must have an adult with them at all times who also is registered for this course. Individuals 16 years of age or older may participate without supervision.

|               |             |           |
|---------------|-------------|-----------|
| Milton Campus |             |           |
| 8117          | 08/08-12/14 | Open 4016 |

### **R 04591 PERSONAL TRAINER \$153**

(6 hours) Individual receives one-on-one instruction at the Pensacola Fitness Center with a personal trainer to achieve goals. To schedule dates and times call 850-484-1310.

|                  |             |           |
|------------------|-------------|-----------|
| Pensacola Campus |             |           |
| 8075             | 08/08-12/14 | Open 0150 |

### **R 00064 RECREATION FITNESS LAB \$77**

(96 hours) Prerequisites: Concepts of Life Fitness (HLP1081), Life Fitness Assessment for the Community (R02347) or Express Orientation to the L.I.F.E. Fitness Center (R03567) or (R03566). Students will be able to utilize the L.I.F.E Fitness Center for the scheduled term. For days and times: Pensacola Campus, call 850-484-1310; Milton Campus, call 850-484-4490.

|                  |             |           |
|------------------|-------------|-----------|
| Pensacola Campus |             |           |
| 8118             | 08/08-12/14 | Open 0150 |
| Milton Campus    |             |           |
| 8119             | 08/08-12/14 | Open 4016 |

### **R 04855 RECREATION FITNESS LAB 2ND FAMILY MEMBER \$45**

(96 hours) Designed for 2nd family member enrolling in course.

|                  |             |           |
|------------------|-------------|-----------|
| Pensacola Campus |             |           |
| 8120             | 08/08-12/14 | Open 0150 |
| Milton Campus    |             |           |
| 8121             | 08/08-12/14 | Open 4016 |

### **R 02490 RECREATION FITNESS LAB 3RD FAMILY MEMBER \$25**

(96 hours) Designed for 3rd family member enrolling in course.

|                  |             |           |
|------------------|-------------|-----------|
| Pensacola Campus |             |           |
| 8122             | 08/08-12/14 | Open 0150 |
| Milton Campus    |             |           |
| 8123             | 08/08-12/14 | Open 4016 |

### **R 00211 RECREATION FITNESS LAB \$39**

(60 hours) Prerequisites: Concepts of Life Fitness (HLP1081), Life Fitness Assessment for the Community (R02347) or Express Orientation to the L.I.F.E. Fitness Center (R03567) or (R03566). Students will be able to utilize the L.I.F.E Fitness Center for the scheduled term. For days and times: Pensacola Campus, call 850-484-1310; Milton campus, call 850-484-4490; Warrington Campus, call 850-484-2310.

|                   |             |           |
|-------------------|-------------|-----------|
| Pensacola Campus  |             |           |
| 8124              | 08/08-10/17 | Open 0150 |
| 8127              | 10/18-12/14 | Open 0150 |
| Milton Campus     |             |           |
| 8125              | 08/08-10/17 | Open 4016 |
| 8128              | 10/18-12/14 | Open 4016 |
| Warrington Campus |             |           |
| 8126              | 08/08-10/17 | Open 3230 |
| 8129              | 10/18-12/14 | Open 3230 |

### **R 04854 RECREATION FITNESS LAB 2ND FAMILY MEMBER \$23**

(60 hours) Designed for 2nd family member enrolling in course.

|                   |             |           |
|-------------------|-------------|-----------|
| Pensacola Campus  |             |           |
| 8130              | 08/08-10/17 | Open 0150 |
| 8133              | 10/18-12/14 | Open 0150 |
| Milton Campus     |             |           |
| 8131              | 08/08-10/17 | Open 4016 |
| 8134              | 10/18-12/14 | Open 4016 |
| Warrington Campus |             |           |
| 8132              | 08/08-10/17 | Open 3230 |
| 8135              | 10/18-12/14 | Open 3230 |



|  |             |      |             |
|--|-------------|------|-------------|
| <b>R 02489 RECREATION FITNESS LAB<br/>3RD FAMILY MEMBER</b>    |             |      | <b>\$13</b> |
| (60 hours) Designed for 3rd family member enrolling in course. |             |      |             |
| Pensacola Campus   |             |      |             |
| 8136   | 08/08-10/17 | Open | 0150        |
| 8139   | 10/18-12/14 | Open | 0150        |
| Milton Campus  |             |      |             |
| 8137   | 08/08-10/17 | Open | 4016        |
| 8140   | 10/18-12/14 | Open | 4016        |
| Warrington Campus  |             |      |             |
| 8138   | 08/08-10/17 | Open | 3230        |
| 8141   | 10/18-12/14 | Open | 3230        |

## FOREIGN LANGUAGES

**R 06255 ASL I, SIGN LANGUAGE** **\$82**  
(16 hours) Learn a system of communication using visual gestures and signs as used by deaf people. Course is intended for anyone who wishes to study the language and culture of the deaf.

Pensacola Campus  
8179 10/10-11/05 M W 6:00pm - 8:00pm 0470

**R 05970 CONVERSATIONAL JAPANESE  
FOR TRAVELERS AND BUSINESS** **\$56**

(6 hours) Would you like to know how to say, "Where is a restroom?" in Japanese? How to order sushi at a restaurant? Learn and master short phrases and sentences to communicate with Japanese speakers. Enhance your knowledge of Japanese culture, custom, and food.

Pensacola Campus  
8220 09/06-09/27 R 6:00pm - 7:30pm 0473  
8221 10/04-10/25 R 6:00pm - 7:30pm 0473

**R 06259 ENGLISH-RUSSIAN  
LANGUAGE CORRELATIONS** **\$65**

(9 hours) Study correlations of English and Russian languages through real-life stories about Russian explorers and their adventures on the Alaskan Frontier. This is a creative approach to learning Russian language

Pensacola Campus  
8096 09/14-10/19 F 4:30pm - 6:00pm 0470

**R 05423 FRENCH INDIVIDUAL LESSONS** **\$153**

(6 hours) One-on-one lessons in French language and culture. Learn the basics of French grammar, pronunciation, and usage. Progress at your own pace. Note: Class schedule/meeting time is arranged between student and instructor. Call 850-484-1797 for more information.

Pensacola Campus  
8213 08/20-12/03 Open With Dr. Alexandrine Nash  
8214 08/20-12/03 Open With Dr. Alexandrine Nash

**R 06001 ITALIAN CONVERSATIONAL** **\$87**

(16 hours) This course is an introduction to the Italian language, culture, people and history; suitable for individuals who are planning to travel to Italy or who just want to learn.

Pensacola Campus  
8219 09/10-10/29 M 4:00pm - 6:00pm 1703

**R 05248 RUSSIAN I WITH LIUDA SHIMEK** **\$155**

(15 hours) Introduction to the Russian language and culture — students will learn the basics of Russian grammar, pronunciation, and usage.

Warrington Campus  
8078 09/11-10/11 T R 2:30pm - 4:00pm 3216

**R 06264 RUSSIAN CONVERSATION SERIES I** **\$65**

(9 hours) Learn basic Russian Conversation from a native speaker.

Pensacola Campus  
8093 09/10-10/22 M 4:30pm - 6:00pm 0470

**R 06265 RUSSIAN CONVERSATION SERIES II** **\$65**

(9 hours) This course builds upon the first course in the Russian Conversation Series for students to continue practicing and building skills for conversing in the Russian language.

Pensacola Campus  
8094 10/25-12/06 R 4:30pm - 6:00pm 0471

**R 05102 RUSSIAN, INDIVIDUAL LESSONS** **\$153**

(6 hours) Private lessons in Russian language and culture are suited to the needs and goals of the student; taught by a native Russian speaker.

**NOTE:** Class schedule/meeting time is arranged between student and instructor. Call 850-484-1797 for more information.

Warrington Campus  
8077 08/13-12/03 Open With Liudmila Shimek

**R 05988 RUSSIAN INDIVIDUAL LESSONS  
FOR MOTIVATED LEARNERS** **\$153**

(6 hours) Private lessons in Russian language and culture are adapted to the needs and goals of adults or children (middle/high school).

**NOTE:** Class schedule/meeting time is arranged between student and instructor. For more information call 850-484-1797.

Pensacola Campus  
8095 08/13-12/03 Open With Anthonia Agadzi

**R 05429 SPANISH INDIVIDUAL LESSONS** **\$153**

(6 hours) One-on-one lessons in Spanish language and culture help students to achieve personal goals whether a beginner or more advanced student.

**NOTE:** Class schedule/meeting time is arranged between student and instructor. Call 850-484-1797 for more information.

Pensacola Campus  
8097 08/20-12/03 Open With Claudia Breaux  
8098 08/20-12/03 Open With Carmen Echegaray

**R 06140 SPANISH I** **\$90**

(18 hours) Introduces the Spanish language — culture, grammar, vocabulary, usage and pronunciation with emphases on speaking and comprehension.

Pensacola Campus  
8099 08/28-09/25 T R 3:00pm - 5:00pm 0470

**R 06141 SPANISH II** **\$90**

(18 hours) Builds upon skills from Spanish I, including vocabulary, grammar, pronunciation, comprehension and conversation.

Pensacola Campus  
8100 10/02-10/30 T R 3:00pm - 5:00pm 0470

**R 06142 SPANISH III** **\$90**

(18 hours) Builds upon the skills from Spanish I and II, including vocabulary, grammar, pronunciation, comprehension and conversation.

Pensacola Campus  
8101 11/06-12/06 T R 3:00pm - 5:00pm 0470

## Any Private Lesson Your Choice

**(6 hours for \$153) This course will allow you to learn at your own pace with one of our instructors in a subject area of your choice.**

**For more information call 850-484-1797.**

**Note: Class schedule/meeting time is arranged between student and instructor.**



## HEALTH

|   |             |   |                        |
|---|-------------|---|------------------------|
| <b>R 05698 MEDITATION 101</b>   |             |   | <b>\$49</b>            |
| (9 hours) Learn the basics of how to meditate and how it can enhance your life, expand perspectives and be healing to the mind, body, and spirit.   |             |   |                        |
| Pensacola Campus  |             |   |                        |
| 8186  | 09/18-10/23 | T | 9:00am - 10:30am 0470  |
| 8188  | 09/19-10/24 | W | 9:00am - 10:30am 0470  |
| South Santa Rosa Center   |             |   |                        |
| 8189  | 09/20-10/25 | R | 4:00pm - 5:30pm 5185   |
| <b>R 06261 MEDITATION 201</b>   |             |   | <b>\$49</b>            |
| (9 hours) Experience full length meditations of various types as well as breathwork, deep listening, and experiencing Reiki as a meditative tool.   |             |   |                        |
| Pensacola Campus  |             |   |                        |
| 8191  | 09/18-10/23 | T | 11:00am - 12:30pm 0470 |
| 8192  | 09/19-10/24 | W | 11:00am - 12:30pm 0470 |
| South Santa Rosa Center   |             |   |                        |
| 8194  | 09/20-10/25 | R | 6:00pm - 7:30pm 5185   |
| <b>R 02099 TAI CHI FOR HEALTH</b>   |             |   | <b>\$61</b>            |
| (12 hours) Experience the many health benefits you will obtain using Tai Chi and Chi Kung applications. The moves develop flexibility, balance, strength, coordination, skeletal alignment, and increased organ function. Deep even breathing improves cardio fitness through the maximum intake of oxygen. |             |   |                        |
| Milton Campus   |             |   |                        |
| 8212  | 09/07-10/26 | F | 3:30pm - 5:00pm 4018   |
| <b>R 05712 TAI CHI FOR HEALTH</b>   |             |   | <b>\$41</b>            |
| (8 hours) Experience the many health benefits you will obtain using Tai Chi and Chi Kung applications. The moves develop flexibility, balance, strength, coordination, skeletal alignment, and increased organ function. Deep even breathing improves cardio fitness through the maximum intake of oxygen.  |             |   |                        |
| Pensacola Campus  |             |   |                        |
| 8211  | 09/10-10/29 | M | 5:30pm - 6:30pm 0312   |

## HOBBIES

|  |             |     |                      |
|--|-------------|-----|----------------------|
| <b>R 06254 AMATEUR RADIO INTRODUCTION &amp; UPGRADE</b>  |             |     | <b>\$21</b>          |
| (50 hours) Achieve goals for the initial Amateur Radio Operator's license or to upgrade an existing operator's license to the next level. A Volunteer Examiner (VEC) will administer the tests for students who want to obtain the license or upgrade. |             |     |                      |
| Pensacola Campus   |             |     |                      |
| 8081   | 09/11-11/15 | T R | 6:00pm - 8:30pm 1708 |
| <b>R 06251 BASIC SMALL ENGINE REPAIR</b>   |             |     | <b>\$175</b>         |
| (30 hours) Fix small engines on your own! Save money and get the convenience of doing your own repairs on equipment. Learn general safety, tools, machines and the maintenance/repair of 2-cycle and 4-cycle engines.                                  |             |     |                      |
| Pensacola Campus   |             |     |                      |
| 8204   | 08/27-11/05 | M   | 6:00pm - 9:00pm 9663 |
| 8205   | 09/06-11/08 | R   | 6:00pm - 9:00pm 9663 |
| 8206   | 09/08-11/10 | SA  | 9:00am - Noon 1703   |

# PARKING DECAL

**Recreation & Leisure students need parking decals for their vehicles.**

Take vehicle registration and student ID or class registration to the Pensacola State College Police Department located in the Student Center, Bldg. 5, Pensacola campus; Building 4000, Milton campus; Building 3300, Warrington campus.

|   |             |    |                  |             |
|---|-------------|----|------------------|-------------|
| <b>R 04598 BEGINNING BRIDGE</b>   |             |    |                  | <b>\$46</b> |
| (12 hours) Introduces skills needed to enjoy playing Contract Bridge at social bridge games — bidding, scoring, and play of hand.   |             |    |                  |             |
| Pensacola Bridge Center   |             |    |                  |             |
| 8090  | 09/05-10/10 | W  | 6:00pm - 8:00pm  | PBC         |
| <b>R 06147 BIRDS ON LOCATION WITH JAMES STEGALL</b>   |             |    |                  | <b>\$46</b> |
| (7 hours) Study local birds and bird habitats - where they live, what they eat, their migration habits, and more. Learn about equipment such as binoculars, spotters, and scopes while on a birding fieldtrip. Have some fun! |             |    |                  |             |
| <b>NOTE:</b> Students must provide their own transportation.  |             |    |                  |             |
| Pensacola Campus  |             |    |                  |             |
| 8235  | 10/20       | SA | 7:00am - 11:00am | 1442        |
|   | 10/20       | SA | 1:00pm - 4:00pm  |             |
| South Santa Rosa Center   |             |    |                  |             |
| 8234  | 09/07       | F  | 7:30am - 11:00am | 5135        |
|   | 09/07       | F  | 1:00pm - 4:30pm  |             |
| 8236  | 11/09       | F  | 7:30am - 11:00am | 5135        |
|   | 11/09       | F  | 1:00pm - 4:30pm  |             |

## HOME AND GARDEN

|  |             |      |                 |              |
|--|-------------|------|-----------------|--------------|
| <b>R 05750 BULBS, TUBERS AND CORMS WITH JAMES STEGALL</b>  |             |      |                 | <b>\$40</b>  |
| (4 hours) Learn history, facts, and tips on growing tulips, irises, gladiolus, fritillaries, dahlias, daffodils, alliums, and more in the Pensacola area.                      |             |      |                 |              |
| South Santa Rosa Center  |             |      |                 |              |
| 8249   | 09/21       | F    | 8:00am - Noon   | 5135         |
| Pensacola Campus   |             |      |                 |              |
| 8250   | 10/23       | T    | 5:00pm - 9:00pm | 1442         |
| <b>R 06019 DESIGN WITH WHAT YOU HAVE</b>   |             |      |                 | <b>\$90</b>  |
| (16 hours) Explore using what you have to create pleasing changes in color palette, furniture placement, fabric patterns, lighting, window treatments, circulation, and walls. |             |      |                 |              |
| Pensacola Campus   |             |      |                 |              |
| 8086   | 10/23-11/15 | T R  | 6:00pm - 8:00pm | 0471         |
| <b>R 06020 FENG SHUI DESIGNING THE HOME</b>  |             |      |                 | <b>\$90</b>  |
| (16 hours) Learn to design using feng shui to connect with who you are. Re-create living spaces to bring harmony, balance and change into your life.                           |             |      |                 |              |
| Pensacola Campus   |             |      |                 |              |
| 8085   | 08/21-09/13 | T R  | 6:00pm - 8:00pm | 0471         |
| <b>R 05270 FLORAL DESIGN PRIVATE LESSONS WITH JAMES STEGALL</b>  |             |      |                 | <b>\$153</b> |
| (6 hours) Learn to create beautiful floral designs for the home or for gifts through one-on-one individual instruction.  |             |      |                 |              |
| <b>NOTE:</b> Class schedule/meeting time is arranged between student and instructor. Call 850-484-1797 for more information.   |             |      |                 |              |
| Pensacola Campus   |             |      |                 |              |
| 8266   | 08/20-12/03 | Open |                 |              |
| South Santa Rosa Center  |             |      |                 |              |
| 8267   | 08/20-12/03 | Open |                 |              |
| <b>R 05271 FLORAL DESIGN WORKSHOP WITH JAMES STEGALL</b>   |             |      |                 | <b>\$36</b>  |
| (3 hours) Create your own centerpiece in class, guided by the instructor. Basic design and choice of appropriate materials will be discussed.                                  |             |      |                 |              |
| Pensacola Campus   |             |      |                 |              |
| 8240   | 10/10       | W    | 6:00pm - 9:00pm | 1442         |
| 8242   | 11/17       | SA   | 9:00am - Noon   | 1442         |
| South Santa Rosa Center  |             |      |                 |              |
| 8241   | 11/02       | F    | 9:00am - Noon   | 5135         |

**Please share this schedule with a friend or colleague.**

**R 05751 GRANDMA'S PLANTS WITH JAMES W. STEGALL \$36**

(3 hours) Remember Grandma's beautiful blooming plants - spirea, flowering almond, mock orange, etc.? Well, let's talk about them and learn how to grow them.

|                         |       |    |                      |
|-------------------------|-------|----|----------------------|
| Century Center          |       |    |                      |
| 8243                    | 09/11 | T  | 5:00pm - 8:00pm 7720 |
| Pensacola Campus        |       |    |                      |
| 8244                    | 09/29 | SA | 9:00am - Noon 1442   |
| South Santa Rosa Center |       |    |                      |
| 8245                    | 10/19 | F  | 9:00am - Noon 5135   |

**R 06137 IKEBANA DESIGN ORIENTAL FLORAL STYLE \$36**

(3 hours) Get into oriental floral design and style, a Japanese tradition using minimal materials to create something beautiful and different!

|                         |       |    |                       |
|-------------------------|-------|----|-----------------------|
| Milton Campus           |       |    |                       |
| 8246                    | 09/08 | SA | 8:00am - 11:00am 4020 |
| South Santa Rosa Center |       |    |                       |
| 8247                    | 11/30 | F  | 9:00am - Noon 5135    |
| Pensacola Campus        |       |    |                       |
| 8248                    | 12/04 | T  | 6:00pm - 9:00pm 1442  |

**R 06021 MEETING YOUR DESIGN GOALS, INDIVIDUAL LESSONS \$153**

(6 hours) Private lessons with an interior designer — possible areas of study include: floor plan critique, color palette, space planning, furniture, fixtures and finishes to help student meet design goals.

**NOTE:** Class schedule/meeting time is arranged between student and instructor. For more information call 850-484-1797.

|                  |             |      |                           |
|------------------|-------------|------|---------------------------|
| Pensacola Campus |             |      |                           |
| 8089             | 08/20-12/03 | Open | With Alyce Flournoy-Jones |

**R 06026 USING ALL YOUR SENSES: REINVENT YOUR SPACE \$35**

(3 hours) Downsizing? Staging? De-cluttering? What do you have on hand? Get the ball rolling by inventorying what you have and let's go to work. Use all your senses — smell, sight, touch, sound and taste — to spot what is right, what is wrong, and why.

|                  |       |    |                    |
|------------------|-------|----|--------------------|
| Pensacola Campus |       |    |                    |
| 8087             | 09/22 | SA | 9:00am - Noon 0470 |
| 8088             | 10/13 | SA | 9:00am - Noon 0470 |

**R 06153 VEGETABLES AND MICRO-GREENS WITH JAMES STEGALL \$38**

(4 hours) Do you enjoy fresh vegetables and micro-greens on salads, sandwiches? Learn how to grow them including soil prep, varieties of pest control, fertilizing, weed control, etc.

|                         |       |   |                      |
|-------------------------|-------|---|----------------------|
| Century Center          |       |   |                      |
| 8261                    | 09/20 | R | 1:00pm - 5:00pm 7720 |
| Pensacola Campus        |       |   |                      |
| 8262                    | 10/04 | R | 5:00pm - 9:00pm 1442 |
| South Santa Rosa Center |       |   |                      |
| 8263                    | 10/26 | F | 8:00am - Noon 5135   |

**LIFE PLANNING**

**R 06125 ADVICE FOR THE CAREGIVER OF SOMEONE WITH DEMENTIA \$20**

(2 hours) Learn how a caregiver can avoid burnout when dealing with the challenging behaviors of a loved one with Alzheimer's. Discuss behavioral techniques and receive useful, pragmatic materials from local healthcare agencies.

|                  |       |   |                      |
|------------------|-------|---|----------------------|
| Pensacola Campus |       |   |                      |
| 8195             | 09/18 | T | 10:00am - Noon 1707  |
| Milton Campus    |       |   |                      |
| 8197             | 11/06 | T | 4:30pm - 6:30pm 4021 |

**R 05466 DON'T GO BROKE IN AN ASSISTED LIVING FACILITY \$31**

(4 hours) Learn to manage the rising costs of expenses while paying for loved ones' assisted living arrangements and to navigate the process.

|                  |             |     |                      |
|------------------|-------------|-----|----------------------|
| Pensacola Campus |             |     |                      |
| 8228             | 11/13-11/15 | T R | 6:00pm - 8:00pm 1707 |

**R 05111 FINANCIAL SURVIVAL FOR RETIREMENT \$36**

(4 hours) If you are nearing or living in retirement, this course will help fill in critical knowledge gaps and help you plan your financial future more effectively. Course is led by radio and TV host, Annalee Leonard.

|                  |             |    |                       |
|------------------|-------------|----|-----------------------|
| Milton Campus    |             |    |                       |
| 8225             | 08/23-08/30 | R  | 5:30pm - 7:30pm 4411  |
| Pensacola Campus |             |    |                       |
| 8226             | 09/06-09/13 | R  | 5:30pm - 7:30pm 1703  |
| 8227             | 10/13-10/20 | SA | 9:30am - 11:30am 1705 |

**R 06138 LIFE IN REVERSE — UNDERSTANDING DEMENTIA/ALZHEIMERS \$20**

(2 hours) The effects of Alzheimer's disease on the brain from a lay person's perspective, the ten warning signs, treatment, medications and the clinical/behavioral characteristics of people diagnosed with the disease will be discussed.

|                  |       |   |                      |
|------------------|-------|---|----------------------|
| Milton Campus    |       |   |                      |
| 8198             | 09/26 | W | 10:00am - Noon 4021  |
| Pensacola Campus |       |   |                      |
| 8200             | 11/01 | R | 4:30pm - 6:30pm 1707 |

**R 04876 MEDICARE MADE EASY \$21**

(2 hours) Clear your confusion about parts of Medicare, enrollment rules and penalties, Medicare supplements and more — for those turning 65 and/or those wanting a review. Class led by Joan Connell, PhD.

|                  |       |   |                      |
|------------------|-------|---|----------------------|
| Pensacola Campus |       |   |                      |
| 8223             | 09/24 | M | 5:30pm - 7:30pm 1703 |
| Milton Campus    |       |   |                      |
| 8222             | 09/10 | M | 5:30pm - 7:30pm 4411 |
| 8224             | 10/16 | T | 5:30pm - 7:30pm 4411 |

**R 06267 WHAT TO DO WHEN THE AGING PROCESS KNOCKS \$20**

(2 hours) Do you have a plan for aging? This course discusses important considerations in fine tuning or creating your plan: financial, legal, residential options, health care choices; costs for an assisted living or nursing home or subsidized housing; available resources and help for seniors memory care, hospice and things seniors and their adult children must know.

|                  |       |    |                       |
|------------------|-------|----|-----------------------|
| Pensacola Campus |       |    |                       |
| 8201             | 09/29 | SA | 9:00am - 11:00am 1707 |
| Milton Campus    |       |    |                       |
| 8202             | 11/15 | R  | 4:30pm - 6:30pm 4021  |

**MUSIC ACADEMY**

Music Academy offers private lessons for beginner, intermediate, and advanced students to help them develop musical skills. Courses are offered in Piano and Voice. Approval is required from the Music Department before registration. Call 850-484-1800 for more information.

**MUSIC/THEATRE**

**R 06163 BEGINNING MUSIC THEORY \$72**

(12 hours) Introduces basic music notation, theory and common practices.

|                  |             |     |                 |
|------------------|-------------|-----|-----------------|
| Pensacola Campus |             |     |                 |
| 8293             | 09/17-10/03 | M W | 1:00pm - 3:00pm |

For general information regarding Pensacola State College, please refer to the college website:

**[www.pensacolastate.edu](http://www.pensacolastate.edu)**



## PHOTOGRAPHY

### **R 06145 ARMCHAIR PHOTOGRAPHY WITH JAMES STEGALL \$38**

(4 hours) Have you always wanted to take knockout photos of birds without leaving home? With this course, you'll learn to take great shots from inside your home or in the back yard.

|                         |       |   |                    |
|-------------------------|-------|---|--------------------|
| South Santa Rosa Center |       |   |                    |
| 8229                    | 09/28 | F | 8:00am - Noon 5135 |
| Pensacola Campus        |       |   |                    |
| 8230                    | 11/16 | F | 8:00am - Noon 1442 |

### **R 05273 BASIC PHOTOGRAPHY WORKSHOP WITH JAMES STEGALL \$46**

(7 hours) Learn about F-stops, shutter speeds, and ISO's through hands-on photo opportunities at various locations. Expect to walk away with some great shots. Camera required (include charged batteries and film or card), money for lunch and provide own transportation for fieldtrip.

|                         |       |    |                       |
|-------------------------|-------|----|-----------------------|
| South Santa Rosa Center |       |    |                       |
| 8231                    | 09/14 | F  | 7:30am - 11:30am 5135 |
|                         | 09/14 | F  | 2:00pm - 5:00pm       |
| Pensacola Campus        |       |    |                       |
| 8232                    | 10/13 | SA | 7:30am - 11:30am 1442 |
|                         | 10/13 | SA | 2:00pm - 5:00pm       |
| 8233                    | 12/01 | SA | 7:30am - 11:30am 1442 |
|                         | 12/01 | SA | 2:00pm - 5:00pm       |

### **R 05075 INDIVIDUAL PHOTOGRAPHY (PRIVATE LESSONS) \$153**

(6 hours) Receive one-on-one instruction and coaching to improve photography skills needed to reach goals — open to all levels of ability.

**Note:** Class schedule/meeting time is arranged between student and instructor. For more information call 850-484-1797.

|                         |             |      |                    |
|-------------------------|-------------|------|--------------------|
| Pensacola Campus        |             |      |                    |
| 8268                    | 08/20-12/03 | Open | With James Stegall |
| South Santa Rosa Center |             |      |                    |
| 8269                    | 08/20-12/03 | Open | With James Stegall |

### **R 05276 NATURE PHOTOGRAPHY WORKSHOP WITH JAMES STEGALL \$46**

(7 hours) Hands on photography on location in the field — begin in class then go to natural sites to take photos and learn tips to get those beautiful award winning shots that make you proud.

**Note:** Camera required (include charged batteries and film or card), money for lunch and provide own transportation for fieldtrip.

|                         |       |    |                       |
|-------------------------|-------|----|-----------------------|
| South Santa Rosa Center |       |    |                       |
| 8253                    | 10/05 | F  | 7:30am - 11:30am 5135 |
|                         | 10/05 | F  | 1:00pm - 4:00pm       |
| Pensacola Campus        |       |    |                       |
| 8254                    | 11/03 | SA | 7:30am - 11:30am 1442 |
|                         | 11/03 | SA | 1:00pm - 4:00pm       |
| Milton Campus           |       |    |                       |
| 8255                    | 11/28 | W  | 7:30am - 11:30am 4020 |
|                         | 11/28 | W  | 1:00pm - 4:00pm       |

### **R 06166 PHOTOGRAPHY MADE EASY \$72**

(12 hours) Study photography as an art form. Explore use of lights and concepts of composition and communication through images.

|                  |             |     |                  |
|------------------|-------------|-----|------------------|
| Pensacola Campus |             |     |                  |
| 8294             | 09/18-10/04 | T R | 9:00am - 11:00am |

### **R 05274 NIGHT SHOOT PHOTOGRAPHY WORKSHOP WITH JAMES STEGALL \$38**

(4 hours) Get beautiful photographs of things at night without using a flash. Field trips are planned to various locations around Pensacola for capturing a variety of scenes and to enjoy hands-on photo opportunities. Camera required (include charged batteries and film or card) and provide own transportation for fieldtrip.

|                         |       |   |                       |
|-------------------------|-------|---|-----------------------|
| South Santa Rosa Center |       |   |                       |
| 8256                    | 10/24 | W | 6:00pm - 10:00pm 5135 |
| Pensacola Campus        |       |   |                       |
| 8257                    | 12/07 | F | 6:00pm - 10:00pm 1442 |
| 8258                    | 12/11 | T | 6:00pm - 10:00pm 1442 |

### **R 05810 PHOTOGRAPHY WITH FILM \$36**

(3 hours) Remember film or have you heard of film-pre-digital? Learn about the different types of film, how and when to use it, suitable cameras and much more.

|                         |       |   |                      |
|-------------------------|-------|---|----------------------|
| South Santa Rosa Center |       |   |                      |
| 8238                    | 10/12 | F | 9:00am - Noon 5135   |
| Pensacola Campus        |       |   |                      |
| 8239                    | 11/14 | W | 6:00pm - 9:00pm 1442 |

## READING

### **R 06126 COFFEE AND A SHORT STORY \$64**

(10 hours) Come, take a coffee break, enjoy the brew and let's discuss a short story each week by such authors as Welty and O'Connor.

|                  |             |   |                      |
|------------------|-------------|---|----------------------|
| Pensacola Campus |             |   |                      |
| 8237             | 09/18-10/16 | T | 6:00pm - 8:00pm 1442 |

## STUDENT ENRICHMENT

### **R 06161 ALGEBRA REFRESHER FOR ALL STUDENTS \$72**

Learn mathematical symbols and functions of algebra and apply them to find numerical solutions.

|                  |             |     |                  |
|------------------|-------------|-----|------------------|
| Pensacola Campus |             |     |                  |
| 8292             | 09/17-10/03 | M W | 9:00am - 11:00am |

### **R 05159 ANY PRIVATE LESSON, YOUR CHOICE \$153**

(6 hours) Learn at your own pace with one of our instructors in a subject area of your choice. **Note:** Class schedule/meeting time is arranged between student and instructor. For more information call 850-484-1797.

|                  |             |      |  |
|------------------|-------------|------|--|
| Pensacola Campus |             |      |  |
| 8286             | 08/08-12/14 | Open |  |
| 8287             | 08/08-12/14 | Open |  |
| 8288             | 08/08-12/14 | Open |  |
| 8289             | 08/08-12/14 | Open |  |
| 8290             | 08/08-12/14 | Open |  |
| 8291             | 08/08-12/14 | Open |  |

## TEST PREP

### **R 06123 ACT MATH/SCIENCE ADVANTAGE \$55**

(6 hours) This is an intensive workshop focused on the math and science sections of the ACT. Student who need to improve their ACT scores can benefit by solving math questions; the science content will be examined thoroughly. Students will need to purchase the Official ACT Prep Guide 2016-2017.

|                  |              |   |                     |
|------------------|--------------|---|---------------------|
| Pensacola Campus |              |   |                     |
| 8296             | 10/3-10/10   | W | 4:00pm - 7:00pm TBA |
| 8298             | 11/27-2/4/19 | T | 4:00pm - 7:00pm TBA |
| Milton Campus    |              |   |                     |
| 8295             | 10/1-10/8    | M | 4:00pm - 7:00pm TBA |
| 8297             | 11/26-12/3   | M | 4:00pm - 7:00pm TBA |

## TRAVEL

### **R 05721 LET'S GO SOMEWHERE! WORKSHOP WITH JAMES STEGALL \$36**

(3 hours) Learn "how-tos" to get the best prices on airfares, to work with TSA (Transportation Security Administration) and to find great vacation locations. Discuss passport requirements and much more.

|                         |       |   |                      |
|-------------------------|-------|---|----------------------|
| Pensacola Campus        |       |   |                      |
| 8251                    | 10/18 | R | 6:00pm - 9:00pm 1442 |
| South Santa Rosa Center |       |   |                      |
| 8252                    | 11/06 | T | 5:00pm - 8:00pm 5135 |

## GYMNASTICS

# PENSACOLA STATE COLLEGE GYMNASTICS

**Classes begin soon**

Interested in becoming a coach?  
Send resume and qualifications to:  
[ce@pensacolastate.edu](mailto:ce@pensacolastate.edu)



Recreation and Leisure Department  
850-484-1797 • [ce@pensacolastate.edu](mailto:ce@pensacolastate.edu)

## ONLINE COURSES

### ART

**R 03895 DRAWING FOR THE ABSOLUTE BEGINNER \$111**

(12 hours) An expert instructor will guide you through an exciting, informative exploration of drawing materials, lighting techniques, design and layout methods, and more.

8027 Open Enrollment Ed2Go

**R 04631 START AN ARTS AND CRAFTS BUSINESS \$111**

(12 hours) Learn from a professional artist how to start an arts and crafts business, how to find your niche within your chosen craft, and how to create your own unique business identity.

8028 Open Enrollment Ed2Go

**R 04632 START A GIFT BASKET BUSINESS \$111**

(12 hours) Want to start a home-based business as a gift basket designer? Learn the sales secrets of successful designers to make a gift basket that stands out, to price fairly, to create an attractive website, and more.

8029 Open Enrollment Ed2Go

### COMPUTER SCIENCE

**R 04388 BLOGGING AND PODCASTING FOR BEGINNERS \$111**

(12 hours) Gain a greater understanding of blogs, wikis, and podcast.

8030 Open Enrollment Ed2Go

**R 05456 INTRODUCTION TO PC SECURITY \$111**

(12 hours) Explore the many vulnerabilities of operating systems, software and networks. Identify and work to prevent DOS, SYN flooding, and other network attacks. Learn a safe way to share files and data across the Internet through a virtual private network and to install and configure a firewall to build an impenetrable moat around the computer or network.

8031 Open Enrollment Ed2Go

**R 03021 KEYBOARD TYPING I \$111**

(12 hours) Use the computer program Keyboarding Pro 5 to learn the basic skills of touch-typing.

8032 Open Enrollment Ed2Go

**R 02378 LEARN TO BUY AND SELL ON EBAY \$111**

(12 hours) Auction pros teach you how to work from home to earn extra income by buying and selling goods online. Create titles and craft advertising copy that get noticed, create and upload photos, accept credit card payments, pack/ship items and more.

8033 Open Enrollment Ed2Go

**R 05453 WHAT'S NEW IN MICROSOFT OFFICE 2013 \$111**

(12 hours) Learn to use the exciting new features of Microsoft Office 2013 Word, Excel, PowerPoint, Access, Outlook, OneNote, and Publisher.

8034 Open Enrollment Ed2Go

### Ed2Go Courses

**A new section of each course starts monthly.  
Start dates for the Spring term will be  
8/15, 9/12, 10/17 and 11/14.**

For specific course descriptions and to access lessons please visit [www.ed2go.com/ce](http://www.ed2go.com/ce).

You can try the 1st lesson at this site, before paying for the course.

**To register and pay, visit the Recreation and Leisure website at [www.pensacolastate.edu/ce](http://www.pensacolastate.edu/ce).**

- View the link "How to Register"
- Choose "Register Online Now" for web registration



## COURT MANDATED COURSES

### R 04186 FLORIDA PARENTING COURSE ONLINE \$25

(4 hours) The First Judicial Circuit of Florida requires that parents who are facing divorce, separation, or other legal proceedings (and have minor-aged children) complete a course to help children cope with the change to the family. This online course is approved by the Florida Department of Children and Families, as required by Florida Statute 61.21.

**NOTE:** After registering and paying for your course, call 850-484-1797 to get the website and your redemption code.

8020 Open Enrollment American Safety Council

## CREATIVE WRITING

### R 02846 BEGINNER'S GUIDE TO GETTING PUBLISHED \$111

(12 hours) Learn how to give yourself the credibility you need to get your books and articles published.

8035 Open Enrollment Ed2Go

### R 03514 MYSTERY WRITING \$111

(12 hours) Course uses vivid examples from bestselling novels to teach the techniques you need to become a successful mystery author.

8036 Open Enrollment Ed2Go

### R 05135 SCREENWRITING, INTRODUCTION \$111

(12 hours) In this course progress from how to write a script — structure, character creation and dialogue — to tips for marketing and selling a screenplay.

8037 Open Enrollment Ed2Go

### R 04391 WRITE AND PUBLISH YOUR NONFICTION BOOK \$111

(12 hours) Learn how to write your own non-fiction book while also gaining the skills to have your book published.

8038 Open Enrollment Ed2Go

### R 05793 WRITE FICTION LIKE A PRO \$111

(12 hours) The novice fiction writer is introduced to the techniques used by professionals to structure novels and stories for maximum dramatic effect.

8039 Open Enrollment Ed2Go

### R 06007 WRITING ESSENTIALS \$111

(12 hours) Learn to create solid drafts by selecting strong, persuasive words, spelling correctly, choosing the right punctuation and crafting well-written sentences, effective paragraphs and organizing your material logically.

8040 Open Enrollment Ed2Go

## American Safety Council

PSC offers online Florida Parenting and Driver Improvement courses.

For information or to register and pay, call the Recreation and Leisure Department at Pensacola State College, **850-484-1797** or go to [www.pensacolastate.edu/ce](http://www.pensacolastate.edu/ce).

Once you have completed the registration and payment process, call The Recreation and Leisure Department for the online course **Access Code** and website to get started.

### R 03516 WRITING FOR CHILDREN \$111

(12 hours) Published children's author shows you how to touch the heart of children by creating books for them.

8041 Open Enrollment Ed2Go

### R 05057 WRITING YOUNG ADULT FICTION \$111

(12 hours) Students will get tips for breaking into one of today's hottest publishing markets as they develop their own young adult stories.

8042 Open Enrollment Ed2Go

## DOG OBEDIENCE

### R 04633 START A PET SITTING BUSINESS \$111

(12 hours) Discover how to translate your love of animals into a fun and profitable career.

8043 Open Enrollment Ed2Go

## DRIVER IMPROVEMENT

**NOTE:** After registering and paying for your course, call 850-484-1797 to get the website and your redemption code.

### R 04644 ADVANCED DRIVER IMPROVEMENT \$65

(12 hours) Have a suspended driver's license due to multiple traffic citations? Implement better driving habits and deter the irresponsible behaviors that lead to habitual traffic offenses, suspensions and/or revocation. Instruction is online. Student will need to supply driver's license or state identification card number, the most recent citation number and, if applicable, the court case number for course completion information to be processed.

8021 Open Enrollment American Safety Council

### R 04203 BASIC DRIVER IMPROVEMENT \$20

(4 hours) For individuals who have received a minor traffic citation — this online course is to help licensed drivers function more effectively and efficiently in traffic. Provide citation number, driver's license number and, if applicable, court case number for course completion to be processed.

8022 Open Enrollment American Safety Council

### R 04204 FIRST TIME DRIVER COURSE \$22

(4 hours) Course meets the state requirement for TLSAE/DATA Traffic Law and Substance Abuse Education. It will familiarize first-time drivers with lawful, courteous driving habits. Individuals ages 17 and under are required to take this course in order to receive their learner's permit. Individuals 18 and older are required to complete this course before taking their driver's exam and receiving their driver's license.

8023 Open Enrollment American Safety Council

### R 04645 JUDGE ORDERED TRAFFIC COURSE \$38

(8 hours) This course will fulfill the requirement to complete an 8-hour traffic class that a court or judge has ordered.

8024 Open Enrollment American Safety Council

### R 04646 MATURE DRIVER COURSE \$20

(6 hours) For students over 55 years old with a Florida Driver's License to possibly save money on car insurance by taking a 6-hour accident prevention course.

8025 Open Enrollment American Safety Council

## ENGLISH

### R 04640 WRITING FOR ESL \$111

(12 hours) Learn how to write in English more effectively to succeed in college and at work.

8044 Open Enrollment Ed2Go

**Please share this schedule with a friend or colleague.**

## FAMILY, FUN AND COLLEGE

**R 03898 GENEALOGY BASICS \$111**  
(12 hours) Learn in simple terms where to look, who to contact and how to use the computer and Internet to research family heritage and history.  
8046 Open Enrollment Ed2Go

**R 04511 WOW, WHAT A GREAT EVENT! \$111**  
(12 hours) Learn how to create and coordinate successful events. Develop skills, find resources, and gain confidence to plan and produce any size or type of event.  
8047 Open Enrollment Ed2Go

## FOREIGN LANGUAGES

**R 04341 CONVERSATIONAL JAPANESE \$111**  
(12 hours) Whether you want to learn conversational Japanese for travel or just for fun, you will find this course makes it easy and enjoyable for beginners to master the essentials of the Japanese language.  
8048 Open Enrollment Ed2Go

**R 05448 DISCOVER SIGN LANGUAGE \$111**  
(12 hours) Learn to communicate with your hands using Sign Language. Videos enhance instruction.  
8049 Open Enrollment Ed2Go

**R 02653 FRENCH BEGINNING CONVERSATIONAL \$111**  
(12 hours) Learn common French words and phrases for leisure and business. Pronunciation is made simple with phonetic spellings for every word and phrase you need to learn.  
8050 Open Enrollment Ed2Go

**R 03860 INSTANT ITALIAN \$111**  
(12 hours) Learn how to express yourself comfortably in Italian. You will learn practical, everyday words and phrases that will make your stay in Italy more enjoyable.  
8051 Open Enrollment Ed2Go

**R 02084 SPEED SPANISH I \$111**  
(12 hours) Designed for anyone who wants to learn Spanish pronto; learn six easy recipes for gluing Spanish words together to form sentences. Que Bueno!  
8052 Open Enrollment Ed2Go

**R 03083 SPEED SPANISH II \$111**  
(12 hours) This follow-up to the Speed Spanish I course introduces several new recipes to help you quickly build fluency. You will see words, hear them pronounced properly and be granted plenty of opportunities to practice your pronunciation.  
8053 Open Enrollment Ed2Go

**R 03505 SPEED SPANISH III \$111**  
(12 hours) Master your ability to speak, understand, and read Spanish by taking the final installment in this unique, online, three-part, Speed Spanish learning series.  
8054 Open Enrollment Ed2Go

## PARKING DECAL

**Recreation & Leisure students need parking decals for their vehicles.**

**Take vehicle registration and student ID or class registration to the Pensacola State College Police Department located in the Student Center, Bldg. 5, Pensacola campus; Building 4000, Milton campus; Building 3300, Warrington campus.**

## HEALTH

**R 03903 INTRODUCTION TO NATURAL HEALTH AND HEALING \$111**  
(12 hours) Discuss the various stages of health and illness. Learn the value of hydrotherapy, biorhythms, fasting; the power of the mind, healthy diet, and more. Discover that true health means wholeness of the mind, body, and spirit.  
8055 Open Enrollment Ed2Go

## HOME AND GARDEN

**R 05726 START YOUR OWN EDIBLE GARDEN \$111**  
(12 hours) Save money and become self-sufficient by growing a bounty of fruit and vegetables in your own backyard. Learn about soil preparation, plant selection, pests and disease control strategies, and watering and fertilizing correctly, so your garden will keep growing strong all season.  
8056 Open Enrollment Ed2Go

## LIFE PLANNING

**R 03899 GET ASSERTIVE \$111**  
(12 hours) Learn to deal with anger and criticism. Gain the skills to be assertive with family members, friends, and more. It is your turn to speak out!  
8057 Open Enrollment Ed2Go

**R 06260 HELPING ELDERLY PARENTS \$111**  
(12 hours) This compassionate and comprehensive class will give you tools, techniques, and insights for you to help your elderly family member in their golden years. Learn what to expect, what to watch, how to deal with physical and emotional challenges, and where to find resources to help.  
8026 Open Enrollment Ed2Go

**Course fees are established to cover the cost of individual courses. Fee structure is subject to change. Fees, unless otherwise noted, do not include the cost of textbooks or supplies.**

## Ed2Go Courses

**A new section of each course starts monthly. Start dates for the Spring term will be 8/15, 9/12, 10/17 and 11/14.**

For specific course descriptions and to access lessons please visit [www.ed2go.com/ce](http://www.ed2go.com/ce).

You can try the 1st lesson at this site, before paying for the course.

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- View the link "How to Register"
- Choose "Register Online Now" for web registration



## MUSIC

### R 03904 MUSIC MADE EASY \$111

(12 hours) Study rhythm, melody, and harmony. Learn to recognize pitches and harmony.

8058 Open Enrollment Ed2Go

## PHOTOGRAPHY

### R 04339 PHOTOGRAPHING NATURE WITH YOUR DIGITAL CAMERA \$111

(12 hours) Learn how to use your digital camera to take stunning nature photos including: landscapes, flowers, animals, and even macro shots.

8059 Open Enrollment Ed2Go

### R 02675 PHOTOGRAPHING PEOPLE WITH YOUR DIGITAL CAMERA \$111

(12 hours) Make taking beautiful pictures of adults, children and babies simple. Review and discover the best ways to shoot faces, repair common problems, and more.

8060 Open Enrollment Ed2Go

### R 05310 PHOTOSHOP CREATIVE CLOUD FOR DIGITAL PHOTOGRAPHERS \$111

(12 hours) Learn step-by-step instructions for correcting flaws, enhancing the final product, adding text and preparing images for email and the web.

8061 Open Enrollment Ed2Go

### R 05701 PHOTOSHOP ELEMENTS FOR THE DIGITAL PHOTOGRAPHER \$111

(12 hours) Learn to do quick fixes or detailed enhancements to improve digital images.

8062 Open Enrollment Ed2Go

### R 05702 PHOTOSHOP ELEMENTS FOR THE DIGITAL PHOTOGRAPHER II \$111

(12 hours) Build on basic working knowledge of Adobe Photoshop Elements 13 to master advanced features to improve digital images.

8063 Open Enrollment Ed2Go

### R 02373 SECRETS OF BETTER PHOTOGRAPHY \$111

(12 hours) Explore strategies and learn a variety of tricks to create excellent photographs in all types of situations.

8064 Open Enrollment Ed2Go

### R 05264 YOUR DIGITAL SLR CAMERA \$111

(12 hours) Get control of your digital SLR camera; learn how to master aperture, shutter speed, ISO, exposure settings and much more.

8065 Open Enrollment Ed2Go

## READING

### R 03090 READY SET READ! \$111

(12 hours) Learn what the newest research says about how children really learn to read and write. Become a powerful guide to literacy development when you work with young children.

8067 Open Enrollment Ed2Go

### R 02381 MERRILL REAM SPEED READING \$111

(12 hours) Learn to read faster and with better comprehension from acclaimed speed reading expert Dr. Merrill Ream. Master the skills and techniques to become a proficient speed reader.

8066 Open Enrollment Ed2Go

## STUDENT ENRICHMENT

### R 02945 INTRODUCTION TO ALGEBRA \$111

(12 hours) Develop a rich understanding of the rudiments of algebra in a relaxed and supportive learning environment. Understand some of the most important algebraic concepts.

8068 Open Enrollment Ed2Go

### R 03897 MATH REFRESHER \$111

(12 hours) Gain confidence in your basic math skills so you can start using it to your advantage.

8069 Open Enrollment Ed2Go

### R 02253 PREPARE FOR THE GED TEST \$111

(12 hours) Build additional reading and thinking skills needed to succeed in all five areas: writing skills, social studies, science, literature and math.

8070 Open Enrollment Ed2Go

### R 02144 SAT/ACT PREPARATION PART I \$111

(12 hours) Part I will give you all the information you need to do well on the verbal portion of the ACT and SAT.

8071 Open Enrollment Ed2Go

### R 02146 SAT/ACT PREPARATION PART II \$111

(12 hours) Part II will give you all the information that you need to do well on the math portion of the ACT and SAT.

8072 Open Enrollment Ed2Go

For general information regarding Pensacola State College, please refer to the college website:

[www.pensacolastate.edu](http://www.pensacolastate.edu).

**Do you have a skill and a passion in a recreation and leisure subject?**

**Are you willing to share this with the community?**

**Contact Michael Listau to discuss your course ideas.  
mlistau@pensacolastate.edu**

## Ed2Go Courses

**A new section of each course starts monthly.  
Start dates for the Spring term will be  
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You can try the 1st lesson at this site, before paying for the course

**To register and pay**, visit the Recreation and Leisure website at [www.pensacolastate.edu/ce](http://www.pensacolastate.edu/ce)

- View the link "How to Register"
- Choose "Register Online Now" for web registration

# REGISTRATION INFORMATION

## ON THE INTERNET

Web registration is available to everyone. Go to [www.pensacolastate.edu/ce](http://www.pensacolastate.edu/ce). Follow the instructions on the "Register Now" option of the Continuing Education page on the Pensacola State College website, always choosing Recreation and Leisure. Spyglass is also available for returning students.

## WALK IN

Register in person at any Pensacola State College campus Registration Office. Pensacola, Building 2; Milton, Building 4200; Warrington, Building 3600.

## BY MAIL

Mail your completed Continuing Education registration form, with payment information (do not send cash) to: Pensacola State College Cashier Office, 1000 College Blvd., Pensacola, FL 32504.

## STUDENT ACCOMMODATIONS

Students with special needs must notify the Continuing Education, Recreation and Leisure Department a minimum of two business days before the course start date so appropriate accommodations can be arranged.

## REFUNDS

To receive a refund for a course, students must withdraw prior to the second scheduled class meeting. For workshops, conferences, seminars and special training programs, students must withdraw prior to the first scheduled class meeting. Call 850-484-1797 to drop a course.

## HOLIDAYS

Classes will not be held on the following days:

|               |                              |
|---------------|------------------------------|
| Labor Day     | Sept. 3, 2018                |
| Veteran's Day | Nov. 12, 2018                |
| Fall Break    | Nov. 21-25, 2018             |
| Winter Break  | Dec. 19, 2018 - Jan. 1, 2019 |

For additional information regarding schedule changes due to holidays or other reasons, contact your instructor.

## EMERGENCY CLOSING DUE TO INCLEMENT WEATHER

The decision to close Pensacola State College due to inclement weather is carefully weighed before it is made. If the college is closed because of inclement weather, every effort will be made to provide make-up sessions at the discretion of the college.

Visit [www.pensacolastate.edu](http://www.pensacolastate.edu); call 850-484-1000; tune into WCOA 1370 AM on the radio or WEAR TV3 for updated information regarding the college's decision to close due to inclement weather (hurricane, flooding, etc.).

## PSC ALERT

Students and employees are encouraged to sign up to receive messages using the new system which allows PSC to contact you in the event of a campus emergency, hazardous situation, weather-related college closure or other event requiring mass notification To register, go to: [www.pensacolastate.edu/pscalert/](http://www.pensacolastate.edu/pscalert/).

## ONGOING REGISTRATION

Walk-in registration: 7:30 a.m.-4:00 p.m. Monday-Friday

Web registration: Almost completely 24/7. Closed or short delays may occur for end of day downloads.

Mail-in and night depository registration: Available at all times

The college offers extended hours during college credit registration. For more information call 850-484-1601.

## PARKING DECAL

Continuing Education students must have parking decals on their vehicles while parked on campus property. Take the vehicle registration and your student ID to the Public Safety office located in the Student Center, Building 5, Pensacola campus; Building 4000, Milton campus; Building 3300, Warrington campus. If you do not have an ID, bring your student schedule and a valid photo ID and one will be issued for you.

Short term temporary parking passes are available in the Continuing Education office, Building. 96, Room 9624. Evening classes can call Public Safety at 484-2500 and someone will assist you when available. Please note speed limits are enforced on campus.

## PENSACOLA STATE COLLEGE NON-CREDIT COURSE REGISTRATION FORM

**Student ID or SSN** \_\_\_\_\_ **Last Name** \_\_\_\_\_ **First** \_\_\_\_\_ **Middle** \_\_\_\_\_ **Date of birth (MM/DD/YY)** \_\_\_\_\_

Parents registering a child must provide the child's SSN (do not use a parent's SSN); if the child's SSN is not known, please leave blank. The SSN is used for federal and state reporting including provisions allowing tax credits for IRS purposes. Your SSN is protected, secure, and confidential, and is NEVER released to any person or entity other than government agencies for federal and state reporting requirements. See the College's SSN Collection and Usage Statement: <http://www.pensacolastate.edu/visitors/aboutUS/SSNCollection.asp>

**Address** \_\_\_\_\_  
 Number/Street/Apartment \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

**Home Telephone** \_\_\_\_\_ **Alternate Telephone** \_\_\_\_\_

**Gender:**  Male  Female  
**Ethnicity:** Are you Hispanic/Latino  Yes  No  
**Check all that apply:**  White  Asian  American Indian or Alaskan Native  
 Black or African American  Native Hawaiian or other Pacific Islander

**Citizenship:**  United States  Other country: \_\_\_\_\_  
 If you are **not** a United States citizen, indicate current Immigration status:  
 Permanent Resident; provide Resident Alien Number \_\_\_\_\_  
 Other immigrant; provide current Visa type and expiration \_\_\_\_\_

| Section | Course Title | Date Class Begins |
|---------|--------------|-------------------|
|         |              |                   |
|         |              |                   |

| Section | Course Title | Date Class Begins |
|---------|--------------|-------------------|
|         |              |                   |
|         |              |                   |

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Mailing your registration? Complete this section and mail to Pensacola State College Cashier's Office, 1000 College Boulevard, Pensacola FL 32504-8998

Payment Amount \$ \_\_\_\_\_ Payment Method:  Check  Money Order  Visa  Mastercard  American Express

Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature as it appears on credit card \_\_\_\_\_

Rev. 6/2013

Pensacola State College does not discriminate against any person on the basis of race, ethnicity, national origin, color, gender/sex, age, religion, marital status, disability, sexual orientation or genetic information in its educational programs, activities or employment. For inquiries regarding nondiscrimination policies, contact the Associate Vice President of Institutional Diversity at 850-484-1759, Pensacola State College, 1000 College Blvd., Pensacola, Florida 32504.

\* Required and authorized by Title IV of the Higher Education Act of 1965, as amended (§§483 and 484); 20 USC 1078, 1090, 1091 & 1092; 34 CFR 668.16; 34 CFR 668.33; 34 CFR 668.36; 34 CFR 668.32(i) and 34 CFR 668.36. For additional information go to <http://www.pensacolastate.edu/students/docs/SSNpolicy.pdf>. Initials \_\_\_\_\_





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